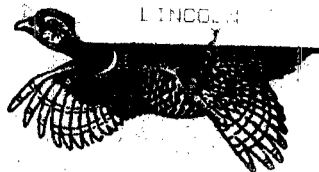


# The Wayne Herald



Single Copy 75¢  
Sections - 2  
Pages - 20

Thursday, September 28, 2000 124th Year - No. 52

## A Quick Look



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Ethanon Jarvi, Wayne Elem.

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Sept. 27	76	38	0.00	0

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Of the Herald

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Jacobsen clearly stated that the central theme of this Agricultural proposal is a pro-family farm policy that values and enables family farm-



United States Congressional Candidate Alan Jacobsen and consultants/supporters of Jacobsen explain how the E-85 vehicle runs to George Holm of Wayne during Jacobsen's recent stop in town. Shown, left to right, Frank Love, Alan Jacobsen, and George Holm.

ers to share in the profits of the number one industry in the State-Agriculture. He said, "It is wrong to ask the people who feed the World to get a part time job so they can feed their families."

Jacobsen was flanked by the two Grandfathers of Ethanol in Nebraska. Former Senator Loren Schmit and former United States Senator Jim Exon. Jacobsen paid tribute to the

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See SUPPORT, Page 3A

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## Waldbaums to celebrate this weekend

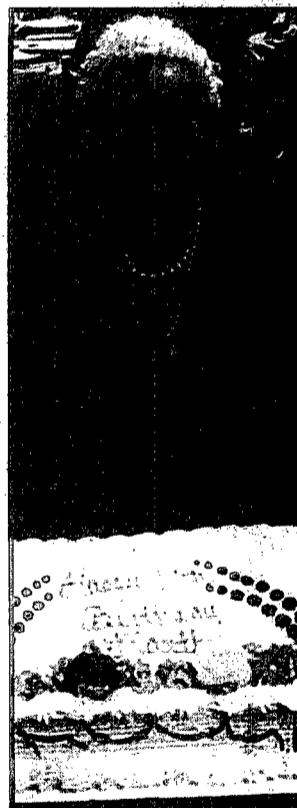
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In 1985 the Milton G. Waldbaum Company became associated with Michael Foods through their refrigerated product line distribution in Denver, Colo. In 1990, Michael Foods purchased the Waldbaum

See WALDBAUMS, Page 3A



Martha Krueger

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Looking back on her life, "I was born on a farm by Winside, the oldest in the family," Krueger said. "I had a brother and a sister but I'm the only one left."

Krueger noted she has a niece in California but no other family nearby.

See WSC, Page 3A

See KRUEGER, Page 3A

Wayne State College Homecoming Royal Court finalists have been selected. They include from left: Amanda Hank, Brant Green, JoAnn Hardisty, Brandon Trease, Jennifer Redmond, Jason Brozek, Elizabeth Hurt, Matt Kneiff, Jamie Kluthe, Nicholas Newman and Bobbi Jo Druke. Not pictured is Scott Weyers.

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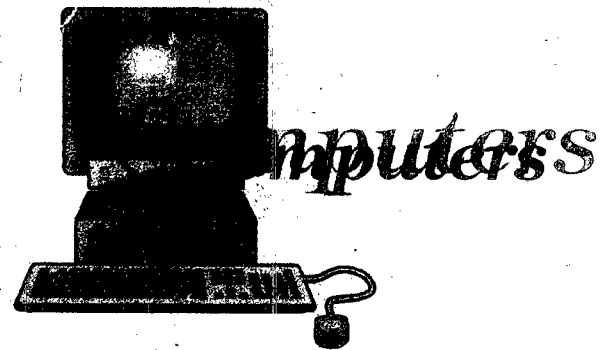
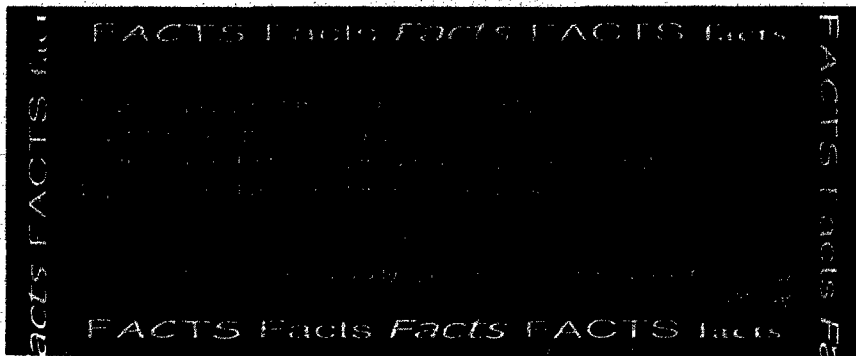
court of the student center on Friday, Oct. 6 and "Your Own Thing," a rock musical debut in the Lyle E. Seymour Heritage Plaza at 6 p.m. on Saturday, Oct. 7.

Public admission for the dance will be \$5 for singles and \$8 for couples. WSC alumni and their spouses will be admitted free to the dance. The

play is free. Audience members may bring a picnic lunch to enjoy during the play performance by WSC students. Repeat performances of the play are scheduled for Sunday, Oct. 8 at 2 p.m.; Monday, Oct. 9 at 6 p.m. and Tuesday, Oct. 10 at 6 p.m.

"All alumni and friends are invited to return to the beautiful Wayne

State College campus to celebrate Homecoming 2000. Come to Wayne to see friends and participate in the activities planned for your return. Call a friend and tell them you want to meet them here at Wayne State," said Deb Lundahl,



## Connect to Reliable Health Information With Helpful E-Mail Bulletins From Mayo Clinic

Providing answers to help you become more informed about your health, fitness and nutrition, Mayo Clinic Health Oasis is Mayo Clinic's health information Web site, [www.mayohealth.org](http://www.mayohealth.org). Housecall, a special service available to you through Oasis, is a free, twice-weekly e-mail bulletin that announces new information posted on the Web site.

The Housecall e-mail summarizes current articles on Oasis and provides a direct link to the full text. Categories include new articles, coming attractions and health issues making headlines. The following is one example of the type of health information you'll find in the bulletin.

### ITEM ON HOUSECALL

#### "Yo-Yo Dieting"

If you lose weight but gain it back, is it more harmful than not trying to lose weight at all?

*Answer linked to Mayo Clinic Health Oasis article:* Although it is true that losing weight and keeping it off is difficult, there is no clear evidence that repeated attempts to lose weight are harmful to health.

Earlier studies suggested that "yo-yo diets" (also called weight cycling) were unhealthy. But these studies did not separate intentional weight loss from weight loss due to other causes, such as illness. They also did not study weight loss in obese individuals. The studies showing negative health effects of weight cycling examined people who were already at normal or low weight. To date, no convincing studies have shown that attempts to lose weight - even if it is regained - are harmful to the health of an obese person.

For more information on Housecall, visit [www.mayohealth.org](http://www.mayohealth.org)

# Summer Clearance Loan Sale



Hurry in to Commercial Federal for the Summer Clearance Loan Sale. It's a great time to lock in to a great rate - as low as 8.74% APR on a Home Equity Loan. In most cases, the interest on your loan is tax deductible. Use it for a new car, debt consolidation, home improvement, almost anything you want! Don't wait. When this Summer Clearance Loan Sale is gone - it's gone!

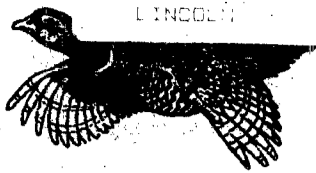


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For Personal Banking Service call 1-800-742-5772.  
[www.comfedbank.com](http://www.comfedbank.com)



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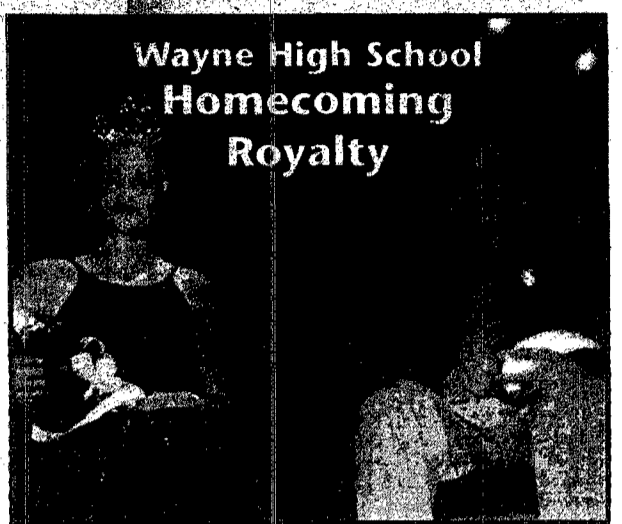
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See WSC, Page 3A



# Record

The Wayne



## Obituaries

### Bertha Stark

Bertha Stark, 100, of Laurel died Thursday, Sept. 21, 2000 at Park View Haven Care Center in Coleridge.

Services were held Monday, Sept. 25 at Immanuel Lutheran Church in Laurel. The Rev. Gary Klatt and Rev. William Engebretsen officiated.

Bertha Albertine Stark, daughter of William and Hulda (Mille) Koepp, was born Oct. 5, 1899 on a farm in Dixon County. She was baptized and confirmed at Trinity Lutheran Church of Martinsburg. She attended Trinity Lutheran School. On Feb. 19, 1919 she married Ewald Stark in Dixon County. The couple farmed in Dixon County, later in life moving to Cedar County until retiring to Laurel in 1974. She entered Park View Haven Nursing Home in Coleridge in 1990. She was a member of Trinity Lutheran Church and past member of Trinity Lutheran Women's Society where she served as President for a time. She enjoyed crocheting and playing cards.

Survivors include two sons, Armin and Lila Mae Stark and Gilmer and Mary Stark, all of Laurel; one daughter, Verna Domsch of South Sioux City; a daughter-in-law, Clarice Stark of Leesville, S.C.; 16 grandchildren; 36 great-grandchildren; seven great-great-grandchildren; nieces and nephews.

She was preceded in death by her parents; husband, Ewald in 1981; one son, Wilmer; two grandsons; one great-granddaughter; one brother, Werner Koepp and one sister, Agnes Koepp.

Honorary pallbearers were Dale Mishoe, Lawrence Hansen, Mark Koch, Steven Swanson, William Rudy, Alan Stark, Toby Cunningham and Jay Nitzschke.

Active pallbearers were Don and David Domsch and Larry, Dennis, Kenneth and Steven Stark.

Burial was in Trinity Lutheran Church Cemetery in Martinsburg. Schumacher-Hasemann Funeral Home in Laurel was in charge of arrangements.

### Clarence "Bud" Boeckenhauer

Clarence "Bud" Boeckenhauer, 70, of Wakefield died Sunday, Sept. 24, 2000 at the Heritage of Emerson Nursing Home in Emerson.

Services were held Thursday, Sept. 28 at the Presbyterian Church in Wakefield. The Rev. Susan Banholzer officiated.

Clarence "Bud" Boeckenhauer, son of Elmer and Alice (Mitchell) Boeckenhauer, was born July 20, 1930 in rural Wayne County. After graduating from Wakefield High School in 1947, he began farming. On March 11, 1950 he married Donna Baier in Wayne. He served as an ordained Elder of the Presbyterian Church (USA) and ran the Parish Council in Wakefield. He enjoyed music and singing. He was a member of the Farm Bureau Board, the Township Board, served on the steering committee for the nursing home in Wakefield and worked with the Dixon County Fair.

Survivors include his wife, Donna Boeckenhauer of Wakefield; three sons, Keith and Julie Boeckenhauer of Wakefield, Tim and Shirlene Boeckenhauer of Wakefield and Roger and Sharon Boeckenhauer of Concord; eight grandchildren; one great-grandson; one sister, Louise Hanson of Wakefield; nieces and nephews.

He was preceded in death by his parents, one brother, John; two sisters, Ann Mortenson and Jane Griesch and a grandson, Dana Lee Boeckenhauer.

Burial was in the Wakefield Cemetery in Wakefield. Bressler-Munderloh Funeral Home in Wakefield was in charge of arrangements.

### Norma Linster

Norma Linster, 74, of Mesa, Ariz. died Thursday, Sept. 14, 2000 in Glendale, Ariz., at the home of her daughter.

Graveside services will be held Saturday, Sept. 30 at 11 a.m. at the Laurel Cemetery in Laurel. Father Mark Tomasiewicz will officiate. There will be no visitation.

Norma Linster, daughter of Reuben and Gladys Anderson, was born Oct. 19, 1925 at Laurel. She graduated from Laurel High School in 1943. On April 21, 1945 she married Carl Linster of Ponca in Melbourne, Fla. while he was stationed there in the Navy. The couple lived in Dixon, Jefferson, S.D., Odebolt, Iowa and Esterville, Iowa. They retired to Mesa, Ariz. in 1978.

Survivors include four daughters, Ann Veit of Glendale, Ariz., Susan Doran of Winterset, Iowa, Kathy Linster of Des Moines, Iowa and Karen Youngstrom of Oskaloosa, Iowa; one son, Dennis Linster of Wayne; one daughter-in-law, Diane Linster of Valentine; 14 grandchildren; three great-grandchildren and two brothers, Bob Anderson of Big Springs and Wayne Anderson of Omaha.

She was preceded in death by her parents, husband and one son, Harold. Schumacher-Hasemann Funeral Home in Laurel is in charge of arrangements.

## Band to compete

The Wayne High School Blue Devil Marching Band will participate in the Madison Invitational Marching Contest at Madison on Saturday, Oct. 14.

A performance schedule is not available yet but the contest starts at 2 p.m.

Adult bus sponsors are needed for this trip. Also needed are volunteers to help unload and load the equipment truck at the site and help move equipment on and off the field before or after the band performs.

Bus sponsors and equipment

helpers are needed for the NSBA State Marching Contest on Saturday, Oct. 21 at Lincoln High School in Lincoln.

The buses for this contest will depart from the high school at 11 a.m. with the band performing at 4:30 p.m. The awards presentation begins at 6:45 p.m.

Buses will arrive back in Wayne at approximately 11:15 p.m.

Anyone who would like to volunteer for either or both of these trips is asked to please contact Brad Weber at Wayne High School (402) 375-3150.

### Sharon Sue Fleer

Sharon Sue Fleer, 58, of Sagle, Idaho, formerly of Wayne, died Friday, Sept. 22, 2000 in Tiffin, Iowa at the home of her daughter.

Services were held Tuesday, Sept. 26 at Our Savior Lutheran Church in Wayne. The Rev. William Koeber officiated.

Sharon Sue Fleer, daughter of Emil and Meta (Hageman) Westerman, was born February 23, 1942 in Wayne. She was baptized at Salem Lutheran Church in Wayne and confirmed at Redeemer Lutheran Church in Wayne. She graduated from Wayne High School in 1959 and attended nursing school in Omaha from 1959-61. She graduated from LPN School in 1978. On March 18, 1961 she married Howard Erwin Fleer at Redeemer Lutheran Church in Wayne. The couple farmed south of Wayne until 1990 when they moved to Sagle, Idaho. She was a member of First Lutheran Church in Sandpoint, Idaho. Her family wishes special thanks to Hospice of Iowa City.

Survivors include her husband, Howard Fleer; one son, Tom and Bridgette Fleer of Sandpoint, Idaho; one daughter, Jodi and Jerry Suther of Tiffin, Iowa; three grandchildren; her mother Meta Westerman of Wayne; one brother, Larry Westerman of Atlanta, Ga.; nieces and nephews.

She was preceded in death by her father, Emil Westerman.

Pallbearers were Bob Haberer, Dick Longe, Louis Lutt, Ferris Meyer, Paul Otte and Ronnie Wert.

Burial was in Greenwood Cemetery in Wayne. Schumacher-Hasemann Funeral Home in Wayne was in charge of arrangements.

### Roger Brudigan

Roger E. Brudigan, 44 of Norfolk died Saturday, Sept. 23, 2000 at his home of natural causes.

Services were held Thursday, Sept. 28 at Trinity Lutheran Church in Hoskins. The Rev. Rodney Rixe officiated.

Roger E. Brudigan, son of Gene and Shirley (Suehl) Brudigan, was born April 10, 1956 at Wayne. He attended Trinity Lutheran School in Hoskins and Winside Public School, graduating in 1974. He attended Wayne State College, then moved to Norfolk. He resided at the Liberty Centre and was employed in food service. He was well-known throughout the community, especially for his appearance at various high school sporting events.

Survivors include his parents of Hoskins; his grandmother, LaVerne Brudigan of Norfolk; three brothers, Kurt Brudigan, Jeff Brudigan of Tucson, Ariz. and Mike Brudigan of Sioux Falls, S.D. and two sisters, Deb Langenberg of Hoskins and Kim Brudigan of Lincoln.

He was preceded in death by three grandparents.

Burial was in Pleasantview Cemetery in Winside. Home for Funerals in Norfolk was in charge of arrangements.

## The Principal's Office

by Dr. Don Zeiss, Wayne High Principal

This article is reprinted from John C. Sievers, Executive Director of Prevention Pathways in Norfolk.

Dennis Worley, author of The Courage to Change: Personal Conversations about Alcoholism, shares these powerful insights by G. Douglas Talbott, M.D.:

"Alcohol is a drug, and if you are addicted to alcohol, you are an alcoholic. Alcohol is a compound  $C_2H_5OH$  — an etherlike substance, a sedative hypnotic drug. At the Ridgeview Institute I don't let the nurses talk about anybody being drunk or intoxicated. They have to say, 'Dr. Talbott, you have a drug O.D. out front.'"

"Your brain has no more idea than a pussycat's does whether you O.D.'d on alcohol, meprobamate, Miltown, Equanil, Phenobarbital, Valium, Librium or any one of dozens of other sedative hypnotic drugs. The brain gets the same message from sleeping pills and tranquilizers as it does from the beverage alcohol. But America isn't ready to look at that yet."

"If you take a bottle of beer or wine or any kind of alcoholic beverage... take away the color and the taste, stick in a spigot and drip off the water, you have ether. The body and the brain have no idea whether you're in an operating room, breathing ether from a mask on your face, or in a field drinking beer..."

Not only is America not ready to look at that, neither is Northern Nebraska! So many people do not look at alcohol as a drug — a lethal addictive drug. How often have we heard well-meaning folks say, "At least my kid isn't doing drugs." In some communities parents host a "kegger" for all the kids. They take away the keys from the drivers (we sure don't want them to drink and drive you know!) and the kids drink and drink and drink and drink.

By permitting our youth to ingest this potentially lethal drug, these loving adults are placing their kids in great jeopardy. The harmful consequences could fill pages: acute alcohol intoxication or alcohol poisoning that could result in death; auto crashes, risky sexual behavior that could lead to pregnancies, STDs and more; increased probability of addiction to alcohol; increased chances of getting involved in crime or other violence such as rape, murder or suicide. And the list goes on.

What we are tolerating is beyond the realm of humanity, respect and love. The time has come for all of us to work together and change the norms and attitudes that infect our environment in northeast Nebraska. Our toleration of alcohol use by youth (a common first step to other drug abuse) is costing us dearly. If the loss of like does not get our attention, maybe money will. Northeast Nebraska alone loses over \$156 million a year in revenue due to alcohol and other drug related funeral expenses, hospitalization/ medical care, arrests, court costs, lost time and/ or errors on the job, health insurance, treatment services, crime, violence and property damage — to name just a few!

I guess the question you need to grapple with is whether or not you have the courage to change?

## Riley's Pub to re-open

Riley's Pub will resume operations in about two weeks, managed by Christina Titman.

Christina will also begin booking events and weddings for Riley's Ballroom. She is now hiring wait-staff and bar help.

Rod and Loreta Tompkins regret that Mario's Italian Restaurant LLC and Jerry Lohman of Omaha will not complete the purchase of the property and open the restaurant. There will be no Mario's. The property remains for sale.



## Scholarship recipients

Jeanne Allemann, left, and Tonya Schwanke spoke recently during a meeting of the Wayne Women's Club. The two were recipients of scholarships from the organization. The Wayne Women's Club uses proceeds from room rentals for two Wayne State College scholarships for WSC freshmen. In addition, the group helps other organizations with sponsorship of Girls State delegates and gives money to other civic organizations. A third scholarship recipient, Dana Vande Velde, was not able to be present.

## Writers featured

Wayne State College English graduate students will read from their works during a presentation of the Plains Writers Series, on Thursday, Oct. 5, at 2 p.m., in the humanities building lounge on campus. The public is invited. There is no admission charge.

The writers include Amy McGeorge of South Sioux City, Patrice Troutman of Roselle, N.J., Jason Elznic of Winside and Trenton Muth of Viborg, S.D.

The Plains Writers Series is dedicated to introducing students and others to contemporary literature of the highest caliber through the voices and presence of the writers

themselves and to supporting writers by enlarging their readership.

The Division of Humanities of Wayne State College initiated the Plains Writers Series in 1977 with a reading by poet Don Jones. Since that time, the Series has hosted readings by dozens of poets, essayists, novelists and writers of short fiction on the Wayne State campus and, in cooperation with other colleges and universities throughout the state, often with the financial support of the National Endowment for the Arts.

For more information, please call (402) 375-7394.

## Walk-a-thon planned

On the morning of Homecoming, Saturday, Oct. 7, Wayne State student athletes will be walking around Cunningham Field in Memorial Stadium to raise money and awareness for women's athletic programs at the college.

The public is encouraged to participate in the walk. Registration is at 8:30 a.m. The walk begins at 9 a.m. with a free raffle following.

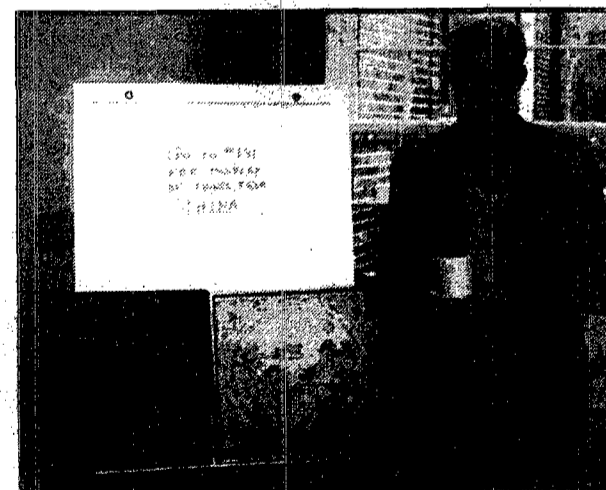
The walk benefits each program differently depending on their plans for that year. Our portion of the funds will help with our trip to Phoenix. The basketball team will

use their funds for their trip next year," said Sharon Vanis, head volleyball coach at WSC.

There is no entry fee to walk. Pledge forms can be picked up before hand or they can be picked up the day of the walk. WSC women athletes will be helping, although the soccer team will not participate because they have a soccer game that morning.

"Individuals walk for 20 minutes; how far they walk depends on the individual," Vanis said.

For more information, please call Coach Vanis at (402) 375-2927.



## Items from China displayed

Dr. Tom Cook of the Wayne State College social sciences division displayed items from his recent trip to China during Parents/Family Day activities at WSC, Saturday, Sept. 23. Cook and other instructors from the division greeted parents and students visiting their division.

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A bunion is a bony protrusion at the base of your big toe. Bunions run in families but can also be developed from wearing shoes that are too small. You can't make a bunion go away but you can help prevent their development by wearing that right size shoes or using over-the-counter arch supports. Chronic pain from a bunion may even require surgery. So, if you can, kick off your shoes and go barefoot occasionally. This not only relieves bunion pain but helps to prevent them from starting at all.

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# Support

continued from page 1A

Later in 1986, then Governor Bob Kerrey signed the ethanol check off program that established a fund to be used in the future for the development of the ethanol program. In 1992, Governor Ben Nelson, signed legislation that provided for a 20 cent a gallon subsidy to any company that would construct and develop an ethanol plant in Nebraska. Today we have seven plants producing grain based fuel in Nebraska. These plants are located at Columbus, Blair, York, Aurora, Sutherland, and two at Hastings.

Recently, Governor Mike Johanns launched a \$300,000 ad campaign to educate and encourage Nebraskans to "Let's Get With It" and use more ethanol.

## -ETHANOL FACTS-

What is ethanol? According to the Nebraska Ethanol Board, Ethanol, otherwise known as ethyl alcohol, alcohol, grain spirit, or neutral spirit, is a clear, colorless, flammable oxygenated fuel. It is usually blended with gasoline to create what is sometimes known as gasohol as an alternate fuel to replace gasoline. Ethanol is used to increase octane and improve the emissions quality of gasoline as required by the Clean Air Act of 1990. Corn and other biomass are the most common commodities used to process ethanol.

Another point to the good of ethanol is that it has no MTBE, which is a leading oxygenate and octane booster, reduces smog and has been linked to groundwater pollution in California and elsewhere. It is used in one third of the gasoline sold in the United States. On March 20, the Clinton administration decided to phase out MTBE in the next three years as a gasoline additive on grounds it poses a risk to

## German students visiting Wayne

German students arrived in Nebraska on Sept. 25. Wayne High School German students are hosting this group for three weeks.

Governor Mike Johanns has declared Oct. 1-7 as German Week.

Some of the activities the group will be involved in during their stay include: a city walk, a parade, volleyball and football game during Homecoming Week, a visit to Tarbox Hollow, the Neihardt Center and Ash Falls.

Mayor Sheryl Lindau will also participate in a special proclamation ceremony during German Week.

# Krueger

continued from page 1A

Attending country school, Dist. 79, Krueger finished the eighth grade but did not go on to high school. She instead started working out by keeping house for neighbors; something she did for many years.

Reflecting on her early years, Krueger remembers being confirmed in German at St. Paul's Church in Winside. During her life, Krueger never married.

Her family here are the residents of the Villa who check on her daily. Her friend, Marlene Dahlkoetter of Carroll, comes over and helps her around her apartment, runs errands, washes her clothes, and helps her get around.

Noting how remarkable it is,

# Agencies

continued from page 1A

been hurt by violence.

Haven House has three office locations: Wayne, South Sioux City and Hartington, as well as two emergency transportation, medical, legal, criminal justice advocacy, assistance with Protection Orders, support groups, child advocacy, information and referrals and community educa-

public health or the environment.

How does ethanol compare to gasoline? Ethanol is a high-octane, water-free alcohol produced from the fermentation of sugar or converted starch. It is used as a blending ingredient in gasoline or as a raw material to produce high-octane fuel-ether additives.

Tests show ethanol to be a good fuel. Texaco ran one fleet of company cars on ethanol fuels for their entire useful life. The engines were then torn down. Inspections found these engines were cleaner than engines from other cars run on straight gasoline. In a published report comparing ethanol fuels to straight gasoline, the American Institute of Chemical Engineers said ethanol was "very similar in driving characteristics to straight gasoline, except that pre-ignition and dieseling (engine run-on) are noticeably reduced and acceleration can be improved" with ethanol. "Mixing ethanol with gasoline in a 9 to 1 ratio improves octane rating about three octane numbers."

Ethanol burns cooler than gasoline. Vapor lock usually occurs when a winter grade of gasoline formulated for cold weather starts to be used under summer-like conditions so evidence is in favor of ethanol.

Also, ethanol absorbs moisture so it can help by preventing gas line freeze-up in extremely cold weather.

er. It works exactly the same as other commercial alcohol de-icers some motorists add to gas tanks in the winter.

During 1999, the price of ethanol blended gasoline at the terminal was an average of 1.1 cents per gallon lower than unleaded gasoline.

How can the use of ethanol help farmers? Processing grain and other cellulosic biomass material for ethanol represents a means to add value to agricultural products, representing a tremendous opportunity for economic growth and investment. Today, 21 states, including Nebraska, Iowa, and Texas, boast ethanol production facilities, the majority which are farmer owned cooperatives.

Over 900,000 farmers are gaining value for their agricultural products through ethanol processing. It's a direct benefit to the farmers of about five to 10 cents more per bushel because of the market competition provided by the ethanol plants.

Corn is the most common agricultural commodity processed but future ethanol may lie in more than grains. Some food processing wastes can be converted into ethanol, as can biomass, which includes cornstalks, wheat straw, rice straw and other organic wastes left from the production of crops.

Despite today's strong economy, the agriculture sector is in a crisis.

Farmers face record low prices and world demand is in decline. The situation would be far worse without the demand for grain attributable to ethanol. Recently, Secretary Clickman reported that replacing MTBE with ethanol would increase farm income more than \$1 billion annually, reduce our balance of trade deficit \$12 billion over the next 10 years, and reduce loan deficiency payments by creating important new value-added markets for grain.

A new study by the Governors' Ethanol Coalition (GEC) indicates that construction and increased demand of corn will generate 47,800 new jobs and add \$11.7 million to real GDP. Through support of the Federal ethanol program, the country has more to gain by investing in domestically produced renewable alternatives versus petroleum.

In agriculture states where much of the U.S. grain production occurs, a proposed renewable standard will generate a variety of economic benefits. Increased employment, value-added grain processing, retention of energy dollars, improved grain prices, expansion of the local tax base, increased use of renewable grain and biomass, increased balance of trade, and a reduction in gasoline imports are some of the benefits of ethanol production and use.



## Royal Court

Homecoming royalty at Wayne High School for 2000 included, front row, left to right, Abigail Hix, crown bearer, Queen Katie Walton, King Trevor Wright and Reid Trenhelle, football bearer. Back row, Beth Lohberg, Megan Weber, Malissa Fredrickson, Leah Dunklau, Adam Jorgensen, Jason Gangwish, Ben Meyer and Jeff Ensz.

Dahlkoetter said that Krueger had never been to a doctor until she was 98.

The schedule at the Villa includes a pot-luck made by the residents which is held every fourth Friday. Dahlkoetter noted Krueger had not attended one for a long time as it is hard for her to get around. Enjoying getting out, though, Krueger visited for a long time after the recent pot-luck.

Villa Wayne, located at 409 Dearborn Street in Wayne, contains 35 units for rental. Mona Meyer, Villa Director for the past six years, said several units are empty now but there is a constant turnover.

She notes residents must be self supporting to live at the Villa. There is a life alert string in each bathroom

that a resident can pull if assistance is needed. Meyer said there are also alarms on the outside of some of the apartments that residents can ring from the inside of their apartment if an intruder is spotted.

"The residents all look out for their neighbors and Ann Swinney helps out around the Villa," Meyer said. "Residents are in charge of the community room and they use the money to have a catered dinner for themselves each Christmas."

Also on the schedule at the Villa is Bible study each Tuesday morning, led by Bev Ruwe of Wayne. Then in the afternoon, cards are played.

Meyer notes the residents apartments are their homes, complete with plots for flowers in front of each apartment.

Proud of recent progress, Meyer said, "We have done a lot of work around here lately. There are ramps instead of steps in most of the apartments, new ceiling fans in all the bedrooms, and bathrooms that have been redone with high rise stools, new vanities and showers."

Meyer also noted all the underground water pipes were re-layed this summer.

Meyer said the board of directors at the Villa also provides a catered meal each year to the residents. This year it will be on Oct. 17 with Ray Petersen of Wayne providing entertainment with his accordion music.

Meyer sums up her job at the Villa by saying that she loves working with the people.

# Waldbaums

continued from page 1A

Company from the Gardner family.

Beginning with only 25 employees, the M.G. Waldbaum Company now employs close to 900 employees in Wakefield. In addition to the processing facilities in Wakefield, Waldbaum owns and operates feed mills, pullet farms and laying farms in Wakefield.

This weekend's celebration will include tours that will be given starting at 8 a.m. on Friday at the big tent at 105 Main Street in Wakefield. They will continue until 2 p.m.

# WSC

continued from page 1A

alumni director at WSC.

The banquet on Saturday evening will be highlighted by the presentation of the Alumni Service Award to Robert Gaeta ('67) of Omaha and the hall of fame induction of Linda Schnitzler Walker ('89) of Wahoo, a former WSC athlete.

Annual events planned by the WSC alumni association will include the bon fire and pep rally for cheerleaders, band members, students, coaches and alumni.

Activities will be in the tennis court area, located on the northeast part of campus on Friday evening from 9 to 9:30 p.m. A rain site will be the Rec Center.

Homecoming events are scheduled as follows:

- Friday, Oct. 6
  - 10:30 - 11:30 a.m. Trustee Workshop by invitation in the Elkhorn Room, Student Center
  - noon - 1:30 p.m. Trustee Luncheon by invitation in the Niobrara Room, Student Center
  - noon - 1:30 p.m. Alumni Luncheon - Lower Food Court, Student Center
  - 2 - 4 p.m. WSF Trustee Annual meeting - Elkhorn Room, Student Center
  - 4 - 4:40 p.m. Dedication of Terrace Hall - Open to the Public
  - 4:45 - 5:45 p.m. Dedication of Connell Hall - Open to the Public
  - 6 - 8 p.m. Big Band Swing Alumni Dinner/Dance - The public is welcome to attend the dance with an admission charge at the door. The dance will continue from 8:30 p.m. until midnight in the lower food court of the student center. (\$5 - singles; \$8 - couples)
- 7 p.m. Volleyball game - Rice Auditorium (WSC vs. Bemidji State)
- 9 to 9:30 p.m. Bonfire and pep rally in the tennis court area (Rain site will be the Rec Center.)
- Saturday, Oct. 7
  - 8:30 a.m. Women Helping Women Walk-a-thon - Memorial Stadium/Cunningham Field
  - 10 - 10:30 a.m. Parade - Downtown Wayne
  - 10 a.m. Women's Soccer game - soccer field (WSC vs. Southwest State)
  - 10:30 a.m. - noon President's Society Branch - Frey Conference Suite (By invitation), Student Center
  - 11 a.m. - noon Tailgate party - south end of football field - Bob Cunningham Field, under the tent (The WSC alumni office sponsors the event.)
  - 11 a.m. - 12:30 p.m. Class of '40 Luncheon - Bluestem Room, Class of '50 Luncheon - Meadowlark Room, Both rooms are located in the student center.
  - 12:10 p.m. Pre-game show - Bob Cunningham Field
  - 12:30 p.m. Football game (WSC vs. Moorhead State) - Halftime will feature a hall of fame induction and performances by the Wildcat Marching Band and Aristocats.
  - Post Game Reception with football athletes and staff in Student Center Atrium
  - Cheerleader's reception in Student Center Family and Consumer Sciences/Home Economics Graduate's Reception in Bentback Hall
  - 5 p.m. Volleyball game - (WSC vs. the University of Minnesota-Duluth) Rice Auditorium
  - 5 - 6 p.m. Cocktail Party - Alumni House
  - 6-8 p.m. Homecoming/Hall of Fame Banquet - Frey Conference Suite, Student Center
  - 6 p.m. "Your Own Thing" play (1960s rock musical) - Willow Bowl (weather permitting); The public is welcome and may also bring picnic meals.

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Busch Light <b>\$14.00</b> 12 pack	Miller Lite/Draft <b>\$7.89</b> 12 pack	

# Opinion

The Wayne Herald



## Editorials

### Playing by the rules

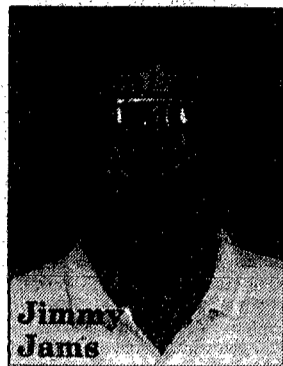
I have watched in dismay how both sides have handed the escalating situation of off campus drinking in Wayne. I had seen gross misinformation handed out by the Wayne Stater on these events. Instead of trying to be a calming and situation mediator to the problem, they have been a staunch voice for a minority number of students who want a police-hands off policy for the off campus drinking issue.

Don't get me wrong, I applauded their right to free speech and the use of the editorial page for an open forum to voice concerns. But I believe that people on the staff need to be more diligent in writing about whole truths and accurate quoting. Maybe being sued for slander would be a wake up call. Last week's editorial is a good example of "what ifs," "could have beens" and "may have beens." No real hard facts were brought forth in the editorial. The headline of the editorial doesn't help the situation, it only makes it worse. For those who think I'm picking on the local college newspaper, I know I am. I feel I need to. They have a great opportunity to report the news fairly and accurately and so far they have dropped the ball. In this business, fairness and being accurate is hard to do. They have an opportunity to learn that now.

As for the new off campus drinking policy, it was initially done as way for students to do alternate time for a criminal offense and in some cases not to pay a hefty fine. Keep it in house, as I would put it. I still believe it is a good idea. The College and the City did a good job of working together in coming up with an answer to a tough issue. It is the City of Wayne ordinance not to have off-campus drinking parties for under age students as it is in every other place in these United States. The police are only enforcing the law as it is written.

Students need to remember they are guests in this community, welcomed guests may I add. They will always be treated as such, if they act responsible and use good common sense when handling confrontational situations. If you have come to College to party as one student was quoted at the forum; I'm sorry to say, too bad. I thought the young man was here at college to learn, not to kill brain cells on different days of the week.

P.S. To the individual who answered Mr. Youngmeyer's editorial; I can see why you answered his editorial by leaving your response unsigned in his mailbox. I would be ashamed of it too.



Jimmy Jams

## Capitol News

# 'Thone clones' gather

By Ed Howard  
Statehouse Correspondent  
The Nebraska Press Association

The "Thone Clones" are getting together for a reunion in the near future. Good for them.

After Charles Thone (did anyone ever call him anything but Charley?) was elected governor in 1978, he enjoyed a good legislative majority of Republicans.

Many of them were a tad older than most who begin careers in the Unicameral. The Thone Clones, as they were dubbed by legislative colleagues who did not appreciate their politics or their majority, were conservative, business oriented and sometimes, a real hoot.

For example, there was the ever-sincere Howard Peterson of Grand Island. He warned colleagues against support of women's high school athletics. It could, he said, cost women their ability to bear children.

There was also a certain irony in the history of the Thone Clones, and Charley Thone's administration.

Thone was sometimes described, and not altogether unfairly, as a colorless conservative - a quintessential Nebraska son-of-the-farm-soll, conservative all the way to his toenails, the first governor to endorse Ronald Reagan in the latter's successful bid for the presidency. The irony was that Thone's administration dealt with issues that were anything but dull or colorless. Some of them set the stage for Nebraska to deal with what has become the modern world.

We have previously used this space, and gladly use it again, to credit "colorless" Charley Thone with having enough gravel in his guts to take on the issue of local

property taxes - and the fact that both the state, and too many counties, were ignoring what was required by the law and the constitution.

You can bet that Thone, a private fellow by nature who didn't even enjoy public speaking, let alone roaring, statewide controversy, didn't relish taking on the issue. But the fact is that the situation was so bad, the system so ludicrously abused, that Thone gritted his teeth and lived up to his oath of office. He pushed the Legislature, the then-State Board of Equalization and Assessment and county officials to do the same.

It led to the only situation imaginable in which Charley Thone could be compared to Franklin Delano Roosevelt. Some conservatives, mostly those who didn't want to see the law and the constitution enforced, argued in effect that Thone was "a traitor to his class." The class in question included conservatives in general and people who owned large hunks of

grotesquely-undervalued agricultural land in particular. Thone deserves at least a footnote in Nebraska history for his correct, but politically suicidal, efforts to get Nebraska on an honest track in the property tax field.

Thone and his clones were, taking one with another, the most avid of cheerleaders for Ronald Wilson Reagan. This was something of a disaster for them when Reagan's efforts to bring down interest rates included agricultural loan policies that had farmers going out of business faster than meatpackers can fix prices. Both Thone and his clones were denied one of the most effective of political tools - they couldn't cuss Washington and the White House for bad times. RR was their guy, in spades. Besides, Nebraska farmers apparently never did connect Reagan with the policies that they despised. Some of us never did figure that one out. Maybe they didn't know that the secretary of agriculture works for the president.

To make things worse, Congress

cut the federal income tax rate. In those days, Nebraska's income tax was figured as a percentage of federal liability. When the feds cut that tax rate, Thone and his clones had to raise Nebraska's income tax rate, just to keep tax revenues on an even keel.

The clone legislature outlasted the Thone administration.

Charley was defeated after one term by the effervescent Bob Kerrey - a guy with an engaging personality whose knowledge of state government's inner workings was nonexistent, but whose youth, contagious enthusiasm and determination carried him into office by a margin of fewer than 8,000 votes. Kerrey's good looks and Medal of Honor didn't do him any harm, either.

There was a final irony to the clone saga. Kerrey slashed the state budget dramatically during the Reagan ag recession, a move that won the approval and praise of many of Thone's clones.

WITH NELSON'S REPORTED LEAD IN THE SENATE RACE, STENBERG AND THE GOP ARE GONNA HAVE TO TAKE HIS CAMPAIGN TO THE NEXT LEVEL.

YEAH, BUT THAT BE UP OR DOWN...?

I CAN'T BELIEVE YOU EVEN HAD TO ASK THAT QUESTION.



## Letters

### Defense of Marriage Act senseless

Dear Editor,

All reasonable voters in Nebraska should oppose the ill-phrased and grossly misnamed Defense of Marriage Act (DOMA).

This act does not defend marriage at all. Instead it places arbitrary and unconstitutional restrictions on the rights of private citizens to transact other types of contracts and control their own economic destinies.

The wording of the bill is so sloppy that it would barely get a passing grade in a junior high English class. If the DOMA is enacted, the courts will certainly overturn it for vagueness and overbreadth. So there is no reason to enact it in the first place, unless you wish to embarrass its sponsors and our state.

Those who favor the stated goals of the DOMA, ironically, should thus be the first to vote against it. Before you vote, please read the DOMA to see if you can figure out what it really means by domestic partnerships. The term is never clearly defined and no specific examples are given.

Do you really want to prohibit two brothers or two sisters from sharing a business relations such as

a farm while residing together in a home inherited from their parents? This may be unintentionally prohibited by the DOMA's current careless wording. But such arrangements should clearly be legal. So should many other economic and personal arrangements that are often made

between unrelated roommates or other types of domestic partners of the same gender, regardless of one's views of gay marriage.

Think before you vote, and vote against the DOMA.

Tom Cook,  
Wayne

### Impressed with Dickey

Dear Editor,

Recently we had a candidate forum in Wakefield and had an opportunity to listen to incumbent Senator Bob Dickey and challenger Doug Cunningham.

I came away from this experience with a strong impression that one candidate had much better quality answers and a deeper insight into the issues. Bob Dickey's wider range of experience and his leadership background were very evident as he provided much greater detail to the questions.

Their campaign isn't about who can put out the most signs, it's about who has the best credentials. Both candidates have put together

promotional material about themselves and their lists of lifetime achievements. When I lay the lists of the two candidates side-by-side, I can clearly see why Bob Dickey did such a great job at this Wakefield public forum.

If you haven't seen a comparative lists of accomplishments of the two candidates, I urge you to check and compare. If you do this, I'm sure you'll conclude, as I have, that Bob Dickey is best prepared to continue to represent us.

Ernest Swanson,  
Wayne

### Ride-a-thon planned

The St. Jude Children's Research Hospital "Wheels for Life" Bike-a-thon will be held Saturday, Oct. 7 at the Winside Football Field, starting at 9 a.m.

St. Jude's Children's Research Hospital, founded in 1962 by the late entertainer Danny Thomas, is the largest childhood cancer research center in America in terms of the number of patients treated and the treatment success.

Treatment is provided at no cost to the family and all findings are shared freely with doctors and hospitals all over the world.

Coordinator for this year's event is Mrs. Carol Janke (402-286-4856) with co-coordinator Helen Hancock (402-286-4265). Pledge sheets can be obtained from either of these women.

All ages of children and all types of wheels, bicycles, tricycles and scooters are welcome to attend.

Following the event, all participants will be invited to a hot dog lunch.

All of the donations collected will be sent to St. Jude's to give hope to a family whose child has been stricken with cancer.



The Rev. Ted Youngerman accepts a certificate from Goldenrod Hills for his years of service on the Policy Council for Head Start.

### Youngerman honored

The Rev. Ted Youngerman of Wayne was honored and presented with a certificate and gift for service on the Head Start Policy Council, both as a Community Representative from the Wayne Head Start center as well Chairman of the group.

The Goldenrod Hills Community Services Head Start Policy Council is made up of parents and community representatives from the 12 Head Start communities in northeast Nebraska. It is a federal mandate that no one can serve on Policy Council for more than three years.

This brought Rev. Ted's official service to Policy Council to an end; however, he announced that he will remain with Head Start as an ad hoc member of the Professional Development Committee, the committee that makes decisions about the Youngerman Scholarship Fund, of which he and his wife Lois fund-

ed the creation. Rev. Youngerman spoke after the presentation and said, "Even though I came after being urged by my wife, Lois, who was a past member, I want you to know I learned so much about Head Start and became so fascinated by what it does, I became a member and stayed for three years."

According to Head Start representatives, "Rev. Youngerman was a shining member and will be missed by the entire program. His dedication over the last three years is commendable. Head Start wishes to thank the Youngermans for what they have done for the program and extend them the very best."

For more information about Head Start or Policy Council, contact the Wayne Head Start center at (402) 375-2913 or the Goldenrod Hills Head Start office at (402) 529-3513, ext. 22.

### Artist to visit WSC

Sculptor and educator John Hachmeister will be the featured speaker during a guest artists' dinner and slide show presentation, on Monday, Oct. 2, in the Frey Conference Suite in the Wayne State College student center on campus.

Regional teachers, students and community members will be attending the evening presentation, which will be hosted by the Student Chapter of the National Art Education Association, Art Club and the Wayne State College Art Division.

An opening exhibit of Hachmeister's work will take place from 4:30 to 6 p.m. in Fine Arts room #203, followed by a 6:30 p.m. reserved-seat dinner and an 8 p.m. presentation in the Frey Conference Suite.

Hachmeister received his MA and MFA in sculpture from Kansas State University and a BFA in painting from the University of Kansas. He is a professor of art at the University of Kansas.

A native Kansan, he has been involved in the Kansas Grassroots Art Association. As a sculptor, he has been working in woods and metals with a variety of finish techniques. Some issues that are manifest in his art and will be addressed in the slide presentation are: nature and the garden; seeing is believing; compression of time; black and white; a material world and reality tricks.

Hachmeister's work has been exhibited in Kansas, Missouri, Minnesota, Montana, Arizona, Ohio and New Mexico. He has been a contributing author for "Backyard Visionaries: Grassroots Art in the Midwest" and a consultant for outdoor sculpture projects, museum planning and construction. He has also created outdoor memorial sculpture and fountain works.

For more information, please call (402) 375-7359.

## The Wayne Herald

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**Entertaining WSC visitors**

Rachel Boland of Omaha receives a mouse balloon sculpture during Parents/Family Day activities at Wayne State College, Saturday, Sept. 23. Boland is the step sister of Christina Newton, a WSC freshman. Mike Maunth performed on stilts while making balloon sculptures, juggling and providing comedy during the morning of activities at the student center.

**National Dog Week celebrated Sept. 24-30**

The 71st Annual "National Dog Week" is being celebrated this year, September 24 - 30, with the theme "Man's Best Friend".

The sponsor of this event is the Dogs On Stamps Study Unit, of the American Topical Association.

The purpose of this celebration is to bring attention to man's best friend; not only to honor the pets in 25 million American households, but also to educate all dog owners in their responsibilities to their pets and to their communities.

The dog has been man's best friend for centuries and still is. He gives us companionship and pleasure in our daily lives. He watches over his owner, guards him against danger and fights against his enemies. He kisses the hand that has no food to offer and licks his own wounds without any complaint.

The dog is the one absolutely unselfish friend a man may have in this world, the one that never deserts him, the one that never proves ungrateful.

Owning a dog is also a big responsibility. Dog owners have a firm obligation to protect these fel-

low creatures. We must show and teach attitudes of kindness and respect for our dogs. Humane treatment of animals has an additional benefit because it will transfer itself to humane treatment of our fellow man.

Our support of Animal Welfare and Control Agencies is also greatly needed. These important organizations work in caring for lost and unwanted dogs and help in controlling pet overpopulation. Check with your local humane society to see how you can help.

The DOSSU Local Post issues a special stamp each year to promote National Dog Week. The stamps are printed in small sheets and a donation of \$1.00, per sheet, is solicited to help defray the costs of publicity. A stamped, self-addressed business envelope is required. Stamps issued in the prior years are still available.

Mail requests for the special stamps to:

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**The Principal's Office**

by Dr. Don Zeiss, Wayne High Principal

In recent year much national, state and local attention has been given to the intense pressures that put our children at risk for alcohol and other drug use, addictions, violence, sexual diseases, pregnancy and emotional hardships.

Wayne High School is pleased to offer the School Community Intervention Program (SCIP) to assist students and parents who are experiencing pressures that stand in the way of a student's academic success.

Your SCIP team is trained to identify, intervene and connect students and parents to support when your child is at risk for academic difficulties. Through a confidential process, the SCIP team can assist by gathering information about your child's behavior. The team will help you develop a plan to assist your child.

The four components of SCIP include:  
**IDENTIFICATION** — Teachers, students, parents and administrators can refer to the SCIP team students who show problematic behaviors. The SCIP team reviews the information and determines possible strategies to assist the student.

**INTERVENTION** — is a meeting with students, parents or both to discuss the problem and seek possible sources of help.

**CONNECTION** — is when the SCIP team assists the student and/or parents with school support, information regarding a free assessment at a community agency or other area community resources which assist families.

**STUDENT SUPPORT** follows up with the student by implementing a plan to assist them in academic success.

If you have any questions, please call the school office 375-3150 or any of the SCIP team members listed below. SCIP cares about your student and wishes the best for them in the 2000-01 school year.

Members of the SCIP Team include Dr. Don Zeiss, Principal, Duane Blumenkamp, Kathy Fink, Brad Weber, Kathryn Ley and Terry Munson.

**Punt, pass and kick contest planned**

Young pro football fans will have the opportunity to exhibit their football skills when the Wayne Optimist Club hosts a sanctioned local event for the NFL Gatorade Punt, Pass & Kick Competition on Saturday, Sept. 30.

The event will be held at the Wayne High School football field and track.

Competition for ages 8 and 9

begins at 9 a.m.; for ages 10 and 11 at 9:45 a.m.; for ages 12 and 13 at 10:30 a.m. and for ages 14 and 15 at 11:15 a.m.

The competition is free and open to boys and girls born between Jan. 1, 1985 and Dec. 31, 1992. Each participant must submit the signed parental waiver form and a copy of proof of age (birth certificate or baptismal record) on the day of the

competition.

Participants may not use their own equipment, the Wayne Optimist Club will provide all footballs and tees. Participants must wear tennis shoes — no football shoes or cleats will be allowed.

The top boy and girl finishers from each of the four age groups will advance to a Sectional

Competition held on Sunday, Oct. 8 at Memorial Stadium at the University of Nebraska-Lincoln. The winners of the Sectional Competition will have a chance to advance to the Kansas City Chiefs Team Championships at Arrowhead Stadium in Kansas City, Mo.

For more information, contact Cindy Von Fange at 375-2569.

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**Herbs for Health**

Older Antidepressants Often as Effective as Newer, Costlier Ones

According to new guidelines from the American College of Physicians - American Society of Internal Medicine, both newer and traditional antidepressant medicines are equally effective for many persons with depression. Older medicines typically are in the class termed tricyclics (e.g., Tofranil, Elavil). The newer agents include selective serotonin reuptake inhibitors, or SSRIs (e.g., Paxil, Zoloft, Prozac).

The major difference cited between tricyclics and SSRIs are side effects. SSRIs are more likely to cause diarrhea, nausea, headache, and sleeping difficulties. Tricyclics are more likely to cause blurred vision, constipation, dizziness, dry mouth, and tremors. Interestingly, according to the new guidelines it is noted that St. John's wort may be effective against mild depression, at least on a short-term basis.

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**LOCAL 7-DAY FORECAST**

Today	Tonight	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
Some sun and windy.	A few showers early.	Mostly cloudy and breezy.	Lots of sun.	Partial sunshine.	Mainly cloudy.	Some sun, warm later.	Cloudy, windy with rain.
69	50	70/44	67/44	69/46	69/54	78/47	67/83

**THE WEEK AHEAD...**

**NATIONAL SUMMARY**

Locally heavy rains will be common along the Northeast Coast early in the period. Much of the nation east of the Mississippi will be cool and dry. Across the West, it will be warm and dry, but stormy weather will return to the Pacific Northwest later in the period.

**U.S. TRAVELER'S CITIES**

City	Today	Saturday	Sunday	Monday
Atlanta	70 52 c	71 55 pc	76 59 s	79 59 c
Boston	60 45 c	64 52 pc	68 54 pc	70 54 c
Chicago	70 52 c	70 50 pc	68 49 sh	70 49 pc
Cleveland	61 44 c	67 62 pc	72 54 pc	69 49 pc
Denver	78 48 pc	80 42 c	76 44 c	74 42 c
Des Moines	67 49 pc	69 50 ch	67 48 pc	69 49 pc
Detroit	64 44 c	69 48 pc	69 50 sh	69 49 pc
Houston	82 59 a	85 65 c	87 67 c	88 66 c
Indianapolis	65 47 c	67 53 pc	71 50 ch	73 50 pc
Kansas City	70 53 pc	75 53 pc	73 52 c	74 54 c
Los Angeles	62 60 pc	68 62 s	64 60 c	64 60 c
Miami	83 78 ch	83 70 ch	83 77 pc	89 75 c
Minn.-St. Paul	74 50 pc	70 46 ch	69 44 pc	68 44 pc
New Orleans	78 56 c	81 59 s	82 62 c	83 62 c
New York City	60 46 c	64 59 s	68 62 pc	69 54 pc
Omaha	69 63 pc	72 46 c	70 48 c	71 48 pc
Phoenix	102 72 c	102 74 c	93 74 s	92 72 c
San Francisco	70 58 c	76 56 c	76 56 c	72 54 c
Seattle	64 52 r	62 52 ch	62 60 r	62 49 pc
Washington	64 46 c	70 52 c	70 54 pc	72 53 pc

**WORLD TRAVELER'S CITIES**

City	Today	Saturday	Sunday	Monday
Amsterdam	62 55 r	63 50 pc	68 57 pc	64 57 c
Berlin	80 61 a	76 61 pc	72 60 c	70 55 pc
Buenos Aires	80 63 s	84 52 c	63 52 c	66 54 r
Cairo	85 61 s	88 62 s	67 61 c	68 62 a
Jerusalem	71 52 c	73 51 a	75 50 c	72 49 a
Johannesburg	88 55 s	87 56 c	68 59 c	67 60 pc
London	61 51 r	62 51 c	70 56 pc	62 61 r
Madrid	71 47 pc	61 43 pc	65 42 pc	71 45 a
Mexico City	74 63 c	74 63 pc	73 61 pc	67 59 r
Moscow	56 44 pc	60 45 pc	60 48 pc	64 50 pc
Paris	61 47 c	59 50 c	65 51 pc	64 50 c
Rio de Janeiro	74 63 c	74 63 pc	73 61 pc	71 59 pc
Rome	71 65 c	63 68 a	64 69 r	70 71 c
San Juan	69 76 pc	69 76 pc	89 75 pc	69 78 pc
Sao Paulo	78 62 s	74 70 r	72 62 ch	70 63 pc
Sydney	59 60 pc	76 57 a	72 56 a	71 59 pc
Tokyo	69 64 c	75 65 a	76 68 pc	70 70 r
Toronto	54 38 pc	64 45 pc	65 49 pc	68 50 pc
Winnipeg	76 48 pc	69 39 pc	40 30 pc	59 35 pc
Zurich	72 57 pc	60 50 ch	63 50 pc	68 52 pc

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# Sports

The Wayne Herald



## Monica Novak is medalist with a 90; Districts are Tuesday Wayne girls win own invitational



Karla Keller tees off on hole number five during the Blue Devils golf tournament on Monday.



Monica Novak hits a fairway wood on the front nine of the Wayne Country Club. Novak was medalist with a 90.

The Wayne girls golf team captured top honors at their own invitational, Monday afternoon at the Wayne Country Club.

The annual Dick Metteer Invite was scheduled for last Saturday but the meet was postponed until Monday due to inclement weather.

The Blue Devils fired a 380 to win by 29 strokes over runner-up Norfolk Catholic. Wayne's JV team placed third at 411 in the 14-team field with Humphrey St. Francis placing fourth at 420.

Plainview rounded out the top five at 425 followed in order by Norfolk JV's, Albion, Columbus Scotus, Crofton, Wakefield (456), Wayne JV's II, (485), Elkhorn Valley, Madison and Hartington.

Senior Monica Novak was medalist with a 90. Novak carded identical 45's on the front and back nine including a birdie on hole four.

Amy Harder edged her sister Kari Harder by way of tie-breaker for third and fourth place as each carded 94's.

Megan Summerfield placed 19th at 102—edging teammate Karla Keller, also with a 102.

Wayne's JV team was led by Kristin Hix who placed 13th overall at 101. Karie Mitchell finished 18th at 102 and Lindsay Stoltenberg fired a 103. Katie Nelson carded a 105 and Mary Boehle, 110.

See GOLF, Page 7A

### Devils post shutout at O'Neill to move to 4-0

John Murtaugh's Wayne Blue Devils football team improved to a perfect 4-0 on the season with a 12-0 at O'Neill last Friday night.

It's the first time since 1990 that Wayne has started the year with four straight wins.

The Blue Devils held a 3-0 half-time lead after a 21-yard field goal by Brad Hochstein in the second quarter.

Wayne upped that margin to 5-0 in the third quarter when O'Neill's punter stepped on the end-line.

Hochstein scored in the fourth quarter on a 10-yard run.

"We struggled some but I was pleased that we were able to come away with the win," Murtaugh said. "You have to give O'Neill some credit for playing inspired football."

The Wayne coach was very happy with his team's defensive performance which notched the shutout.

"Trevor Wright was a force and our secondary of Danny Roeber, Ethan Mann and Shane Baack did a nice job all night," Murtaugh said.

Wayne's defense has give up just 19 total points this season.

Adam Jorgensen led Wayne with 95 yards rushing on 15 attempts while Trevor Wright ground out 68 yards on just eight carries.

Brad Hochstein was 3-8 through the air for 48 yards and Shane Baack was 2-3 for 47 yards.

Celeb Garvin had two receptions for 35 yards and Marcus Luns, Brady Heithold and Ethan Mann had one catch each.

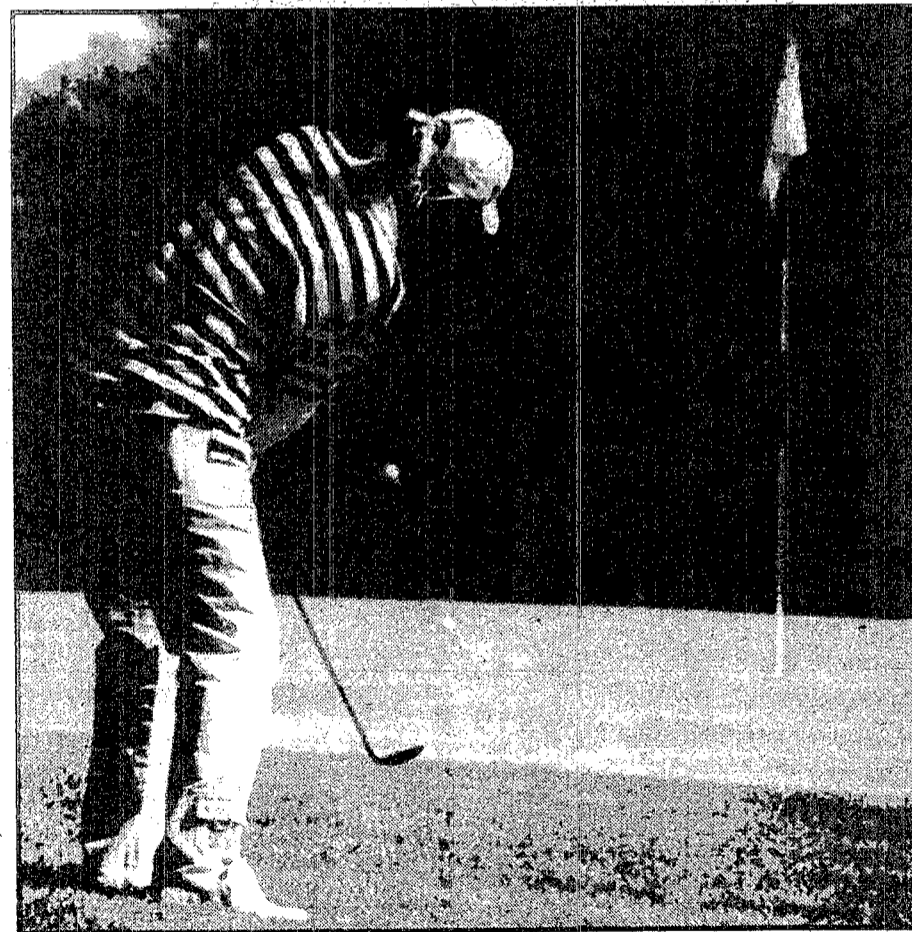
Wayne racked up 254 total yards while holding the Eagles to just 97 total yards.

Trevor Wright had a game-high 21 tackles with Adam Jorgensen netting nine and Brad Hochstein, eight. Jason Beiermann finished with seven tackles.

Wayne will host Madison on Friday night with Homecoming activities going on all week.



Wayne junior Kari Harder chips out of the sand on to the number nine green for the Blue Devils. She finished fourth overall.



Sophomore Amy Harder hits her chip shot toward the pin on hole six. She finished third overall with a 94.

## GO WILDCATS!

Wayne State College Athletes Of The Week



Desmond Grace, Football

Kevin Hoffart, Bank of Norfolk

Sarah Herrick, Soccer

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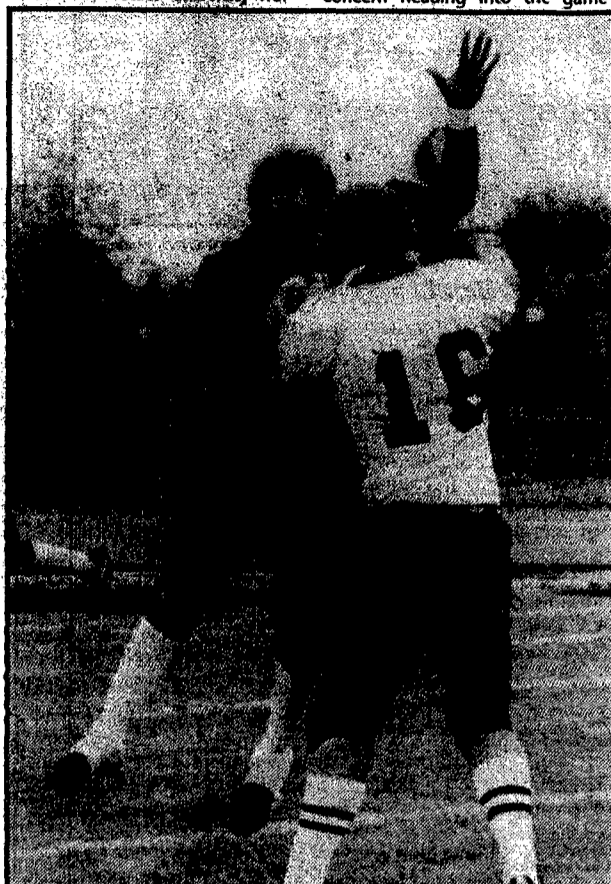
# Wayne State football team slips to 0-4 with 24-14 loss

By Jason Sturek  
For the Herald

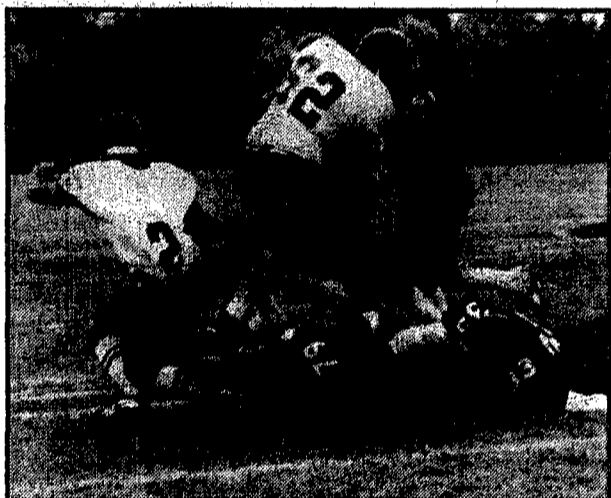
ried last Saturday, but the Warriors held on to defeat WSC 24-14 in NSIC action.

A third quarter Wildcat comeback had Winona State University wor-

Coach Scott Hoffman expressed concern heading into the game



Antonio Jackson gets in the face of the Winona State quarterback.



Nick Wemhoff brings a Winona State runner down by the shirt tail.



Damon Ruffin makes like a quarterback and throws a pass down-field during second quarter action of the 'Cats game with Winona State.

about WSU's offensive attack, but his defense lifted itself to a higher level of play.

"I thought our kids would play very hard, I was just real concerned that they have so much on offense that they show you our kids would get a little confused.

"The defense just shut people down, though. I was extremely happy to see that." He said.

The Wildcats held a WSU offense used to 400 yard offensive outputs to 285 yards.

"The defense played awesome. In the last two games they've pretty much put the ball in our hands to win the game. Our defense is doing exactly what they need to do. The offense needs to step up. The last two losses have kind of been our fault," said Eric Kjar, who shares the WSC quarterback position with Justin Burhoop.

Wayne State recovered a fumble and forced two interceptions defensively.

The Warriors held a 14-0 lead at the half. They took advantage of good field position and out-did the Wildcat offense, tripling WSC's total offensive out-put 188 yards to 60.

The visitors had control of the ball for a minute and a half longer than WSC and had 10 first downs to the Wildcat's four.

Desmond Grace returned a kick off for the Wildcats. He ran through a congestion of black Wildcat jerseys and raced 89 yards to the end zone.

"It happened so fast. I didn't really get a chance to think about it. The only thing I saw was black. It was like nobody touched me," Grace said.

Elroy Brown was next to score points for the Wildcats. His four yard foot race to the corner of the end zone at the end of the third quarter iced a six play, 40 yard drive. Brown finished with 55 yards on 19 carries for a 2.9 yard average.

## Bears stay undefeated

The Laurel-Concord Bears football team improved on their number six ranking in Class C-2 with a 13-6 win over Ponca last Friday night.

The 4-0 Bears scored on a five-yard run by Chris Lackas in the second quarter to lead 7-0 at the half.

Bennie Surber scored on a three-yard run in the third quarter for a 13-0 Bears advantage.

Ponca scored in the fourth quarter but could not garner enough offense to put the tying score on the board.

"Our defense was very sound once again," Laurel coach Mike Halley said. "We moved the ball well at times but we need to become more consistent offensively."

Lackas was the offensive workhorse for Laurel-Concord, gaining 155 yards on 36 carries.

Nathan Beckman was 2-7 through the air for just two yards. Matt Schroeder caught one ball for five yards.

Defensively, Laurel was led by Matt Schroeder, Greg Kvols and Seppo Ewvaraye with 10 tackles each.

The Bears will play host to Wakefield on Friday.

"When it was 21-14, I thought we really had a good chance of winning the game. I really did. I thought we were going to own the fourth quarter and win the thing, but it just didn't happen." Hoffman said.

A critical drive for the Wildcats ended when Travis Welch of WSU intercepted a pass from Kjar, giving the Warriors a short field and a shot at a field goal.

A swarm of WSC defenders were within a few feet of the ball as it shot over the pack, but it rifled through from 30 yards, putting the visitors up by 10 points.

"That thing should have been blocked. How that thing made it though, I'll never know." Hoffman said.

According to Hoffman, the offense never really established itself after the point margin widened.

Eric Kjar was seven of 18 passing for 56 yards. He threw one interception. Justin Burhoop ran the ball once for five yards and was one of four passing for three yards.

Tavaris Johnson had two receptions for 23 yards, tying Damon Ruffin who had one catch for 23.

Elroy Brown caught three passes for eight yards. Desmond Grace led the WSC defense with seven tackles, four unassisted. Nate Herbst had seven tackles with one solo. Joe Scheppers, Chris Rizzo, Nick Wemhoff, Kyle Lingenfelter, and Mike Baker each had six tackles. Alex Mohanna added five.

Wayne State dropped to 0-4 with the loss. They will pack their bags and head to Minnesota-Crookston on Saturday for a 1 p.m. kick off. Once again, the Wildcats will be facing a well respected team.

"They have an extremely good, aggressive defense. So offensively we have our work cut out for us. We've got to come out and play offensively." Hoffman said.

He expressed a lot of confidence in his defensive unit heading into the Minnesota-Crookston game, remarking that his assistant coaches have done a good job of preparing them this season.

	WSC	Winona St.
First Downs:	7	16
Rushing:	30-82	47-238
Passing:	9-24-1	8-17-2
Passing Yards:	57	68
Total Yards:	102	285
Fumbles-Lost:	2-0	3-1
Penalties:	2-20	4-29
Punting-Avg.:	9-32.7	6-32.8
Possession Time:	26:09	33:51

Individual Statistics:

Rushing: WSC—Elroy Brown, 19-55  
Winona St.—Kevin Curtin, 19-77

Passing: WSC—Eric Kjar, 7-13-1-56; Justin Burhoop, 1-4-0-3. Winona St.—Bruce Carpenter, 5-9-0-53; Andy Nett, 3-7-1-15

Receiving: WSC—Tavaris Johnson, 2-23; Damon Ruffin, 2-23; Elroy Brown, 3-8. Dan Peterson, 1-3; Jeremy Hoelker, 1-2. Winona St.—Adam Lilla, 1-31; Brendon Braatz, 1-13; Alan Hartung, 1-12; Ben Furda, 1-6



Wayne's Megan Summerfield putts for par on hole number four during the Wayne Invite on Monday.

## Golf

(Continued from page 6A)

The JV II team was paced by Erin Arneson at 105 while Monica Boehle finished with a 106. Kelly Mitchell fired a 128 and Karissa Dorcey, 146.

Wakefield was led by Jessica Dutcher, placing 12th at 101 while Melanie Keim fired a 114 and Shannon Anderson, 119. Andrea Salmon finished with a 122 and Jenna Paulson, 140.

"We lost about nine teams due to the rescheduling but it was a good decision to wait until Monday with the weather," coach Dave Hix said. "It was a good day for the varsity and JV I squads. It was also nice to see some of our fourth year seniors who don't get to play varsity actually medal in a varsity meet."

Hix was referring to Kristin Hix and Karie Mitchell.

"The varsity is still struggling to finish the last nine holes," Hix said. "We gave up 16 strokes on the back nine."

Hix said no one on the varsity felt good about how the team finished the round despite winning the team title.

Wayne will play at the Columbus Scotas meet on Thursday and at the Oakland-Craig meet on Saturday before competing at districts on Tuesday in Columbus.

Hix noted his appreciation for the help that Mr. Metteer gave the tournament as he has in the past.

"I was very pleased with the play of our JV I team," Hix added. "On the JV II team Monica Boehle shot her career best of 106 in competition."

## Laurel-Concord spikers defeated by rated Pierce

The Laurel-Concord Bears volleyball team dropped a close match with Pierce, Tuesday night in Laurel, 15-12, 9-15, 13-15.

The 6-2 Bears were led on offense by Lani Jacob with 13 kill spikes on 48-of-51 attempts. Emily Schroeder had nine kills and Brittany Burns, seven while Tori Cunningham had six and Katie Peters, four.

Karl Stewart was 133-133 in setting with 41 assists. Katie Peters led the team in serving at 17-17 with

two aces with Kari Stewart connecting on 16-of-18 with two aces.

Schroeder paced the defense at the net with six blocks while Tori Cunningham led the team in digs with 15 while Katie Peters tallied 13.

"Self-induced pressure decreases our consistency," Bears coach Ratti Cunningham said. "We need to stay focused and keep working to eliminate unforced errors."

The Bears will take part in the Wayne Round-Robin Tournament on Saturday.

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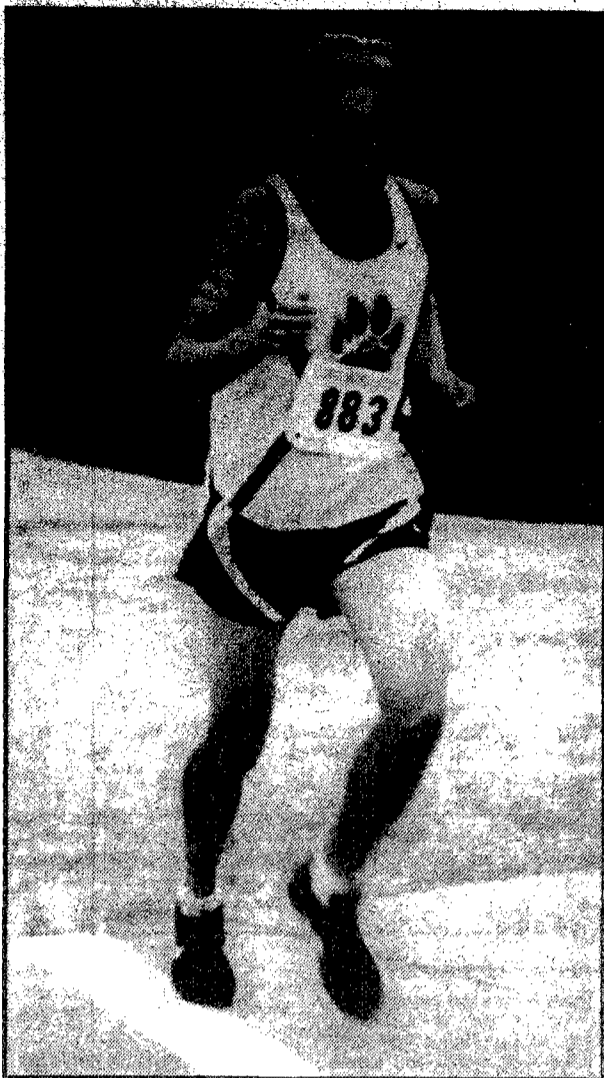
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Wayne State freshman Nick Hansen is shown running solo during a stretch of last weekend's North Central Regional.

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## WSC runners compete at North Central Regionals

Andy Tucknott and Darr Nickerson were the top finishers for the Wayne State cross country teams at the North Central Regional Meet last Saturday in Hays, Kansas. Tucknott turned in a time of 34:00 for the 10,000-meter course to finish ninth overall. Nickerson, meanwhile, was 12th in the women's race, covering the 6,000-meter course in a time of 24:03. As a team the Wildcat men placed fourth with 104 points. Augustana won the men's team title with 35 points. Fort Hays State was second with 42 while Kearney was third with 51. Next in for WSC was Dustin Lippman, who was 21st in 34:52. He was followed by Tom Whisinnand, who was 27th in 35:23. Dana Rider was 31st in

35:44, while Nick Hansen was 33rd in 35:56. Northern Colorado won the women's team crown with a perfect score of 15. Fort Hays State was second with 62 followed by Augustana with 78 and UNK with 83. WSC did not field a full squad. Shannon Short was 24th in 26:12 with April Sachau placing 30th in 26:26. Jeanna Luebbe was 37th in 28:35. "It was 40 degrees, windy and blustery," WSC coach Marlon Brink said. "Given those conditions, we had a pretty good day. It also gave us a chance to see the course we will run at during regionals. Hopefully, this will pay off for us when we come back in November." WSC will compete at the USD Invite on Saturday.



Jeanna Luebbe of Wayne State gets past a Northern Colorado runner during action last Saturday.



Wayne State's April Sachau keeps pace with an opponent at last weekend's North Central Regional in Hays, Kansas.

## Trojans are shutout

The Wakefield football team fell to 1-3 on the season with a 41-0 shutout at the hands of Hartington Cedar Catholic last Friday in Wakefield. Cedar took a 35-0 halftime lead on the Trojans. "We had some mental mistakes that were costly," Wakefield coach Justin Smith said.

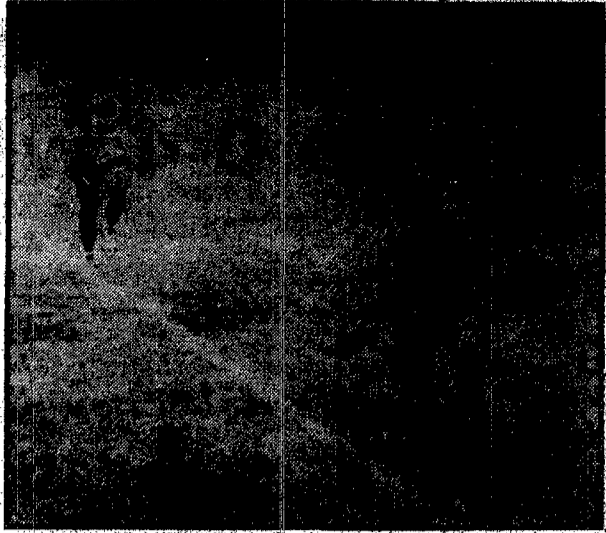
"Against a quality team like Cedar, one big mistake can hurt you and we had several." Joel McAfee led the Trojans with 58 yards on 10 carries with Nate Nicholson gaining 45 yards on 12 attempts.

See TROJANS, Page 9A

## FEATURE OF THE WEEK

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WSC's Dustin Lippman and Tom Whisinnand run ahead of the pack.

## Sports Briefs

**Wayne State**  
WAYNE—Wayne State's football team...  
The team...  
The game...  
The result...

## WSC athletes named

WAYNE—Wayne State's athletes...  
The athletes...  
The achievements...  
The recognition...

## Wayne junior high

WAYNE—Wayne's junior high...  
The team...  
The performance...  
The results...

## Wayne freshman

WAYNE—Wayne's freshman...  
The team...  
The progress...  
The outlook...

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# Wayne boys cross country team wins WSC invitational

The Wayne boys cross country team won the Wayne State Don Emery Invitational last week.

Rocky Ruh's Blue Devils tallied 20 points to easily finish ahead of runner-up Wisner-Pilger with 40 with Pender netting third place with 43 points and Pierce, fourth with 47. Wayne's "B" team was fifth with 96 points while Oakland-Craig placed sixth with 115. Wayne also fielded a "C" team which finished seventh with 154.

Pender's Sam Malmberg was the individual winner in 16:53 with Wayne's Devin Bethune and Jeff Ensz placing third and fourth respectively.

Bethune was timed in 17:20 and Ensz, 17:44 with Brad Hansen placing sixth in 18:02 and Nick Lipp, seventh in 18:15. Tony Carollo placed ninth in 18:35 and Roy Ley, 14th in 18:50.

The "B" team was led by Jeff Pippitt in 19:33 while Ryan Hix was clocked in 19:50 and Bryan Wax, 20:19.

Joe Holstedt was fourth on the team in 21:08 and Mike Swerczek followed in 21:41.

Brian Wetmore, Tyler Anderson, Kyle Minds, Ryan Teach, Eric McLagan, Brett Parker, Joe Brumm and Judd Giese also ran for the Blue Devils.

Winside had four runners including Josh Sok who placed 19th in 19:43 while Nathan Staub was timed in 20:47. Kevin Boelter ran to a 20:55 time and Brandon Suehl, 21:34.

IN THE GIRLS division the Blue Devils placed third with 41 points, behind Oakland-Craig, 27 and Pierce, 38.

Pender was fourth with 54 points and Wisner-Pilger finished fifth with 84 followed by Wayne's "B" team with 100.

Pender's Ashley Smith was the individual winner in 15:45 with Wayne being led by Amber Nelson

in seventh place in 16:46.

Cali Broders was 10th in the team race with a time of 17:08 and Jess Murtaugh was 11th in team scoring with a 17:12 effort.

Katie Walton finished 13th in 17:16 and Jacey Klaver was 16th in 17:49.

The "B" team was led by Faith Kroecker in 18:12 while Jeanne

Alleman was clocked in 18:24. Tara Grone netted a 22:23 effort and Sheila Meyer, 24:06.

Winside was led by Laurie Deck with a fourth place time of 16:06 while Kayla Bowers was 11th in 16:59 and Cassie Anderson, 19:36.

# Blue Devil spikers fall three times at Wisner-Pilger invite

The Wayne volleyball team struggled at last weekend's Wisner Round Robin Invite, dropping all three matches.

Joyce Hoskins' Blue Devils fell to Madison in the first match, 5-15, 9-15.

April Thede and Kallie Krugman each had four kill spikes with Leah Dunklau notching 12 set assists.

Beth Loberg and Dunklau were each 7-7 in serving and Shanon Johnson was 6-6.

Wayne fell to Pierce in match two, 7-15, 7-15. Thede, Krugman and Erin Jarvi each had two kill spikes with Dunklau recording seven set assists. Dunklau was 9-9 in serving with one ace while Loberg was 7-7.

Wayne fell to the host Gators in match three, 8-15, 5-15. April Thede had five kills and Beth Loberg, two while Leah Dunklau recorded seven set assists.

"Right now things are just not clicking for us," Hoskins said. "I think the girls put too much pressure on themselves to do well instead of just going out and having fun. I believe that once we get it together we will surprise some teams at how well we can play." Last Thursday Wayne defeated

Crofton in the first home match of the season, 15-13, 15-12.

Beth Loberg and April Thede each had eight kills with Kallie Krugman notching seven ace hits while Leah Dunklau recorded 27 set assists.

Dunklau was 9-10 in serving with two aces with Beth Loberg notching three service aces and April Thede, 11-12 with one ace.

Alissa Dunklau and Amanday Maryott paced the defense with five and four digs, respectively.

Wayne's "B" team downed Crofton, 15-7, 15-7 as Allison Hansen scored 10 points. Alissa Dunklau had 14 set assists and Jessica Thomsen notched eight set assists.

The Blue Devils freshman team won as Jamie Backstrom led the way with seven points while Amy Kemp added six and Stacie Hoeman, five. Jessica Thomsen tallied four points.

Wayne will host Pierce on Thursday before hosting a four-team round-robin tournament on Saturday.

Saturday's action gets under way at 9:30 a.m. with Laurel against Randolph.

At 10:30 Wayne squares off

# Winside belts 'Bago, 52-6

Winside's football team ran roughshot over Winnebago last Friday night to the tune of 52-6 as Terry Bear's team improved to 2-2 on the season.

Two school records were set in the process as Dustin Wade booted a 49-yard field goal, one week after tying the state record with three field goals in one contest.

The other record was that of Cammy Cushing. She becomes the first female to ever carry the ball in a football game for the Wildcats. Cushing carried four times for eight yards.

Adam Hoffman connected with Ben Lienemann from 20 yards out for the first score of the game with Eric Vanosdall darting in from three yards out later in the opening quarter.

Wade made it a 16-0 lead after the first quarter with a 32-yard field goal.

Wade sprinted to paydirt from 28 yards out in the second quarter and Hoffman connected with Mike Deck from 20 yards out for a 30-0 halftime lead.

Hoffman broke loose on a quar-

## Trojans

Ross Hansen was 5-11 through the air for 24 yards and Ty Nixon was 1-1 for seven yards.

Luke Hoffman and Wyatt Brown each had two catches, and Nicholson, one.

terback keeper for 56 yards in the third quarter and Mike Deck returned an interception 25 yards for a score.

Hoffman tossed his third touchdown pass of the night to Ben Lienemann from three yards out in the fourth quarter before Wade blasted his record 49-yard field goal.

"We played pretty solid," Bear said. "Mike Deck had a good game with three interceptions and Nathan Trautman really dominated the line of scrimmage."

Adam Hoffman paced the ground game with 117 yards on just six carries while Dustin Wade gained 87 yards on eight attempts.

Hoffman was 5-11 in passing for 87 yards with Ben Lienemann and Mike Deck catching two passes each and Justin Koch, one.

Winside racked up 406 total yards while limiting Winnebago to 127.

Trautman led the defense with 10 tackles with Tom Schwedhelm notching nine and Eric Vanosdall, seven.

Winside will play at Hartington Cedar Catholic on Friday night.

(Continued from page 8A)

Luke Hoffman and Ryan Carson each had 10 total tackles with Joel McAfee garnering six. Ty Nixon had one interception.

Wakefield will play at Laurel-Concord on Friday.



Abbey Kaibilinger, a 5-5 sophomore from North Platte attempts to pass the ball to a teammate during a recent Wildcat game.

# Wayne State soccer team improves to 9-1 with weekend sweep

By Jason Sturek  
For the Herald

The Wayne State soccer team earned two wins last weekend, bringing their overall record to 9-1 and boosting them to the number nine ranking in the North Central Region.

Against a traditionally strong Northern State team, WSC came out and scored three goals in the first half and then held on for a 3-2 victory.

"This was a really nice win for us against a very good Northern State team. It was a very physical, emotional match, but the ladies came out of the gate hard and really did a great job of establishing our tempo and style of play." Coach Justin Cole said.

The Wildcats lost some of their fire in the second half offensively, according to Cole.

"We are pleased with the win, but not satisfied with the effort in the second half." He said.

Mary McDaniel scored two goals for WSC. Sarah Herrick added one. Four Wildcats picked up assists. Sarah Herrick, Bria Cunard, Jackie Arnold, and Becky Woelfel all had one apiece.

Michelle Mellenthin stood guard at goalie for the entire match, giving up two goals and making five saves.

"Our defense got soft off and on in the second half, but that's still the strength of this team. Brienne, Jill, Sarah Lepak, and Sara Zimmer have been extraordinary for us this season. I thought they made it very

difficult for Northern to get anything going. That was the key to the game." Cole said.

The Wildcats had to come from behind to defeat Minnesota-Morris on Sunday. Down 1-0 until the 53 minute mark, Sara Zimmer finally got WSC on the board. The 'Cats went on to score two more goals by the end of the game.

"I'm always happy to get a win, but this was not our best effort. The ladies came out very flat and unorganized. It's always nicer to learn from a win than a loss." Cole said.

Sarah Herrick, Sara Zimmer, and Amanda Keller each scored a goal. Sarah Herrick had three assists.

Defensively, Kalle Warsat and Michelle Mellenthin shared time at goalie. Warsat had three saves in the first half and Mellenthin had five in the second half, giving up one goal.

The WSC squad experienced some injuries in the past week. Bria Cunard may not be seeing action for a few weeks with an injury to her

knee. Sarah Lund hurt her ankle practicing Friday and did not enter the game on Saturday. She played sparingly on Sunday.

The Wildcats are hitting the road this Saturday to face NSIC defending champions Winona State. WSC defeated WSC handily last season and Cole says the team wants to prove the Wildcat program is up to par.

"We're excited about the chance to play Winona State this weekend. We've worked hard to get to this point in the program, and I'm anxious to see how we match up against them."

# Wayne spikers lose at home to Cadets

The Wayne volleyball team fell to 6-9 on the season with a straight games loss to West Point on Tuesday night in Wayne, 14-16, 8-15.

Joyce Hoskins' team was led by April Thede and Erin Jarvi with six kill spikes each while Leah Dunklau recorded 18 set assists.

Dunklau was 11-11 in serving and Shanon Johnson was 7-7 with one ace while Beth Loberg was 10-12 and April Thede, 5-5.

Amanda Maryott was the leader on defense with nine digs.

Wayne's JV team fell, 8-12, 12-5, 1-12. Ashley Loberg was 9-10 in serving with one ace and Leigh Campbell was 7-7 with one ace while Allison Hansen was 4-6.

The freshman team defeated West Point, 8-12, 12-5, 12-9. Amy Kemp had 14 points and six serving aces with Kari Hochstein adding six points and two aces.

Wayne will host Pierce in action, Thursday night before hosting a Round-Robin Tournament on Saturday with Laurel-Concord, Wakefield and Randolph.

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# WSC Wellness program begins

Although the Wayne State College Wellness programs for fall began Sept. 6, individuals from Wayne and surrounding communities are encouraged to join in a variety of fitness activities at any time during the season.

"We would like to encourage seniors to come and try any aspect of the program. The benefits include the obvious fitness gains as well as interacting with others and having fun," said Kay Glass, Wellness Program coordinator at WSC.

"The components of wellness include the physical, social, emotional, spiritual, mental/intellectual and environmental aspects of life. Wellness strives to achieve a well-balanced life within each of these dimensions."

A balance also occurs between experience for WSC students and benefits for participants in the program. Graduate students help supervise activities in the wellness program. "The program allows students to get hands-on experience," Glass said.

Students who are working with the Senior Wellness program and Glass help senior citizens ages 55+ with activities each Monday, Wednesday and Friday mornings.

Options within this program include:

- \*Water Aerobics (7:45 to 8:45 a.m. in the Recreation Center heated swimming pool)
- \*Theraband class (meeting time: 7:30-7:45 a.m., Rec Center track)
- \*Stretching to recapture flexibility (8 a.m., Rec Center track)
- \*Walking/biking/weight training (Work on your own in the facilities of the Rec Center between 7-8:45 a.m.)
- \*Blood pressure assessments
- \*Stress management tips are also available from Senior Wellness Advisors.

For more information on this or other wellness-related topics, please call the Wellness Office at (402) 375-7321. The WSC web site at: [www.wsc.edu/academic/hpls/wellness/wellprog.html](http://www.wsc.edu/academic/hpls/wellness/wellprog.html) provides a current listing of the Wellness Program services.



Dancers chosen to perform in the Nutcracker Ballet include, above, Amanda Brenner, left, and Ivy Schroeder. Below, left to right, April Bodlak, Corissa Arickx, Jessica Peterson and Kendall Stewart.

## Briefly Speaking

**Country Club holds final luncheon for season**

WAYNE — The Wayne Country Club ladies' luncheon was held Sept. 26 with 20 persons attending. Bridge was played at five tables. Hostesses were Margaret Kenny and Doris Harmer. Guests were Faye Peck and Ruth Kerstine. Winners last week were Loreene Gildersleeve, high; Clara Sullivan, second high and Norma Janke, third high. Yearly awards were presented with the highest average going to Loreene Gildersleeve and the lowest average to Maria Ritze. Perfect attendance awards went to Clara Sullivan, Dorothy Troutman, Emma Willers and Aggie Weber. The high score for the year and the highest for five years was earned by Loreene Gildersleeve.

**Happy Workers play pitch**

CARROLL — The Happy Workers met Sept. 20 at Henrietta Cunningham's home with 10 members and two guests, Anna Johnson and Pat Roberts, present. Ten point pitch was played with prizes going to Mary Davis, high; Gladys Rohde, traveling and Lucille Jenkins, low. The next meeting will be Wednesday, Oct. 18 with Henrietta Cunningham as hostess again.



## Dancers to perform

Dancers from On Our Toes Dance Co. in Wayne recently auditioned and received a part in the Nutcracker Ballet. The group is scheduled to dance with the Minnesota Ballet Company at the Johnny Carson Theatre in Norfolk.

The following dancers are scheduled to perform on Sunday, Nov. 26 at 2 and 7 p.m. — Corissa Arickx, Amanda Brenner and Kendall Stewart, all of Wayne, April Bodlak of Emerson, Jessica Peterson of Carroll and Ivy Schroeder of Pilger. Their instructor is Linda Dishman, member of Dance Master's of America, Chapter #34.



Left to right: Kris Kosch, Trisha Reifenrath, Amy Mreny, Georgia Janssen, Tim Keller, Emily Hoeneman, Corby Schweers, Evelyn Doescher, and Jim Nelson

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Coffee & Cake

## Lions Club Candy sales set to begin

The annual Lions Club Candy Sales will take place Oct. 11-15. Lions Club members will be calling on Wayne residents by going door-to-door in the residential area. The candy, which was purchased in bulk, has been packaged by members of the club.

Each package contains a variety of individually wrapped hard candies, sugared jellies, candy bars and caramels. The price is \$2 per bag or three bags for \$5.

The funds realized from this project are used primarily for sight and hearing conservation activities including annually sponsoring the Nebraska Lions Foundation Mobile Health Screening Unit which is free to the public.

The club also helps in community improvement projects, manages the camper park located at the Wayne Airport, sponsors a talent contest and a spring track meet, and co-sponsors a fall football competition with the Wayne County Jaycees for area youth.

The Wayne Lions Club also collects used eye glasses and used hearing aids which are refurbished and given to the poor in third world countries.

Wayne residents may contribute used eye glasses and used hearing aids to Lions Club members calling on them during the candy sale.

## New graduate

Robyn Sebade of Wayne has completed the course of Cosmetology and graduated from Bahner College of Hairstyling in Fremont on Sept. 20. Sebade will be working at the Cost Cutters Salon in Norfolk.

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# Lifestyle

The Wayne



## Get that child organized!

The ability to organize ourselves and our belongings is a critical skill. If our kids don't learn it early on, their lives will only grow more difficult. Projects on the job fail and personal relationships deteriorate when people are disorganized, late or forgetful.

Yet few of us take the time to think about how we learned to get

### Tracking all that stuff

It's not just time management that leads to organization. Keeping track of personal belonging, from hats to homework is essential.

These skills begin to appear in the second year of life. A child's sense of responsibility develops very young and very slowly starting at 15 to 18 months. They begin to feel possessive and understand the value of their things. They start to see where toys are kept and which toys are breakable. In time, they begin to understand the payoff for taking care of things.

By three, children can sort toys or other belongings into baskets or containers. Their willingness to do this, however, is quite individual and varies from family to family. How well children do depends on their environment and follow-through on the parents' part. With some encouragement from their parents, most children can remember to put their toys away by the time they are three or four.

As with time, you also need systems and habits. If hats and gloves always go into the basket by the front door, then they're easy to find the next time you need them. If pencils are always in the one drawer and art materials in another, then it's easy to locate them as well.

As children get older, you can create a system of reminders for both you and them. Once they can read and write, you can teach them to make lists for themselves and for you. Depending on your family, you may need to use an erasable board on the refrigerator, a big family calendar or a bulletin board.

As you think about your particular family, you'll find that certain approaches work better than others. The following are some tips from working moms and psychologists that can set you on your way:

**Set a regular time for certain activities:** Homework can occur right after school or right after dinner. It doesn't matter, as long as you choose a time and stick to it.

**Teach that everything has its place:** Kids need to know exactly

where their things are in order to remember them.

**Break big projects into small steps:** Long-term projects such as book reports or models can be overwhelming for the children to tackle. Map out a plan in advance, making a list of tasks, so your child has a vision from beginning to end of how to complete the work. That way, he'll feel confident he can do it and have a sense of accomplishment as he completes each step.

**Use calendars and charts:** Color-coded calendars and charts can help children get a handle on how time works and when assignments are due.

**Use planners and folders:** Many schools provide planners for students. Organizing assignments and activities in a planner may help some children; younger kids may do better with visuals on the wall.

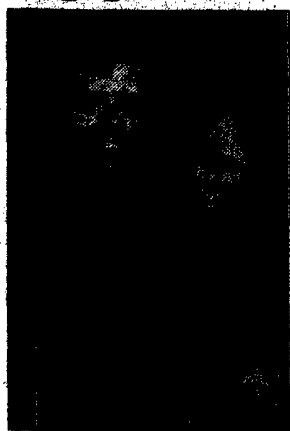
**Stay connected to school:** A large part of children being organized means being organized yourself. Stay on top of things going on at school and special activities. A call or note to the teacher will help you stay in touch.

While getting your child organized can be an overwhelming task, it is critical for a productive future. Break this project into small, doable pieces and you will be on your way to getting your children organized. SOURCE: Working Mother, June 1999.

### OCTOBER CALENDAR

- Oct. 1-7 — National 4-H Week.
- Oct. 2 — Wayne County 4-H Award Applications due, along with final club enrollments.
- Oct. 9 — Wayne Office Closed - Columbus Day.
- Oct. 10 — Meet the Professor at Lifelong Learning Center, Norfolk, 9:30 — 11:45 a.m.
- Oct. 15-21 — Character Counts! Week
- Oct. 18 — District Youth Leadership Conference-Lifelong Learning Center, Norfolk.
- Oct. 23 — Wayne 4-H Council, 6:30 p.m., Courthouse Meeting Room.

## Engagements —



### Babcock — Rathgeber

Andrea Babcock and Mark Rathgeber, both of Wayne, are planning an Nov. 4, 2000 wedding at Immanuel Lutheran Church in Coleridge.

The bride-to-be is the daughter of Allen and Betty Babcock of Scotia. She is a 1995 graduate of North Loup-Scotia and a 2000 graduate of Wayne State College with a degree in Finance. She is currently employed at First National Bank of Wayne.

Her fiancé is the son of Larry and JoAnn Rathgeber of Coleridge. He is a 1995 graduate of Coleridge High School and is a 2000 graduate of Wayne State College with a degree in accounting and finance. He is presently employed at IBP in Council Bluffs, Iowa.

## Eagles meet

Madam President Jessica Olson presided over the Sept. 18 meeting of the Wayne Eagles Auxiliary #3757 with nine members present.

Thirteen riders participated in the St. Jude's Bike-a-thon. Everyone who rode will receive a t-shirt from St. Jude's. Special winners were Zachary Jorgensen and Ashley Gililand. The August and September committees served hamburgers, hotdogs and salads in the evening at the club.

Coffee and bars were served at the club on Saturday during the Band Day Parade.

The District 16 meeting will be held in Norfolk. Pool and lunch will precede the meeting.

Jan Gamble announced rules for the membership contest called "Wayne and Sandi's Jungle Rumbler." Points will be given for items such as volunteering, attending meetings and events and wearing clothing related to the theme to name a few.

Serving lunch was Cindy Milligan. Serving at the Oct. 2 meeting will be Bonnie Mohlfeld.

The annual Watkins party will be held Tuesday, Oct. 10.

## New Arrivals

O'GRADY — Nate and Kristine O'Grady of Omaha, a daughter, Madison Alexis, 5 lbs., 7 oz., born Sept. 19, 2000. Grandparents are Mike and Julie Hans of Wynot and Tim and Elaine O'Grady of Council

## September wedding unites Newman-Lutt

Sharie Ailene Newman of Grand Island and Brian Lee Lutt of Wayne were married Sept. 2, 2000 at Calvary Lutheran Church in Grand Island.

Pastor Dennis Reich officiated at the ceremony.

Parents of the couple are Robert and Gayle Newman of Grand Island and David and Eileen Lutt of Wayne.

Grandparents of the couple include Doris Welch, Frieda Newman, Henrietta Cunningham and Pauline Lutt.

Matrons of honor were Brenda Hansen of Kearney and Gina Bondurant of Kalispell, Mont., sisters of the bride.

Maid of honor was Nicole Williams of Phoenix, Ariz. Bridesmaids were Heather Hascall of Grand Island, Amber Scott of Kearney and Tina Novak of Scottsdale, Ariz.

Lynn Schneible of Phoenix, Ariz. served as the bride's personal attendant.

Candlelighter was Emmilie Baker, niece of the groom.

Flowergirls were Alli Bondurant, niece of the bride and Ellie Lutt, niece of the groom.

Alex Bondurant, nephew of the bride, served as ringbearer. Best Man was Jay Lutt of Moravia, Iowa, brother of the groom.

Groomsmen were Michael McCartney of Mesa, Ariz., Ross Dick of Lincoln, Joe Rodriguez of Grand Island, Tony Link of Amarillo, Texas and Tom Kramer of Wakefield.

Ushers were Matt Knispel, Chip Bondurant of Kalispell, Mont. and Nick Hansen of Kearney.

A reception was held at the Eagles Club in Grand Island.

Hosts were George and Kathie Welch.

Angie Lutt, sister-in-law of the groom, was in charge of the guest

book. Following a wedding trip to Maui, Hawaii, the couple is at home at 718 W. Brown St., C, Tempe, Ariz. 85281.

The bride is a 1991 graduate of Grand Island High School and a 1995 graduate of the University of Nebraska-Kearney where she received a degree in criminal justice.



Mr. and Mrs. Lutt

She is currently attending Northern Arizona University where she will receive a masters degree in educational leadership in December of 2000. She is presently a probation officer for Mancopa County Adult Probation.

The groom is a 1990 graduate of Wayne-Carroll High School and a 1994 graduate of the University of Nebraska-Kearney where he received a degree in criminal justice. He is also a 1998 graduate of the Arizona Law Enforcement Academy. He is presently a police officer for the Chandler, Ariz. Police Department.

## Dietrich-Keil wed

Heidi Dietrich and Steven Keil, both of Concord, were married July 29, 2000 at Trinity Lutheran Church at Martinsburg.

The Rev. Gary Klatt officiated. Parents of the couple are Paul Jr. and Arlene Dietrich of Bancroft and Juli Harshbarger of Laurel.

Grandparents are Evelyn Johnson of Fremont and Bernard and Faith Keil of Allen.

Matron of Honor was Stacey Oerman, sister of the bride.

Bridesmaids were Connie Wichman, friend of the couple, Cindy Albus, cousin of the bride and Brandi Hudson, sister of the groom.

Junior bridesmaid was Sena

Nelson, cousin of the groom. The bride's personal attendant was Kristy Otte of Wayne.

Flowergirls were Lexy, Cassie and Sammie Carnezdind, friends of the couple.

Ringbearers were Matthew Freeman, son of the groom and Dakota and Dalton Oerman, nephews of the bride.

Best Man was Zach Harder, friend of the couple.

Groomsmen were Josh Klausen, friend of the couple; Wade Albus, cousin of the bride and Corey Vavra, friend of the couple.

Junior groomsmen were John Hanika, brother of the groom.

Ushers were Nick Keil, Mark Oerman, Chuck Hirschmann and Dave Tuttle.

A reception and dance were held at the Allen/Waterbury Fire Hall following the ceremony.

Hosts were LeRoy and Diane Haase, aunt and uncle of the bride.

Registering guests were Dale and Cindy Ebbeka. Gift bearer was Kasey Otte.

**Amy Malchow**  
Extension Educator  
4-H & Youth



organized, or how we might teach organizational skills to our children, or how we might teach organizational skills to our children. Instead, we wait for a late assignment or lost homework. A better approach is to create rituals and schedule early on that lay the groundwork for learning about planning and responsibility.

### Take it age by age

Where do you begin? You should begin at the beginning. In the months of the infancy. The earliest schedules are your child's first task of what adults call "time management."

Until you impose order, the world can seem a chaotic place for your baby. She eats, sleeps, cries and plays in no particular sequence. But within a few months you impose the concept of time. Naptime, bath-time, playtime and mealtime create order in the day and teach about "time." That routine created is essential to all forms of learning and life.

Older kids need regular meal-times and reasonable, predictable bedtimes, homework time and play-time. When a child can predict what is going to be happening in the home, she can participate in planning her day.

Over time, the routines turn into habits, which keep kids organized. They anticipate what will happen next and what they need for the next block of time. It's much like adults who grow accustomed to waking at a certain time. Over a period, they don't even need an alarm clock anymore, or reminders of what they have to take to work.

## Card shower planned

A card shower is being planned in honor of Anna Greunke's 95th birthday, which is Thursday, Oct. 5, 2000.

Cards may be sent to her at Rural Route 2, Box 97, Wayne, Neb. 68787.



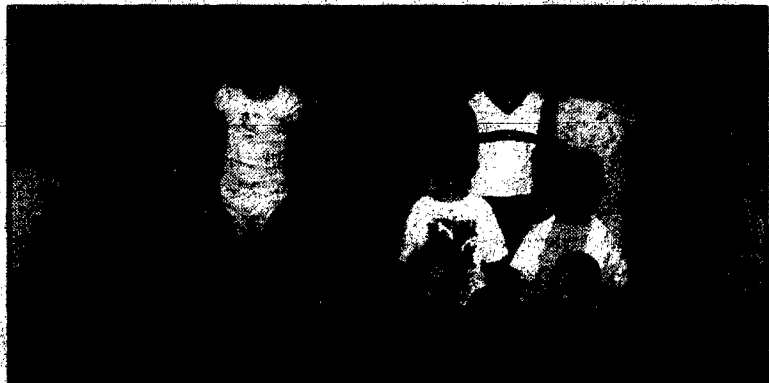
Anna Greunke

**Wedding Dance**  
Oct. 7 • Howells  
Ballroom (Howells, NE)  
Jess Schlautman &  
Christina Schmitz  
7:00 - 11:00 p.m.

The family of Rolie and Donna Hank is requesting a card shower for their 50th Wedding Anniversary on Oct. 6th. Mailing address: PO Box 83 Clearwater, NE, 68726

## WAYNE ELEMENTARY

Kindergarten - Mrs. Heikes



Back row left to right: Chloe Tyson, Lindsay Powers, Steven Sherman, Hannah Gable, LaVona Lawton, Megan Hoffart; Middle row: Zach Shear, Erica Holcomb, Nathan Hamer, Michael Shanks, Bradley Longe, Nicole Francis; Front row: Alex Arzola, Drew Holland, Emily Leeper, Austin Prideres, Martha Mitiku; Not Pictured: Dacia Dickey

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<b>MONDAY</b> BBQ Ribs or Ribs & Chicken 5 pm - 10 pm	<b>FRIDAYS</b> Fish or Chicken Strips 5 pm - 10 pm
<b>TUESDAY</b> Mexican Menu 11 am - 2 pm & 5 pm - 10 pm 15 Oz. Sirloin 5 pm - 10 pm	<b>SATURDAY</b> Reservations for <b>PRIME RIB</b> Junior Cut - \$8.75, Regular Cut - \$ 10.25 Extra Cut - \$ 12.50, Prime Rib For Two - \$13.35 Served from 5 pm - 11 pm or until gone
<b>WEDNESDAY</b> Patty Melt w/ Home made Onion Rings Spaghetti w/ Meat Sauce 11 am - 2 pm & 5 pm - 10 pm	<b>NOON SPECIALS</b> Mon. - Sat. Dinner meat of the day, Homemade Mash Potatoes, Vegetables, Salad, Homemade Bread \$4.85
<b>Homemade</b> <b>Chicken Fried Steak</b> <b>Stuffed Shrimp</b> <b>Chicken Fettuccine</b> 5 pm - 11 pm	<b>DAILY BREAKFAST SPECIALS</b> <b>START AT 6 AM</b>
<b>THURSDAY</b> <b>PRIME RIB</b> Junior Cut - \$8.75, Regular Cut - \$ 10.25 Extra Cut - \$ 12.50, Prime Rib For Two - \$13.35 Served from 5 pm - 11 pm or until gone	<b>DRINK SPECIALS</b> Favorite Cocktail Available
<b>SUNDAY (10:00-11:30)</b>	
*** SUNDAY - 11am - 2 pm ***	
• Roast Beef • Chicken Fried Steak	• Roast Pork • Baked Ham <b>\$5.95</b> Child's Portion <b>\$5.35</b>



Mr. and Mrs. Keil

Assisting at the reception were Barb Haase, Korri Maas, Doris Osten, Suzanne Metzger, Judy Vavra and Sheryl Tietz.

The cake, which was baked and decorated by the bride's mother, was served by Laura Sorensen and Nancy Pearson. Becky Keil served punch and Hazel Keil poured coffee.

After a trip to Norden, Neb., the couple is at home in Concord. The bride is employed at State National Bank & Trust Company in Wayne as a bank teller. The groom is employed by Albenesius Construction.

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# Faith

The Wayne



## Church Services

### Wayne

**CALVARY BIBLE EVANGELICAL FREE**  
502 Lincoln Street  
(Calvin Kroeker, pastor)  
Sunday: Sunday School, 9:30 a.m.; worship, 10:30; Junior High Youth (7th and 8th grade), Senior High Youth (9th to 12th grade), adult Bible study, 6 p.m.

**FAITH BAPTIST Independent - Fundamental**  
208 E. Fourth St.  
375-4358 or 355-2285  
(Pastor Ron Lamm)  
Sunday: Sunday school, 10 a.m.; worship, 11; evening worship, 6:30 p.m. Wednesday: Prayer and Bible study, 7:30 p.m.

**FIRST BAPTIST**  
400 Main St.  
www.firstbaptistwayne.org  
(Douglas Shelton, pastor)  
Sunday: Sunday school, 9:15 to 10:15 a.m.; Fellowship, 10:15 - 10:30; Worship service, 10:30 to 11:45. Wednesday: Choir Rehearsal, 6:30 to 7:30 p.m.; Bible study, 7:30 - 8:30 p.m.; Prayer time, 8:30 - 9 p.m.

**FIRST CHURCH OF CHRIST (Christian)**  
1110 East 7th St.  
(Troy Reynolds, minister)  
Sunday: Sunday school, 9:30 a.m.; worship, 10:30 a.m. Wednesday: Youth group at 312 Folk Street, 6:30 p.m. Thursday: Home Bible study at various homes, 7 p.m.

**FIRST PRESBYTERIAN**  
216 West 3rd St.  
(Craig Holstedt, pastor)  
Sunday: Worship with Communion, 9:45 a.m.; Fellowship hour, 10:45; Church school, 11; Youth group meets at Wakefield, 5 p.m. Wednesday: Presbyterian Women will have installation of officers, business meeting and Bible Study, 7 p.m. Thursday: Pastor's Lectionary Bible Study, 9 a.m.

**FIRST TRINITY LUTHERAN**  
Altona (9 miles south, 1 1/4 miles east of Wayne)  
Missouri Synod  
(Keith Kihne, pastor)  
Sunday: Sunday School, 9 a.m.; Worship Service with Communion, 10:15 a.m.; Life Chain in Wayne, 2:30 p.m. Wednesday:

Confirmation Class, 6:30 p.m.; Adult Bible Study, 8.

**FIRST UNITED METHODIST**  
6th & Main St.  
(Rev. Mary Tyler Browne, pastor)  
Sunday: Holy Communion. Early Worship, 8:15 a.m.; Morning Worship, 9:30; Sunday School, 10:45. Monday: Girl Scouts, 6:30 p.m. Tuesday: Brownies, 3:30 p.m.; Girl Scouts, 4. Wednesday: Personal Growth, 9 a.m.; Friends in Faith, 3:45 p.m.; Kings Kids, 3:45; Communion at Wayne Care Centre, 4; Bell Choir, 6; Education, 6:30; Confirmation, 6:30; Chancel Choir, 7; Mission and Social Witness, Trustees and Evangelism committees, 8; Worship, 8:15. Thursday: Girl Scouts, 6:30 p.m.

**GRACE LUTHERAN Missouri Synod**  
904 Logan  
grace@bloomnet.com  
(Jeffrey Anderson, pastor)  
Thursday: Stephen Ministry Training, 7 p.m. Sunday: Lutheran Hour, KTCH, 7:30 a.m.; Sunday School and Bible Classes, 9:15; Worship, 8 and 10:30; Organ recital, 4 p.m. Monday: Worship with Holy Communion, 6:45 p.m.; Elders, 7:30; Bell Choir, 7:45. Tuesday: Pastors' Conference, 9:30 a.m.; Sunday School meeting, 7 p.m.; Grace Outreach, 7:30; C.S.F. Bible Study, 9. Wednesday: Men's Bible Study, 6:30 a.m.; Living Way, 9; Junior Bell Choir, 6:15; Junior Choir, 6:30 p.m.; Midweek, 7; Senior Choir, 7.

**JEHOVAH'S WITNESSES**  
Kingdom Hall  
616 Grainland Rd.  
Sunday: Public meeting, 10 a.m.; Watchtower study, 10:50. Tuesday: Ministry school, 7:30 p.m. Thursday: Congregation book study, 7 p.m.

**OUR SAVIOR LUTHERAN**  
421 Pearl St. • 375-2899  
(Pastor Bill Koerber)  
(Pastor Paul Judson)  
www.bloomnet.com/oslc  
Saturday: Worship, 6 p.m. Sunday: Worship, 8 and 10:30 a.m.; Adult Forum, 9:15 a.m.; New Member Orientation, 11:45; Care Centre Worship, 2 p.m.; Worship, 7. Monday: Rachel Circle, 1:30 p.m.; Executive Council, 7. Tuesday: Bible Study at Tacos & More, 6:45 a.m.; Crossways Bible Study, 9:30 a.m. and 7:30 p.m.; Care Centre

Communion, 4 p.m.; Social Ministry Committee, 6:30; Bible Study at WelCoMe Loft, 7 p.m. Wednesday: Men's Bible Study, 6:45 a.m.; Staff meeting, 9 a.m.; Handbells, 6 p.m.; Youth Choir, 6; Confirmation, (4th, 8th and 9th) 6:30 Choir, 7; Christian Education Committee, 8. Thursday: Altar Guild, 9 a.m.; Women Who Love to Talk, at Geno's, 6 p.m.; WelCoMe House Hay Ride, 6:30.

**PRAISE ASSEMBLY OF GOD**  
1000 East 10th St. • 375-3430  
(Mark Steinbach, pastor)  
Saturday: Prayer meeting, 6 p.m. Sunday: Sunday School, 9 a.m.; Worship celebration, 10 a.m. and 6:30 p.m.; Nursery, pre-school and Elementary ministries available. Wednesday: Family night, 7 p.m.; nursery, newborn through 2 years; Rainbows, 3-5 years; Missionettes, girls, K-6th; Royal Rangers, boys, K-6th; Youth meeting, 7th - 12th; Adult Bible study.

**ST. MARY'S CATHOLIC**  
412 East 8th St.  
(Fr. James F. McCluskey, pastor)  
375-2000; fax: 375-5782  
E-mail: stmary@midlands.net  
Friday: No Mass. Saturday: Visiting Missionary Priest. Mass, 6 p.m. Confessions, one-half hour before Mass. Sunday: 26th Sunday in Ordinary Time. Visiting Missionary Priest. Mass, 8 and 10 a.m.; Confessions, one-half hour before Mass. Monday: No Mass; Knights of Columbus, Holy Family Hall, 7:30 p.m. Tuesday: No Mass. Wednesday: No Mass; No Religious Education classes, Teacher inservice. Thursday: No Mass, Mary's House, at church, 7 p.m.; RCIA class, rectory meeting room, 8. Additional Reconciliation times available by appointment.

### Allen

**FIRST LUTHERAN**  
(John Plowman, Interim pastor)  
Sunday: Worship with Sacrament of Holy Communion, 9 a.m.; Sunday School, 10.

**UNITED METHODIST**  
(Rev. Nancy Tomlinson, pastor)  
(Rev. Chuck Rager, pastor)  
(Rev. Bill Anderson, pastor)  
Sunday: Services at the new church building, 10:30 a.m.

### Carroll

**BETHANY PRESBYTERIAN**  
(Gail Axen, pastor)  
Sunday: Worship, 9 a.m.; Sunday School, 9.

**ST. PAUL LUTHERAN**  
(Rev. Keith Kihne, pastor)  
Sunday: Sunday Worship, 8:30 a.m.; Sunday School, 9:30.

**UNITED METHODIST CHURCH**  
Sunday: Sunday School, 9:45 a.m.; Worship, 11 a.m.

### Concord

**CONCORDIA LUTHERAN**  
(Norman Sulalca, Interim pastor)  
Sunday: Sunday School and Adult Study, 9:30 a.m.; Worship with Sacrament of Holy Communion, 10:30 a.m. Monday: Bible Study, 9:30 a.m.

**ST. PAUL LUTHERAN East of town**  
(Brian Handrich, pastor)  
Sunday: LWML Sunday. Worship, 8:30 a.m. Wednesday: Confirmation, 4 p.m.

**EVANGELICAL FREE**  
Sunday: Family Sunday School for all ages, 9:30 a.m.; Morning worship, 10:30; Youth Group, 7 p.m.; Home/Church Bible Studies, 7 p.m. Wednesday: AWANA and JV, 7 p.m.; Adult Bible Study/Prayer, 7:30.

### Dixon

**DIXON UNITED METHODIST**  
(Nancy Tomlinson, pastor)  
(Chuck Rager, pastor)  
(Bill Anderson, pastor)  
Sunday: Sunday Services, 9 a.m.; Sunday School, 10. Thursday: Bible Study offered every other Wednesday.

**ST. ANNE'S CATHOLIC**  
(Fr. Mark Tomaszewicz, pastor)  
Sunday: Mass, 10 a.m.; Life Chain in Wayne, 2:30 p.m. Tuesday: Mass, 8 a.m. Wednesday: PRE classes, 7 p.m.

### Hoskins

**PEACE UNITED CHURCH OF CHRIST**  
(Olin Belt, pastor)  
Sunday: Sunday School and Confirmation, 9:30 a.m.; Worship

with Communion, 10:30; Annual Hayrack ride and wiener roast, 6 p.m. Wednesday: Choir, 8 p.m. Thursday: Women will tie quilts at 9 a.m. at church; Dorcas group, 1:30 p.m.

**TRINITY EVANG. LUTHERAN**  
(Rodney Rixe, pastor)  
Sunday: Trinity Bible Hour, 9 a.m.; Worship, 10; Church Council meeting, 11. Tuesday: Rollerskating, 6:30 p.m.; Board of Christian Education, 8. Wednesday: No School, Teachers' Conference. Confirmation Class, 4:45 p.m. Thursday: No School, Teachers' Conference. Ladies Aid/LWMS, 1:30 p.m. Friday: No School, Teachers' Conference.

**ZION LUTHERAN**  
(Lynn Riege, pastor)  
Sunday: Sunday School, 9:15 a.m.; Worship Service, 10:30.

### Wakefield

**CHRISTIAN CHURCH 3rd & Johnson**  
(Glen Davis, pastor)  
Internet web site: <http://www.geocities.com/Heartland/Acres/1262>

Saturday: Men's breakfast and Bible Study, 8 a.m. Sunday: Christian Hour, KTCH, 8:45 a.m.; Prayer Warriors, 9; Sunday School, 9:30; Worship, 10:30. Tuesday: Women's Bible Study, 10 a.m. Wednesday: Peak of the Week, 6 p.m.; Bible Study, 7.

**EVANGELICAL COVENANT**  
802 Winter St.  
(Ross Erickson, pastor)  
Sunday: Sunday School, 9:30 a.m.; Worship, 10:45. Wednesday: Wakefield Ministerium, 10 a.m.; Confirmation, 4:30; Snak Shak, 6; Pioneer Club and Junior High and Prayer, 6:30; Bible Study, 7.

**IMMANUEL LUTHERAN**  
4 North, 3 East of Wayne  
(Brian Handrich, pastor)  
Sunday: LWML Sunday. Sunday School, 9:30 a.m.; Worship, 10:30; Youth group activity, 11:45. Tuesday: Bible Study, 7:30 p.m.

Wednesday: Confirmation class, 6 p.m.

**PRESBYTERIAN**  
216 West 3rd  
(Susan Banholzer, pastor)  
Sunday: Sunday School, 9:45 a.m.; Worship, 11 a.m. Thursday: Presbyterian Women, 2 p.m.

**ST. JOHN'S LUTHERAN West 7th & Maple**  
(Bruce Schut, pastor)  
Sunday: Christian Education, 9:15 a.m.; Worship, 10:30; Life Chain in Wayne, 2:30 p.m.; Camp Luther Association at Camp Luther, 4:30. Tuesday: Circuit Pastors at Immanuel Lutheran at Wakefield, 9:30 a.m.; Lighthouse Bible Study, 4 p.m.; LLL, 8. Wednesday: Ministerium at Salem Lutheran, 9 a.m.; Weekday classes, 6 p.m. Thursday: Council, 8 p.m. Friday: Ladies Aid, 2 p.m.; Choir, 8. Saturday: LWML Zone Rally at Hope Lutheran in South Sioux City, 9 a.m.

**SALEM LUTHERAN**  
411 Winter  
(Rick C. Danforth, pastor)  
Saturday: Worship with Holy Communion, 6:30 p.m. Sunday: Worship with Holy Communion, 8 a.m. Sunday School, 9; Worship, 10:30. Wednesday: Confirmation, 4:30 p.m. Thursday: WELCA circles meet, 2 p.m. Saturday: Worship, 6:30 p.m.

### Winside

**ST. PAUL'S LUTHERAN**  
218 Miner St.  
(Pastor Richard Tino)  
Sunday: Sunday School, 9 a.m.; Bible Class, 9:15; Worship, 10:30. Wednesday: Ladies' Aid, 1:30 p.m.

**TRINITY LUTHERAN**  
(PMA Glenn Kletzmann)  
Sunday: Sunday School, 10 a.m. Worship, 11.

**UNITED METHODIST**  
(Carol Jean Stapleton, pastor)  
Sunday: Hymn Sing, 10:45 a.m.; Worship, 11.

## Immanuel ladies hold September meeting

The Ladies Aid of Immanuel Lutheran Church of Wakefield met Sept. 2. Bernita Sherbahn joined eight members for the 2 p.m. meeting. Pastor Handrich led the Bible Study of Michael the Archangel. Hazel Hank read invitations to the Fall Rally on Oct. 7, Salem Lutheran WELCA's Guest Day on Sept. 28 and the Guest Day at First Trinity, Altona on Oct. 5. Berniece Rewinkel will write to the

two seminary students. The Aid will observe LWML Sunday on Oct. 1. A committee was appointed to serve the Circuit Pastors on Oct. 3. We observed the birthdays of Dorothy Meyer and Brenda Handrich and the anniversary of Donna and Lloyd Roeber. Hostesses were Hazel Hank and Alice Roeber. The next meeting has been scheduled for Thursday, Oct. 19.

## Life Chain planned

The fourth annual Life Chain will be held in Wayne on Sunday, Oct. 1 beginning at 2:30 p.m. Area residents are encouraged to be a part of the event by standing on the sidewalk near Seventh and Main Streets in Wayne, holding signs that say "Abortion Kills Children." Those taking part are asked to spend an hour in quiet

prayer for an end to abortion. The signs can be picked up by each individual, family or church representative shortly after 2 p.m. at the southwest corner of Seventh and Main at the D&N Phillips 66 station. Those unable to stand for an hour may bring lawn chairs.

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The Wayne Herald

# Faith



## Holy golfers

Bob and Marilyn Carhart, Dave and Sue Olson and other members of Our Savior Lutheran Church recently enjoyed a Sunday afternoon golf outing at the Wayne Country Club. The best team score of the afternoon was achieved by Tyler Anderson, Brad Erickson, Craig Olson and Ray Olson.

## Allen News

Missy Sullivan  
402-287-2998

### AUTUMN OUTING

On Saturday, Oct. 7, the Nebraska Tourism Office is providing a motorcoach day trip for the Lewis and Clark Autumn Outing Event. The fee is \$40 per person. The trip will leave from Jerry's Hilltop Café in Laurel at 8:30 a.m. and return by 6 p.m.

The trip includes stops at Spirit Mound and W.H. Over Museum in Vermillion, Sergeant Floyd Museum and Monument in Sioux City, lunch at Valentino's, Ponca State Park Overlook, Ionia Volcano and cemetery, the Wiseman Monument and Brookey Bottom in Wynot.

To be included on this trip, registrations were due by Sept. 29. Questions? - call Nebraska RC&D at 402-582-4866.

### COMMUNITY CLUB

The Allen Community Club met for dinner and meeting at the Village Inn on Sept. 18. The secretary and treasurer's reports were read and approved. There was no old business.

For new business, it was decided to have an entry for the September 30 Waldbaum Fiftieth Anniversary parade in Wakefield. The entry used in the past will be modified to have an egg-related theme. Plans were made to combine the Christmas lighting and beginning-of-Christmas fun night with the Music Department Carnival.

Mark your calendar for Nov. 26 for this family event. Meeting adjourned. Remember, Everyone is invited to the meetings.

The next one is October 16 at the Village Inn.

### SENIOR CITIZEN CENTER

Friday, Sept. 29: Hamburger steak, baked potato, tomato, and

pears.

Monday, Oct. 2: Baked Ham, sweet potato, green beans, applesauce, and pudding.

Tuesday, Oct. 3: Chicken, mashed potato & gravy, corn, fruit salad, and dessert bars.

Wednesday, Oct. 4: Roast pork, mashed potato/gravy, carrots & fruit.

Thursday, Oct. 5: Beef stew w/ taters & carrots, tossed salad, and bars.

Friday, Oct. 6: Fish, scalloped potatoes, tomato & ice cream cake.

\*\*Happy Birthday this week to:

Cliff Gotch (Oct. 3), Carol Werner (Oct. 5) and Happy Anniversary to Marilyn and Pauline Karlberg.

### COMMUNITY CALENDAR

Friday, Oct. 29: Senior Center has Norfolk Meeting - High School Band Marches at Emerson-Hubbard Parade 1 p.m. - Football @ Newcasttle 7:30 p.m. - Bus at 5:45 p.m.

Saturday, Oct. 30: Marching Band to Waldbaum Anniversary Parade

Monday, Oct. 2: JV FB @ Wausa 7 p.m. - JHVB here vs. Ponca 3 p.m.

Line dancing @ Senior Center  
Tuesday, Oct. 3: Allen VB Triangular. Fire & Rescue meets - Somerset meets

Wednesday, Oct. 4: Ladies meet for cards

Thursday, Oct. 5: Parent-Teacher Conferences 2-8:30 p.m. - Senior Center council meeting

Friday, Oct. 6: FB here vs. Wausa 7 p.m. - Music Booster's Soup Supper - Senior Center Birthday Party

### A.C.E. MEETING

A.C.E. is having a meeting on Monday, October 2nd @ 7:00 pm. The meeting will be taking place at the school. We would love to have new members with ideas and/or suggestions.

## Asthma Clinic scheduled

Faith Regional Health Services will be sponsoring a FREE asthma clinic for children with asthma, ages 5 to 18, families and caregivers of an asthmatic child of any age. The event is scheduled for Saturday, Sept. 30 at the Faith Regional West Campus, Nebraska Room, 2700 Norfolk Ave.

Participants will enjoy a morning of fun activities for the kids, family interaction, educational videos, free materials and an informative discussion panel by health professionals.

Discussion topics include triggers of asthma, asthma medications, home environment modification, prevention, peak flow meter monitoring, inhaler usage and knowing when to go to the emergency room. There will also be a tour of the LifeNet Air Ambulance Service, pending availability.

The asthma awareness clinic is coordinated through the cardiopulmonary department at Faith Regional Health Services.

To register or for more information, call 402-644-7517.

## Lutheran Family Services offers:

- Professional counseling for individuals, children and adolescents, couples & families.
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\* Gayle Catinella, LCSW, LMHP  
\* Kathy Mohlfeld, LCSW, LMHP

Lutheran Family Services  
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## Senior Center Calendar

Monday, Oct. 2: Shape Up, 10:30 a.m.; Cards and dominoes, 1 p.m.; Pool, 1.

Tuesday, Oct. 3: Bowling, Scrabble, quilting and cards, 1 p.m.

Wednesday, Oct. 4: Indoor walking, 11 a.m.; Music with Ray Peterson.

Thursday, Oct. 5: Women's Pool, 1 p.m.; Cards and quilting, 1; Music

with Pat Cook.

Friday, Oct. 6: Shape Up, 10:30 a.m.; Pool and Bingo, 1 p.m.; Cards and quilting, 2 p.m.

## School Lunches

WAYNE (Oct. 2 - 6)

Monday: Ham & cheese, baked beans, pears, cookie.

Tuesday: Taco OR taco salad, green beans, pineapple, cornbread.

Wednesday: Hot dog OR brauts, sauerkraut, potato wedges, Black Forest cake.

Thursday: Macaroni & cheese, smokes, broccoli, applesauce, cinnamon roll  
Friday: Chicken nuggets, mashed potatoes, dinner roll, peaches, cookie.

Milk served with each meal.

Also available daily: chef's salad, roll or crackers, fruit or juice, dessert

WINSIDE (Oct. 2 - 6)

Monday: Chicken and noodles, peas, pineapple tidbits, dolphin crackers, roll & margarine.

Tuesday: Mexiburgers, French fries, pickle spear, apricots, Reeses bar.

Wednesday: Steak parmesan with spaghetti, broccoli with cheese, apple wedges, roll & margarine.

Thursday: Pepperoni wraps, lettuce, applesauce, blueberry muffins.

Friday: Hamburger helper cheese-burger, corn, peaches, roll & margarine.

Milk served with each meal

Grades 6-12 have choice of salad bar daily.



Mr. and Mrs. Meier

## Meiers to be honored

A card shower is being requested for Eugene and Helen Meier in honor of their 50th wedding anniversary, which is Oct. 1, 2000. Eugene Meier and Helen Schleusener were married Oct. 1, 1950 at St. Mark's Lutheran Church in Pender.

Cards may be sent to the couple at 58340 860 Road, Wakefield, Neb. 68784-5106.

## Senior Center Congregate Meal Menu

(Week of Oct. 2 - 6)

Meals served daily at noon

For reservations, call 375-1460

Each meal served with bread 2% milk and coffee

Monday: Beef tips over rice, baby carrots, Top Hat salad, gingersnaps.

Tuesday: Cod nuggets, scalloped potatoes, tomatoes, 7-layer salad, baked apple.

Wednesday: Pork cutlets, oven browned potatoes, broccoli, custard, bread.

Thursday: Oven fried chicken, whipped potatoes & gravy, green beans, beet pickle, pears.

Friday: Meatloaf, baked potato, peas & carrots, Pink Bavarian salad, chocolate chip bar.

## Dorcey promoted

Sandi Dorcey has been promoted to Director of Risk and Benefit management at Doctors Community Healthcare Corporation (DCHC), in Scottsdale, Ariz. Her new responsibilities include managing corporate, insurance and employee benefits.

After moving to Arizona from Wayne one year ago to join DCHC as Human Resources Manager, Dorcey developed and implemented Human Resources Policies and Procedures as well as hiring practices and employee benefits.

Prior to moving to Arizona, Dorcey taught business classes at Wayne State College where she received Bachelor's degrees in Business Administration and Education and a Master of Science degree. She also coordinated the School-to-Work Program at Wayne High school.



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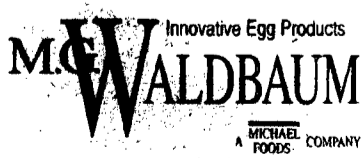
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# Wakefield News

Mrs. Walter Hale  
402-287-2728

## IMMUNIZATION CLINICS

Goldenrod Hills Community Services began holding regular monthly immunization clinics in Wakefield on the fourth Tuesday of each month.

The immunization clinic is open to the public with no income guidelines. Goldenrod Hills asks that the child be accompanied by a parent or guardian and the past immunization records be brought. A \$10 administration fee per child is requested to help defray the costs of the clinic. No one will be denied immunizations for inability to pay.

## FALL FASHION SHOW

The Little Red Hen Theatre is planning their annual fashion show for Sunday, Nov. 5 at the Gardner Senior Center in Wakefield. The theme will be "Fall Tea Fashions" and will feature a number of local retailers highlighting their clothing lines; a luncheon will also be served. The 12:30 show will offer seating in the Conservatory and in the Haskell

House proper. Seating is limited.

Funds raised support youth theatre in this area. YAA (Young Actors Association) activities such as Act 1 tour 2000; Macbeth rely on these funds. August's tour traveled to Allen, and elementary schools in Laurel and Wakefield.

This funding also lends support to the fall performances of the Nebraska Theatre Caravan. High school students from Allen, Pender and Wayne are invited to attend the secondary production of NTC's visit to Wakefield. All area students and adults are invited to attend the Caravan's musical production, TINY TYPES, scheduled for 7:30 p.m. on Sunday, Oct. 8.

Monies spent on theatre and fine arts for youth and adults are small but reap large benefits. Support area youth fine arts activities through supporting the Little Red Hen Theatre's "Fall Tea Fashions."

For more information call Little Red Hen's Theatre, 287-2818.

## COMMUNITY CLUB MEETING

Thirty-seven people attended the

September coffee meeting of the Wakefield Community Club at the Senior center. First report came from Mark Demke on the playground project. Richard Lichlyter-Klein said information is still needed for the web page;

Members volunteered to take tickets at the Sept. 22 football game. Christmas promotion will be organized by the Wakefield Advance Committee. The Legion Hall has been reserved for Dec. 16 for a soup supper by the Lions Club and other Christmas activities. It was announced there is a need for five more wreaths for the Care Center. Motion was made and accepted to purchase them.

Waldbaum's upcoming celebration was discussed. It was decided to purchase pencils honoring the company and hand them out during the parade.

President Val Bard said more welcome baskets are needed and urged businesses to give materials to her right away. She stated that she needs to give out five baskets ASAP.

Bill Helmann gave the report for the school stating bids had been let for the new community/school recreation center. Look for completion around Sept. 2001. New sidewalk has been poured along playground area.

Terry Hoffman told club members the renovation of the care center rooms to assisted living units is going well. He reminded everyone of the care center's upcoming annual meeting on Sept. 28; looking for candidates for the Wakefield Health Care Center Board.

Hoffman also reported for the Lions Club. Highway pick up will be Oct. 7; will have float in parade; will host soup supper for Christmas promotion.

The Wakefield Child Development Center will be hosting monthly immunization clinics beginning Sept. 26, according to Director Erelene Stubbs. The Resource Center is planning a series of Open Houses in October and hope to start at Capital Campaign in November for a new building.

Pastor Bruce Schut, representing the ministerium, stated they are looking at the possibility of doing a progressive story on the Life of Christ; also looking at a Fifth Quarter event.

Eugene Swanson, a member of Library Board, shared plans of the proposed new community library building.

The Gardner Senior Center received an excellent report from the inspector, according to Director Becky Kruger. She also highlighted the September event calendar.

Val Bard shared upcoming events sponsored by the Little Red Hen Theatre which includes auditions for Christmas Cactus: Style Show on Nov. 5 with a tea party theme; Nebraska Theatre Caravan here Oct. 8 and 9. Stop includes workshop and three performances all open to the public.

Larry Soderberg, reporting for the Wakefield Firefighters and Rescue Squad, said the annual Hunters and Community Breakfast will be held Oct. 29. A raffle will be included

with prizes of a shotgun, television and \$100 Wakefield Dollars. Some of the proceeds will be used to restore an old fire truck.

City Administrator Dan Zuikosky reported on the City Budget Hearing; announced City Wide Clean up on Oct. 14; stated Channel 23 should be operational soon; Huntel Cable service is completing fiber optic lines; flood levee construction on schedule; reviewing plans for new restrooms at the park, possibly with showers.

New business discussed included Pancake Feed on Election Day, Nov. 7. Committee includes Bill Helmann and Ron Wenstrand.

Resource Center working on getting commodities in Wakefield for those who qualify. If arrangements can be made, the committee will have to be picked up in Wisner.

Doug Cunningham will host the October meeting. There will be a ribbon cutting at Benscoter Plumbing.

## OPEN HOUSE FOR 80TH BIRTHDAY

The children of Everett Van Cleave, formerly of Wakefield will host an Open House in honor of his 80th birthday on Saturday, Oct. 7. The event will be held at Salem Lutheran Church in Wakefield from 2-4 p.m.

The only gifts requested are memorial stories about Everett that his family may put in a notebook to share with family and friends. Please mail stories by Sept. 30 to Carol Sharpnack, 86315 583 Ave., Wakefield, NE 68784.

Your presence at the Open House would be an extra special gift. If you are unable to attend and would like to send a card, Everett's mailing address is 2812 S. 38th Ave., Omaha, NE 68105. His birthday is Oct. 9.

## BARNS OF WAYNE COUNTY

For the third year, the art class at the Wakefield School has embarked on a project to preserve history in the area. Under the direction of instructor Kirby Mousel, the students have been sketching buildings and creating a calendar.

The 2001 calendar features the round barn in the sketch which the Wakefield Heritage Organization plans to restore and preserve. All of the barns in the latest calendar are located in Wayne County.

Each drawing is accompanied by a brief history of the barn and the type of architectural features of the building.

Other barns featured include the Dale Hansen's; the Mark Klein's; Grubb Barn; Greve Barn; Don

See WAKEFIELD, Page 5B

# M.G.W. WALDBAUM

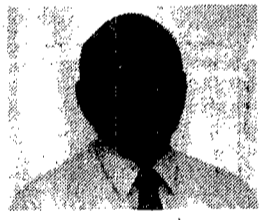
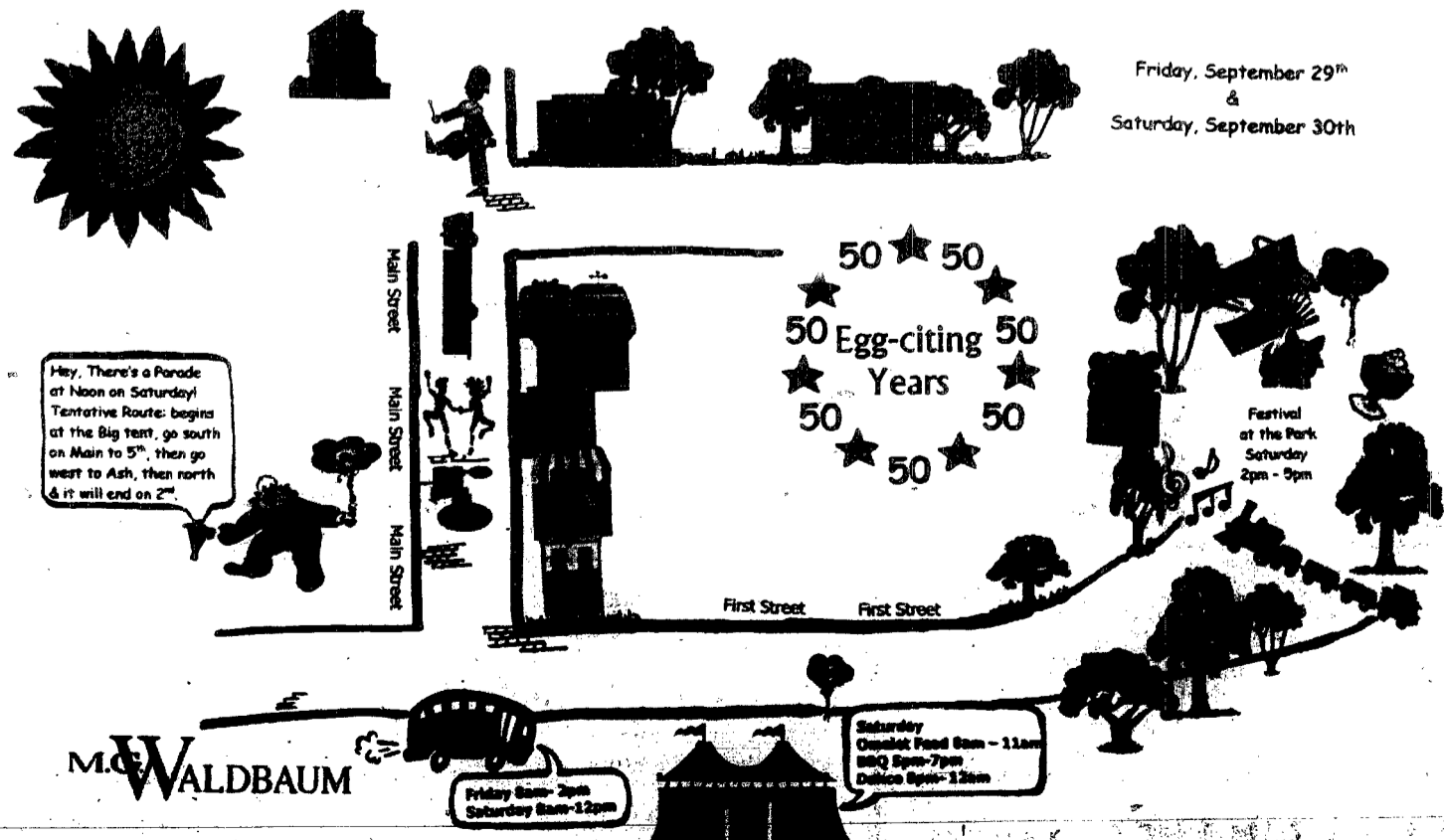
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# Wakefield

(continued from page 4B)

Larsen's, PH Ranch Barn; Kaufman Family Barn; The Krueger Barn; Blaine Nelson Family Barn; Bodlak Barn and Terry Meyer's Barn.

Artists include Thao Tran, Richie Dutton, Carl Nolte, Erin Boeckenhauer, Lori Fendrick, Nick Larson, Jennifer Victor, Jesse Kaufman, Sarah Addink, Michelle McQuistan, Jessica Moody and Elizabeth Martinez.

The calendars are currently available for purchase for \$5 each from Mr. Mousel at the school or at The Republican Office.

## ATTENDS AG LENDING SCHOOL

Mark Demko, assistant vice-president at Nebraska State Bank at Wakefield recently attended an agricultural lending school at Manhattan, Kan.

During the week-long school in August, participants learned agricultural lending concepts and practices to enhance their effectiveness as loan officers. Participating in this intensive course assists banking personnel to develop skills which allow them to better serve customers multiple financial needs.

## COMPUTER NETWORK PROBLEMS

Wakefield Community School is experiencing difficulties with its computer network, according to Principal Bill Heimann.

"Necessary changes were made to upgrade teacher and student accounts at the school," Heimann said. "However, this has caused all home internet accounts to become inactive. We are working to resolve these issues, and apologize for any inconvenience this may cause. Our priorities are to first resolve all computer issues for teachers and students, then we will work to reestablish home internet accounts."

"If you have a student who needs access to the Internet to compete school work, please contact the school and we will make accommodations for the student to use on site resources," Heimann said and added, "Thank you for your continued patience."

## HOLE-IN-ONE

John Torczon of Wakefield is the latest person to card a hole-in-one at the Logan Valley Golf Course. John accomplished the feat while participating in the Club Tournament recently.

After the ace on hole three, Torczon said it didn't help his score as on the very next hole he got trapped in the sand and took an eight.

Witnessing the ace, according to John, were Sid "Old Steady" Preston, Long A.G. (Austin) Lueth, and Jeff "The Eyes" Keagle.

## MEMBER OF COLLEGE GOLF TEAM

Amber Johnson is a member of the York College of York golf team. Recently, the squad took part in invitational meets at Wayne State College and College of St. Mary's at Papillion. York finished fourth with a 382 in the eight-team field at Wayne Country Club.

Amber, a freshman and daughter of A.J. and Diane Johnson of Wakefield, shot a 95 good for 14th place in the individual standings.

York was led by Sophomore April Johnson of Ambridge with a 92 and a 10th place individual finish.

Amber shot a 96 in the St. Mary's event and the team was fifth with a 385.

The Lady Panthers' fourth place at Wayne was their best showing of the season, according to Coach Frank Chapman.

## BOARD OF EDUCATION

The Wakefield Board of Education held a special meeting on Sept. 11 in the boardroom for the purpose of hearing support, opposition, criticism, suggestions or observations of taxpayers to the proposed budget and to consider amendments relative thereto.

The regular meeting commenced at 8 p.m. Visitors were Kathy Muller, Kathy Johnson, Jan Johnson, Dan Zulkosky and Doug Moser. Joining the group later were Iris Borg, John Torczon and Paul Eaton.

Kathy Johnson, Jan Johnson, and Kathy Muller informed the board of the number of students in the classes they teach. They also spoke of leveling, assessments, activities and concerns.

Iris Borg teaches upper level math. There are 30 + students in Algebra II and 39 in Algebra. She also teaches Calculus and Integrated.

John Torczon reported that the lockers have been installed in the locker room. He also reported on coaching needs.

Paul Eaton is working to make the playground handicap accessible. He is planning to paint a United States

map and other activities on the cement. He also proposed additional equipment to be purchased for the school and park.

Principals report: Widner stated that the first week of school was spent doing student assessments. Leveling is in progress and letters will be sent to the parents to tell which reading and math teacher their child will have.

This semester there will be two student teachers. Monica Holdorf will be in Mrs. Schultz's third grade and Alicia Jensen will be in Mrs. Johnson's fourth grade. In addition there will be nine field experience students working in the classrooms.

Heimann and Widner attended a meeting at Wayne State College on Sept. 20 for the Northeast Teacher Academy which gave more information about using WSC students as substitute teachers. There are strict guideline students must meet before being eligible and a support structure established at Wakefield Community School.

Two student teachers will be working with secondary students this semester. Lisa Archuletta is working with Mr. Eaton, and Jana Litz's cooperating teacher is Mrs. Mitchell.

Lastly, Heimann told Nebraska Department of Education requirements pertaining to assessment of State standards for K-12 Language Arts. Several teachers have attained four days of Language Arts Assessment workshop.

Superintendent's report: Moody advised the board of the meeting Sept. 19 to open bids for the heating and ventilation project. A meeting will then be scheduled to approve a bid. He then reminded the board members that they have been registered for the School Board Association meeting in Norfolk Sept. 28.

There will be a tri-state meeting for superintendents, Sept. 28. Northeast Nebraska Superintendents will meet Oct. 4 in Wayne.

Moody favorably commented on the combined media center and the sixth grade eating lunch with the high school. Both Moody and Heimann received numerous positive comments concerning the decision to dismiss school early for the month of August.

Old business: Moody updated the board on facility needs and introduced Doug Moser of Rade Construction in Hartington.

New business: Moser and the board discussed plans and starting and completion dates for the community/school recreation center.

They voted to accept the low bid of Rade Construction Company Inc. with a base bid of \$1,128,000 plus Alternate 1: Fitness Area Expansion, \$19,900; plus alternate 2: storage/office expansion, \$8,100; plus Alternate 3: Gymnasium Bleachers, \$21,700 for a total amount of \$1,178,500.

They voted to pay Logan Valley Golf Course a fee of \$500 for boy's golf and \$500 for girl's golf, per school year, with the school keeping all the revenue from entry fees which will include one boy's tournament and one girl's tournament.

They voted that all funds of school District 05660 be adopted as amended.

They voted to donate \$5,000 to the Wakefield Community Foundation playground project.

Moody presented the superintendent's goals for the 2000-'01 school year; 1. To streamline the board meetings 2. to get a safety committee in place along with board policy and safety plan that can meet the state's mandate. 3. to address staff relationships by making himself

more accessible. 4. to improve public relations by starting a parent advisory group and holding regularly scheduled meetings.

They approved to hire Jerry Sharpe as a temporary substitute teacher. They approved Patrick Henderson as a volunteer junior high football coach. They voted to employ Steve Kline as a girl's assistant for high school basketball contingent upon participation numbers.

## HOUSE GUESTS

Jerry and Sally Graves of Tucson, Ariz., were house guests in the Walter and Dorothy Hale home Sept. 18-20.

They are former Wakefield residents.

# Admissions counselor visits area schools

Debi Dawe, Wayne State College admissions counselor, visited about why students choose Wayne State College to continue their education.

Dawe visited Ponca High School at and Allen High School on Sept. 27. She also visited Emerson-Hubbard High School on Sept. 28.

"Students and their parents find our costs very affordable," Dawe said. "Wayne State is a great place

## COMMUNITY CALENDAR

Monday, Oct. 2: Little Red Hen Theatre Brood meeting, 4 p.m.; fire-fighters meeting, 7 p.m.; Wakefield Rescue meeting, 8 p.m.; PEO, 7:45 p.m.

Tuesday, Oct. 3: Eastern Star, 7:30 p.m.

Wednesday, Oct. 4: Hospital Auxiliary executive, 2 p.m.

Thursday, Oct. 5: Corinthian Lodge #83 & AM, 8 p.m.

## SCHOOL CALENDAR

Thursday, Sept. 28: Junior varsity girls golf at Pender Tournament

Friday, Sept. 29: football, Laurel, there

Saturday, Sept. 30: girls golf at Oakland-Craig tournament volleyball, Wayne, tournament

for students to go to school for a quality education at an affordable cost," she noted.

"Dawe added that once a student sees the quality of the education they will receive, the faculty who work closely with students in and outside of the classroom, and the very affordable cost, they choose Wayne State for their college experience."

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**YARD & SHOP:** Ford 7' sickle mower, 3 point bale fork, 28' triple axle trailer with front jack/trailer winch, Winpower generator, Country General 3-point post hole digger with 2 bits - 12" standard and 6" HD single, pickup box, work bench, wooden shelves, metal shelves, wooden table, extension cords, multiple plug boxes, shop vacuum, ski rope, flower wire baskets, garden hose rack, potato onion bin, 4hp. Magnaforce air compressor, 10' single axle trailer, John Deere 524 garden tiller, Dynamark 12 hp. riding lawnmower with 43" cut, International Cub Cadet 682 garden tractor with 48" cut, Murray push mower, McCulloch weedeater, vac wagon, bench vise, Arc welder, bench grinder, barbwire, lawn aerator, tall metal patio table with 4 tall chairs and umbrella, 2 picnic tables, several wood patio chairs, 2 gas Weber grills, charcoal grill, smoker, basketball hoops and back boards, portable deck fireplace, electric pepsi pop cooler, dog house, railroad ties, fertilizer spreader, garden tools, flower and vegetable seeds, potting soil, plant flats, fishing poles, fishing table, miscellaneous fishing supplies, ice fishing box, ice auger, propane bottles, lanterns, fire extinguishers, flower pots, dehumidifier, window fan, bear trap, toboggan, wagons, tent, buckets, small propane grill, metal safe, golf clubs, kerosene heaters, bicycles, mini-bike, fencing equipment, garden hoses, aquarium, post-hole diggers, post driver, lawn chairs, pressure washer, boat ladder and anchor, hubcaps, rabbit cage, cattle branding equipment, castrator, calf puller, calving supplies, calf bottles, dollie cart, weedeater, tank heaters, minnow bucket, fire extinguishers, tarps, fuel barrels, wrenches, hand held torch, surveying flags, 14 rolls barbwire, oil, drills, bench grinder, socket sets, hand saw, McCulloch chainsaw, jack stands, jack, electric fence, battery charger, circular saw, nails, screws, wood trim, Husker air compressor, level, laritams, horse bridles, garden tools, shovels, forks, ratchet tie downs, life jackets, tractor belts, post hold diggers, sprayers, life jackets, fishing net.

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# Winside News

Dianne Jaeger  
402-286-4504

## NO NAME

Bob and Lynne Wacker hosted the Sept. 16, No Name Kard Klub with 10 members present. Thirteen point pitch was played with prizes going to Ernie and Dianne Jaeger and Mike and LeNell Schwedhelm.

The next meeting will be Saturday, Oct. 28 at the Mike and LeNell Schwedhelm's for a costume Halloween party.

## BIRTHDAY CLUB

Dorothy Jacobsen hosted the Birthday Club on Sept. 12 with nine members present in honor of the birthday of Marilyn Morse. Cards were played for fun with prizes going to Bonnie Frevert, Marilyn Morse, and Esther Carlson.

## CENTER CIRCLE

Dianne Jaeger hosted the Sept. 21 Center Circle Club with 10 members and one guest, Ruth Carstens. Roll call was "What is your latest hobby or collection?"

New club books were distributed and dues collected. Shirley Bowers gave the treasurers report from July through September. Betty Andersen read the secretary reports from May June and July.

A new committee for scrap booking was selected. They will be Rose Ann Janke, Claire Brogren, and Helen Holtgrew. Audrey Quinn thanked Rose, Dianne, and Janice for making the club books in her absence.

The birthday song was sung for Rose Janke, Betty Andersen, Claire Brogren, Shirley Bowers, and Audrey Quinn. Rose and Claire received gifts.

Racko was played for fun with prizes going to Irene Fork, Helen Holtgrew and everyone received a treat.

The next meeting will be Oct. 19 at Rose Janke's home at 2 p.m.

## JOLLY COUPLES

Emma Willers hosted the Sept. 21 Jolly Couples Club with Lena Miller as a guest. Prizes went to Norma Janke, Don Wacker, and Lena Miller.

The next meeting will be Oct. 19 at Clarence Pfeiffer's.

## 60TH ANNIVERSARY

Alvin and Hilda Bargstadt of Winside celebrated their 60th wedding anniversary on Sept. 16 with a family gathering at DJ Brothers Steakhouse in Norfolk. There were around 30 family members present including their three children and their spouses, Roger and Carol Bargstadt and Bob and Deb Gustafson, all of Omaha, and Randall and Connie Bargstadt of



Homecoming activities were held in Winside last week with royalty crowned Friday night. Shown are all of the candidates for king and queen.

Winside. Six of their seven grandchildren and their families were present as well as eight of their 10 great-grandchildren.

A special cake was baked and decorated by the Summer Kitchen Restaurant of Omaha. Alvin and Hilda Herbolzheimer were married on Sept. 15, 1940 at St. John's Lutheran Church in Pierce. The have lived in the Winside area most of their married life.

## SENIORS

Fourteen Winside area Senior Citizens met on Sept. 18 for a County Fair Day party. Members showed paintings, crocheting, antiques and other items. Several guessing games were played as well as cards.

The next meeting will be Monday, Oct. 2 at noon for a pot luck dinner at the Legion.

## NEIGHBORING CIRCLE

Helen Muehlmeier hosted the Sept. 14 Neighboring Circle Club with all members and one guest, Sheryl Doring. Loretta Voss called the meeting to order and the group sang "America The Beautiful." Roll call was "What you did for the summer?"

Regular business was held before the meeting enclosed with the club song and the Lord's Prayer. Ten point pitch was played with prizes going to Evelyn Jaeger, LaVila Voss, Dee Deck and Sheryl Doring.

The next meeting will be Oct. 12 at Gene Rohlf's home at 1:30 p.m.

## CREATIVE CRAFTERS

Eight members of the Creative Crafters Club met on Sept. 20 at the home of Pat Janke. Angel neckties were made.

The next meeting will be Tuesday, Oct. 10 at Pat Janke's with Claire Brogren as hostess. Cloth pumpkins will be made and members should bring 1/4 yard of fall or Halloween material, yarn and other fall decorations or call Mary or Jane for more details.

## BIKE WINNERS

Six lucky individuals recently received a new Huffy 10 speed bike at Oberle's Market in Winside as winners in the American Dairy Association drawing and promotion of Roberts Dairy Products.

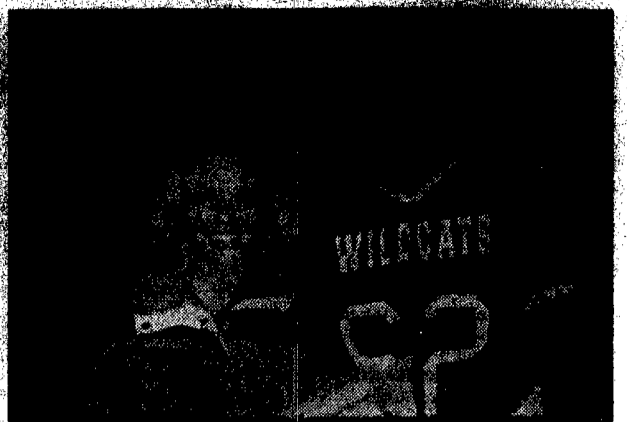
Dwight Oberle, owner of Oberle's Market sated "each grocery could give away up to eight bikes depending on the amount of advertising they could do. Because we only advertise every two weeks we qualified for six." Winners were Dennis Van Houten, Deserah Janke, Erin Gray, JoAnn Field, Hope Voss, all of Winside, and Andrew Mohr of Carroll.

## HOMECOMING

Winside held Homecoming activities all week long in anticipation of the Friday evening football game and crowning of the royalty. Candidates for the Senior crowning were Jennifer Cleveland, Heather Rabe, Jessica Wade, Laurie Deck, Scott Marotz, Eric Vanosdal, Jim Kuester, and Michael Deck.

Monday was "come as you are day" and winner was Samantha Deck; Tuesday was "camouflage" day and winner was Dan Morris; Wednesday was 60s day with Kassius Leaks as winner; Thursday was "switch day" with Josh Stubbs, winner, and Friday was "Red and White Day" with all of the students as winners. The best hall decorations went to the Senior Class.

Homecoming Royalty included: attendants, Freshman, Amy



## Royalty crowned

Scott Marotz and Heather Rabe were crowned king and queen Friday night during Winside's homecoming.

## SCHOOL CALENDAR

Monday, Oct. 2: 7-8 VB, 2:45; 7-8 FB, 4 p.m., JV FB, 6 p.m. all at Wakefield.  
Thursday, Oct. 5: VB at Wynot, 6 p.m.

Friday, Oct. 6: FB with Laurel, 7 p.m.; Cross Country at Bloomfield, 3:30 p.m.

Saturday, Oct. 7: Harvest of Harmony, Band at Grand Island; VB, Winside, 7-8 Tourney, 9 a.m.

## COMMUNITY CALENDAR

Friday, Sept. 29: Open AA meeting, firehall, 8 p.m.

Saturday, Sept. 30: Public Library, 9-12 and 1-3 p.m.

Monday, Oct. 2: Senior Citizens, noon, pot luck dinner, Legion; Public Library, 1:30-6:30 p.m.; Library Board, 7 p.m., Village board, 7 p.m.

Tuesday, Oct. 3: American Legion, 8 p.m.

Wednesday, Oct. 4: Public Library, 1:30-6:30 p.m.



## Lucky winners

Some of the bike winners of the promotion and drawing of the American Dairy Association of Roberts Dairy products include, left to right, Deserah Janke, Dwight Oberle, JoAnn Field, Hope Voss, and Andrew Mohr.

## Hoskins News

Hildegarde Fenske  
402-565-4577

### SENIOR CITIZENS MEET

Hoskins Senior Citizens met at the Community Center on Sept. 19. Prizes at cards were won by Nona Wittler, Shirley Mann and Elsie Hinzman. Ramona Puls and Betty Andersen served ice cream for their birthdays.

The next get-together will be on Oct. 3.

### GARDEN CLUB ANNUAL PICNIC

The Hoskins Garden Club met at the Community center on Sept. 21 for their annual picnic. Eight members were present and the following guests: Katie Fletcher, Ramona Puls, Julius Rechtermann, and Bill Fenske.

President Esther Rechtermann furnished a decorated cake and ice cream for dessert in honor of two members who celebrated their 90th birthdays this year: Nona Wittler (on Feb. 18) and Frieda Meierhenry (on Aug. 17). The birthday song was sung for Shirley Mann and Rose Puls who had September birthdays. Bingo was played after the dinner. The next meeting will be on Oct. 26



Frieda Meierhenry, left, and Nona Wittler, right, at the Hoskins Garden Club annual picnic, with the special cake honoring their 90th birthdays in 2000.

at the Fenske home.

### COMMUNITY CALENDAR

Tuesday, Oct. 3: Senior Citizens

meet at the Community Center, 1:30 p.m.

Thursday, Oct. 5: Trinity Ladies Aid/LWMS meets at the Community Center

Thursday, Oct. 5: Zion Ladies Aid and LWML meet, 9-9:30 a.m.; Dorcas Society of Peace United Church of Christ meets to the quilts, regular meeting begins at 1:30 p.m.

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# Harold Agriculture

## Every church should have a nurse these days

Your church is served by a minister, a youth pastor, a director of Christian education, a music director. But is there a nurse on staff?

I first heard of parish nursing sometime in the 80s, when Keith Sehnert, the wellness guru, mentioned a partnership in Minneapolis with hospital, college, and church. It sounded intriguing to me.

Granger Westberg, the pastor who had already done so much work in the area of dealing with grief, developed the concept in Illinois. It fits perfectly with the wholistic health model of body, mind, spirit.

Some congregations have a health ministry council. This council may hire a parish nurse. Others, usually smaller, simply have a nurse member who volunteers a few hours every week.

She takes blood pressures on Sunday mornings. She may help with visitation, or bereavement. Some teach CPR. He or she is a referral source. Classes on death and dying, on parenting, or caregiving are offered. Each is done with the spiritual component.

The apostle Luke was a physician. Jesus was concerned about physical health as well as spiritual. Much of the early work in health care was done by churches. As one speaker put it, "we are the OHO, original health organization!"

It sounded like a job made to order for yours truly. Trouble was, my church could not afford me. And I was busy with hospice, and a bed and breakfast.

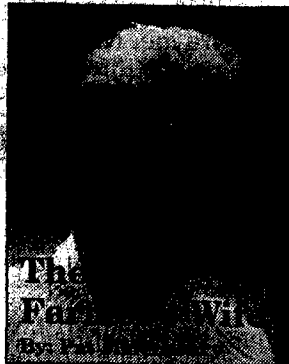
Finally, this spring, with retirement is sight, I actually took the class. What a wonderful experience.

Last Friday, I attended a statewide conference on health ministry in Grand Island. There were 150 participants: nurses, social workers, counselors, clergy, one doctor, and a large delegation of folks from the state department of health.

We heard a speaker from the CDC in Atlanta, and an African American preacher from Cincinnati. We networked; oh, did we network. I kept running into folks from my past.

I learned that the Grand Island area has had an active group of

parish nurses for 10 years. They meet monthly, and have accomplished many great things. I am now an official volunteer



parish nurse at my church. But, more than that, I'm recruiting. Every church in Nebraska should have access to one. It's the greatest resource available. Keep your ears open. There will be a class in Norfolk soon. Guess what, September was Parish Nurse month.

## LIVESTOCK MARKET REPORT

The Norfolk Livestock Market fat cattle sale was held on Friday with a run of 863 head sold. Prices were \$1 to \$1.50 higher on steers and heifers and steady on cows and bulls.

Strictly choice fed steers were \$65 to \$66.20. Good and choice steers were \$64 to \$65. Medium and good steers were \$63 to \$64. Standard steers were \$55 to \$61. Strictly choice fed heifers were \$65 to \$66. Good and choice heifers \$64 to \$65. Medium and good heifers were \$63 to \$64. Standard heifers were \$55 to \$61. Beef cows were \$38 to \$44 and utility cows were \$38 to \$44. Cannons and cutters were \$34 to \$38 and bologna bulls were \$45 to \$50.

Stocker and Feeder sale was held Thursday. The market was steady.

Good and choice steer calves were \$95 to \$115. Choice and prime lightweight calves were \$95 to \$125. Good and choice yearling steers were \$75 to \$88. Choice and prime lightweight yearling steers were \$90 to \$100. Good and choice heifer calves were \$90 to \$100. Choice and prime lightweight heifer calves were \$95 to \$115. Good and



choice yearling heifers were \$75 to \$85.

The fed cattle sale at the Norfolk Livestock Market was held on Tuesday with 34 head sold. The market was untested.

Good and choice steers, \$63 to \$66. Good and choice heifers, \$63 to \$66. Medium and good steers and heifers, \$61 to \$63. Standard, \$57 to \$61. Good cows, \$38 to \$43.

Prices for dairy cattle at the Norfolk Livestock Market on Wednesday were steady. There were 33 head sold.

Top quality fresh and springing heifers were \$1,000 to \$1,350. Medium quality fresh and springing heifers were \$750 to \$1,000. Common heifers and older cows were \$500 to \$750; 300 to 500 lb. heifers were \$300 to \$475; 500 to 700 lb. heifers were \$475 to \$700. Good baby calves — crossbred calves, \$125 to \$200 and holstein calves, \$80 to \$125.

Feeder pigs sold at the Norfolk Livestock Market on Monday. The market was steady on the 423 head sold.

20 to 30 lbs., \$16 to \$30; steady; 30 to 40 lbs., \$22 to \$40; steady; 40 to 50 lbs., \$33 to \$44; steady; 50 to 60 lbs., \$38 to \$45; steady; 60 to 70 lbs., \$40 to \$48; steady; 70 to 80 lbs., \$42 to \$52; steady; 80 lbs. and up, \$48 to \$60; steady.

The sheep sale was held at the Norfolk Livestock Market Monday with 393 head sold. The market was steady on all classes.

Fat lambs: 110 to 150 lbs., \$67 to \$70 cwt.

Feeder lambs: 40 to 60 lbs., \$70 to \$95 cwt.; 60 to 100 lbs., \$60 to \$70 cwt.

Ewes: Good, \$60 to \$100; Medium, \$35 to \$60; slaughter, \$25 to \$35.

Butcher hog head count at the Norfolk Livestock Market on Tuesday totaled 126. Butchers and sows were \$1 higher.

U.S. 1's + 2's, 220 to 260 lbs., \$45 to \$45.50; 2's + 3's, 220 to 260 lbs., \$44.50 to \$45; 2's + 3's, 260 to 280 lbs., \$44 to \$45; 2's + 3's, 280 to 300 lbs., \$41 to \$44; 3's + 4's, 300 + lbs., \$35 to \$41.

Sows: 350 to 500 lbs., \$33 to \$37; 500 to 650 lbs., \$37 to \$41.

Boars: \$15 to \$30.

## Area Sportsmen's Club formed

By Gary Howey

Several area outdoorsmen recently formed an outdoor sportsmen group in Northeast Nebraska and Southeastern South Dakota. In Nebraska, the groups efforts will be in Cedar, Dixon, and Knox counties, and in South Dakota, the counties will be Bon Homme, Yankton, and Clay.

Since both the Nebraska and South Dakota counties lie along the Missouri River, outdoorsmen and women in both states have similar concerns when it comes to the outdoors and this is why the groups efforts will be concentrated in this area.

Meetings will be held several times each year in conjunction with a fish fry, wild game feed and wildlife calling seminars.

The Tri-Counties Sportsmen's Association (T.C.S.A.) was established with four goals in mind.

\*To give outdoorsmen and women in Southeastern South Dakota and Northeastern Nebraska a voice in outdoor matters that pertain to the area.

\*To establish a resident Canada Goose population in the area.

\*To assist the Game, Fish & Parks, and outdoor related groups such as Ducks Unlimited, Pheasants Forever and The National Wild Turkey Federation with wildlife and fisheries enhancement in the area.

To promote the outdoors though youth mentor programs.

According to the groups Vice-President Sylvan Thoene of Hartington; "late this summer, several of our members traveled to

Lincoln to pick up excess goslings from that area. Seventy-eight birds were brought back to the area and the birds were stocked on several bodies of water in N.E. Nebraska.

"The goslings were gathered up before they're able to fly. The area that the geese first learn to fly will become their home area and each year these geese will return to raise their young, helping to increase the number of Canada geese in the area.

The group will assist in making nesting platforms for the geese and help to put them on local ponds and other nesting sites. These nesting platforms will be ready for the geese when they return next spring.

For more information on the T.C.S.A. contact Sylvan Thoene at 402-254-6792.

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## Shift has increased emphasis on management

Over the last two decades there has been a substantial shift in the management emphasis of public lands in the U.S. This shift has increased the emphasis on managing the biodiversity protection and amenity values, and reduced commodity outputs. Terms like "ecosystem management" and "ecological sustainability" are used to describe this change in management emphasis, which is often referred to as a "paradigm shift."

While the shift in management emphasis on public lands is occurring in response to changing societal preferences, that same public is making no corresponding shift in its commodity consumption habits. The "dirty little secret" about ecological sustainability is that, in the face of stable or increasing resource consumption in the U.S., the effect is to shift the burden and impacts of that consumption to ecosystems elsewhere. For example, shifting to increased timber harvesting from private forests in the U.S. or forests of other countries.

Over the last decade or so, federal timber harvests dropped 70 percent, from about 13 to 4 billion board feet annually. Since 1990, U.S. softwood lumber imports from Canada rose from 12 to 18 billion board feet, increasing from 27 to 36 percent of U.S. softwood lumber consumption. The increased harvesting of Quebec's forests has become a public issue there. Harvesting on private lands in the southern U.S. also increased after the reduction of federal timber in the west. Today, the harvest of softwood timber in the southeast exceeds the rate of growth for the first time in 50 years.

The U.S. public consumes more resources today than at any other time in our history, and consumes more per capita than almost any other nation. Since the first Earth Day in 1970, the average family size in the U.S. has dropped by 16 percent, while the size of the average newly constructed single family home has increased by 48 percent.

Today, less than two percent of Americans are farmers, and even people who live in rural areas are disconnected from any direct role in the management of land. While few people are resource producers, all remain consumers. Personal consumption is one area where individuals can act and have a positive effect on resource use, demand and management. Yet, few people connect their resource consumption to what must be done to the land to make it possible.

If management of land has an ethical content, consumption should have one as well. Perhaps it is time for a "personal consumption ethic" to go along with Aldo Leopold's land ethic. Ecological sustainability will never be a truly holistic approach to resource management until the consumption side of the equation becomes an integral part of the solution, rather than an afterthought as it is today. The true test as to whether a paradigm shift has really occurred in the U.S. will be whether our society begins to see personal consumption as having an ethical and environmental content as well — and then acts upon them as such.



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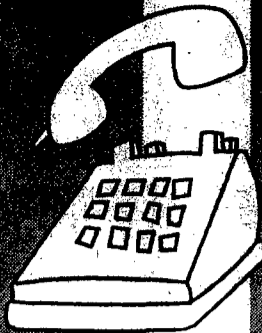
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**Rate Schedule: 5 LINES, \*7.00 • 75' EACH ADDITIONAL LINE • Ask about Combination Rate with The Morning Shopper**

Ads must be prepaid unless you have pre-approved credit. Cash, personal checks, money orders, VISA, or MasterCard are welcome.

Call: 402-375-2600, Fax: 402-375-1888, or Visit Our Office: 114 Main Street, Wayne, NE.

**POLICIES** — \*We ask that you check your ad after its first insertion for mistakes. The Wayne Herald is not responsible for more than ONE incorrect insertion or omission on any ad ordered for more than one insertion.  
•Requests for corrections should be made within 24 hours of the first publication. •The publisher reserves the right to edit, reject or properly classify any copy.

## M.G. WALDBAUM COMPANY

**IMMEDIATE OPENINGS!**  
**ACCOUNTS PAYABLE CLERK**  
**TEMPORARY PART-TIME SCHEDULE**

Looking for a part-time clerical job? Need some extra cash for the upcoming holiday season? Here's perfect opportunity for you!

The M.G. Waldbaum Company, located in Wakefield, Nebraska, is seeking applications for an accounts payable clerk. This is a temporary position. The ideal candidate would possess the following:

- Ability to work mornings
- Basic computer skills, data entry
- Good communication skills
- Clerical duties: filing, answering calls
- Fill switchboard rotation

Qualified applicants eager to work for a rapidly growing company should stop by our office to complete an application or mail their resume to:

**M.G. Waldbaum Company**  
Attn: Carol O'Neill  
105 N. Main Street  
P.O. Box 10575  
Wakefield, NE 68784  
Fax: 402-287-2220  
EOE/AA



## WANTED

**Morning Cook**  
**Monday - Friday**  
**5:30 am - 1:00 pm**  
**PoPo's**  
**705 Logan • Wayne**

**HELP WANTED:** Full time job available in Dental office. Computer experience helpful. Send resume to: The Wayne Herald, P.O. Box 70, Wayne, Nebraska 68787. Attn: Department K.

**HELP WANTED:** Looking for over the road company driver. Good pay and incentives. Home most weekends. 2500-3000 miles per week. Call 402-258-3563 Days or 402-755-2147 nights, ask for Craig.

## HELP WANTED

**RN or LPN**  
part-time/full-time  
2 pm - 10 pm  
and or 6 pm - 6 am  
Good benefits,  
excellent pay.  
Connie Mayfield  
375-1922



## WANTED:

**Full-time Medical Laboratory Personnel**  
prefer MLT, MT or CMA.  
Busy 5 physician family practice clinic located in Northeast Nebraska college town. Please contact Sherry or Kim at 402-375-2500 or send resume to **Northeast Nebraska Medical Group P.C.** 615 E. 14th St. Wayne, NE 68787

## HELP WANTED

**CNA / CSM**  
part-time/full-time  
Days, Evenings, Nights  
Good benefits,  
excellent pay.  
Connie Mayfield  
375-1922



## HELP WANTED

KTCH Radio is currently seeking an Advertising Representative. You must be creative, self motivated and work well with people. This is an opportunity to help clients increase their sales. Experience in sales and or advertising is helpful. Be a part of the team that makes retailers more profitable. Send your resume to: KTCH Radio, P.O. Box 413, Wayne, NE 68787. KTCH is an Equal Opportunity Employer and is owned by Waitt Radio Inc.

**R.N. POSITIONS** available. Full and part-time, all shifts, some weekends. Please apply at the business office or send resume to Providence Medical Center, 1200 Providence Road, Wayne, NE 68787 (402) 375-3800.

**RADIOLOGIC TECHNOLOGIST:** Full time position available. Experience in CT, ultrasound or mammography a plus. Share call with two other technologists. Send resume to Sister Kevin Hermens, Providence Medical Center, 1200 Providence Road, Wayne, NE 68787. Excellent benefits available.

**DIRECTOR OF Nursing** position available. BSN required, experience in nursing administration desired. Please apply at the business office or send resume to Providence Medical Center, 1200 Providence Road, Wayne, NE 68787 (402) 375-3800

**DISHWASHING POSITION** available. Part time. Daytime shifts. 24 hours a week. Some weekends. Please apply at the business office at Providence Medical Center 1200 Providence Road, Wayne.

**AMBITIOUS, HARD** working person to assist in operation. 66,000 farrow to wean unit. Experience helpful but not necessary. Salary dependent upon experience. Benefits include health insurance, pork & 401K. Call 402-585-4730. If no answer, leave message with phone number and time to call.

**HELP WANTED**  
...and ...

**Housekeeping Position Available**  
3 p.m. to 7 p.m. shifts and some weekends. 15-20 hours a week. Please apply at the business office, Providence Medical Center.

## SPECIAL NOTICE

**PUBLISHER'S NOTICE:** All real estate advertised in this newspaper is subject to the Federal Fair Housing Act of 1968 which makes it illegal to advertise "any preference, limitation, or discrimination based on race, color, religion, sex or national origin, or an intention to make any such preference, limitation, or discrimination". This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.



EQUAL HOUSING OPPORTUNITY

## THANK YOU

**THE WAYNE HOSPITAL**  
**AUXILIARY STYLE SHOW WAS A SUCCESS!**  
With heartfelt gratitude we thank our table sponsors for their gracious donations. We thank our door prize contributors and all who donated their time and financial support to our cause. We also thank our models. All of you were fantastic and added much flair to our show.  
**A BIG THANK YOU** to all who contributed to or attended our style show. Without you the mission of the Wayne Hospital Auxiliary could not go on.  
*The Wayne Hospital Auxiliary*

**MANY THANKS** to all the doctors and nurses at Faith Regional in ER, ICU and Rehab for their excellent care. Special thanks to Rev. Helling for all his prayers and visits and to our family and friends for all their cards, flowers, phone calls, and visits during by two week stay. Eleanor Rauss

## MISCELLANEOUS

**WAYNE CLOTHING Exchange:** Bring clothing and toys your children ages newborn to twelve years old have outgrown to Our Savior Lutheran Church (East Door) in Wayne Friday, October 6 from 4:00 pm to 7:00 pm. Come back Saturday, October 7 from 10:00 am to 12:00 pm to exchange come from 1:00 pm to 2:00 pm on Saturday and spend 25¢ an item on anything that is left. Direct questions to Karen at 375-4428.

\*\*\*  
**MAKE MONEY** from stuff you don't want any more! Did you just read this ad? Then so did hundreds of other people! Snap ads are cheap and effective, call the Wayne Herald-Morning Shopper today @ 402-375-2600 and start making money from your old stuff today!

**READERS BEWARE!** Job opportunities being offered that require cash investment should be investigated before sending money. Contact the Better Business Bureau to learn if the company advertised is on file for any wrong doing. The Wayne Herald/Morning Shopper attempts to protect readers from false offerings, but due to the heavy volume we deal with, we are unable to screen all copy submitted.

**FOR SALE:** 1990 Ford F-150 Super cab. 4x4 302 5 speed manual transmission. Long bed. \$6000 OBO. 402-585-4730. If no answer leave message.

## GARAGE SALES

**GARAGE SALE:** 901 Lincoln St in Wayne, 7 a.m. - 7 Saturday September 30. Items include: dryer, beds, lamps, soft-side waterbed, clothing, antiques, entertainment center.

## TIRED OF WRITING OUT YOUR NEW 911 ADDRESS?

order a Return Address  
Self-inking Stamper at the **WAYNE HERALD**  
PRICES START AT \$13.50 (plus tax)  
See Connie at 114 Main, Wayne or call in your order at **375-2600.**

▼▼▼  
It's **SIMPLE!** It **Gets RESULTS!** It's **VERY COST EFFECTIVE!** Place your snap ad in over 175 Nebraska newspapers for only \$155.00 (that's less than \$1.00 per paper!) Call the Wayne Herald today for the details! 402-375-2600 or 1-800-672-3418. (Iowa statesides also available).  
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**Make your snap ad in the Morning Shopper or Herald really stand out, add a dingbat! Several to choose from.**  
Herald for all the details! 402-375-2600 or 1-800-672-3418.

## NEBRASKA STATEWIDE

**ADOPTION:** WE promise your baby a wonderful future filled with love, opportunity & fun. Close family & friends, playful pup, and home by lakes, parks & great schools await your baby. We're waiting for your call! Peggy & Eric, toll-free 1-877-247-8868.

**TWO PHYSICIANS** happily married for 10 years, but remain childless. Anxious to take new newborn into our home and shower with love and affection. 888-722-5255.

**DREAMING OF** becoming a hairdresser? Why wait? Joseph's College of Beauty has \$2,000 available in scholarship money. High school diploma or GED welcome. Free brochure: 1-800-742-7827.

**ADORABLE AKC** puppies make perfect gifts. Any breed, All guaranteed, AKC registered, vaccinated and groomed. Call the Pet Doctor, 402-464-9448. East Park Plaza, Lincoln, NE.

**AGRI AFFILIATES:** #1 Absolute Auction, minimum bid-November 2, 2000. 840 Acres: dryland crop with pivot potential, sandhills range with subs well/pipeline, 7 miles SW of Arnold. #2 Absolute Auction, minimum bid-November 16, 2000. 247 acres outstanding dryland, pivot potential, just southeast of Ogallala. Agri Affiliates, 308-534-9240, www.agriaffiliates.com

**HOT TUB** sale, State Fair display models, save \$1,000 to \$1,500. Call 1-800-869-0406 for free video and price list. www.goodlifespas.com

## FOR SALE

**CHICKENS FOR SALE: FARM FRESH** Cleaned immaculate! Delicious! Call 375-4627 to place your order.

**FOR SALE:** A hood for a 1984 S-10 blazer. No dents, no rust, needs paint. Also have a set of P20575R15 tires on steel rally wheels for 84" S-10 blazer, complete with centers and trim rings, needs paint. Call 375-2600 and ask for Al.

**FOR SALE:** Pair of red Nike shoes, size 10 1/2 (\$20), like new youth Nebraska coat, XL (\$25), small writing desk black and white (\$20), Century cloth baby stroller with hood; works great (\$15), and small Fischer Price rocking horse (\$4). Call 286-4504.

**INVENTORY REDUCTION SALE: 20% OFF ANY IN STOCK TUPPERWARE IN MY CLOSET. DISCOUNTS AVAILABLE ON ANY CATALOG ORDER. PHONE 375-2600, ASK FOR CLARA OR 585-4323 AFTER 7:00.**

**WEEKLY SPECIAL:** Luxury White Goose Down Comforters. \$40.00-\$60.00 each. (Suggested retail \$269.99) All sizes available. PACIFIC COAST FEATHER OUTLET STORE. East of Wayne on Hwy 35. Hours Monday-Friday 9-4.

**FOR SALE:** Lynx parallax golf irons 3-pw. Call 375-2600 and ask for Kevin.

**For Sale**  
Very reasonable, 20 Roosters of various rare and exotic breeds. 4 months old. Call 585-4323 after 5 p.m.

**AUTOMOTIVE TECHNICIAN** wanted. Ford/Mercury dealership. Vacation, small town living, health & retirement benefits. Contact Service Manager at Moses Motor Company, 402-362-3326.

**POSTAL JOBS,** \$48,323.00 year. Now hiring. No experience. Paid training. Great benefits. Call for lists, 7 days. 800-429-3660, ext. 1189.

**NANNIES NEEDED**-professional New York family needs nanny for 2 children, \$400+/week+benefits, car provided, travel, one year commitment, Nannies of Nebraska 402-379-2444/1-800-730-2444.

**RADIOLOGIC TECHNOLOGIST** needed: Our busy Nebraska rural medical center is seeking a motivated individual to join our modern department. ARRT Certification is required. A full time position is now available. CT scan and ultrasound experience is desirable, but we are willing to train a qualified candidate. New graduates are welcome to apply. Call and duty duties are rotated among all staff technicians. A competitive wage, benefit and relocation package is available. For inquiries: call, write or fax resume to: Mr. Wilbur Baldwin, Radiology Manager, Jennie M. Melham Memorial Medical Center, PO Box 250, Broken Bow, NE 68822. Phone # 1-888-800-2070 (toll free) fax# 1-308-872-6116.

**SPORTS AND** general assignment reporter wanted for weekly newspaper in South Sioux City, NE. Contact The Star, Attn: Bob Nelson, Box 157, South Sioux City, NE 68776. 402-494-4264.

**MANAGER OPPORTUNITIES:** Hickory Farms has seasonal manager openings in a mall near you. Easy training programs, competitive salary, bonuses, 40% employee discount. Call 1-800-228-8229. EOE

**SERVICE TECHNICIAN,** CasellH dealership. Learning/work ethic attitude more important than experience. Salary based on experience. Comprehensive benefit package. Send resume to S & C Machinery Co., Box 649, North Platte, NE 69103-0649.

**MECHANICS READ** this: New, ultra-modern, high-tech freightliner dealership opening soon south of Grand Island, NE, near I-80 & US-281. We are expanding now to meet the demand. We want you to join our team now! For interview or questions call Dave Freeman 800-666-0130 or netruck@nebraskatruck.com

**DRIVERS WANTED!** Earnings up to 39¢ a mile. Complete benefit package. Guaranteed home time. Call 800-247-8040, for Smithway Motor Xpress. Lease purchase program also available. www.smxc.com

**STEEL BUILDINGS** Sale: 5,000+ sizes, 40x60x14, \$9,213; 50x75x14, \$11,482; 50x100x16, \$15,408; 60x100x16, \$17,041; Mini-storage buildings, 40x160, 32 units, \$16,914; Free brochures. www.sentinelbuildings.com, Sentinel Buildings, 800-327-0790; Extension 79.

**WOLFF TANNING** beds. Tan at home. Buy direct and save! Commercial/home units from \$199.00. Low monthly payments. Free color catalog. Call today 1-800-842-1310.

**FRIENDLY TOYS & Gifts** has openings for party demonstrators & managers. Home decor, gifts, toys, Christmas. Earn cash, trips, recognition. Free catalog. Information: 1-800-488-4875.

**FLATBEDS NATIONAL** carrier hiring owner operators and drivers to pull mostly preloaded, specialized equipment trailers. Minimum 2 years OTR experience required. Hunt Transportation, 1-800-228-9279.

**DRIVER COVENANT** Transport. Coast to coast runs. Teams start 42¢-46¢. \$1,000 sign on bonus for exp. co. drivers. For experienced drivers 1-800-441-4394. Owner operators 1-877-848-6615. Graduate students 1-800-338-6428.

**LOOKING FOR** a job? Call Grand Island Express to learn how to become a professional over the road truck driver. Scholarships available. Owner operators and experienced drivers always welcome! 1-800-444-7143 or 308-384-8555, ext. 210.

**SO. COLORADO** mountain ranch, 37 acres, \$36,900, 30 miles from CO/NM border. Picturesque acreage with pinon trees & Rocky Mtn. views. Year round access & utilities. Excellent financing. Ideal horse property. Call Red Creek Ranch toll-free, 877-676-6367.

**WANTED:** OLDER motorcycles, motorscooters, minibikes, bicycles and small gas engines. Cash paid for one or a truck load, we buy it all. Call 785-267-7890, 785-234-5143.

**LINCOLN COUNTY** Fairboard wants to lease the race track for 2001 racing season. Proposals for track and/or concessions should be submitted by October 30. To: Lincoln County Ag Society, 5015 West Hwy 30, North Platte, NE 69101. Information 308-534-8191, 308-387-4337.

**CHARITY CARS**-Donate your vehicle. As seen on Oprah and People Magazine! Tax deductible, free tow. We provide donated vehicles to struggling families. 1-800-442-4451. www.charitycars.org

## FOR RENT:

1 and 2 bedroom apartments available. Call 375-4188.

**FOR RENT:** 2 bedroom apartment in Carroll. Newly remodeled. Appliances, WD, A/C provided. Utilities paid. Deposit required. No pets. 350/375 Furnished. Available Oct. 1. 402-585-4324

**FOR RENT:** 2 bedroom trailer. Stove, refrigerator, window air, and off street parking. Call 375-4290, after 5:00 weekdays.

**FOR RENT:** 4 bedroom house \$400/month. Available immediately. Call evenings 316-283-5948 or daytime 904-812-4288 and leave a message.

**FOR RENT:** Available October 1st. Remodeled 2 bedroom apartment. No pets. Utilities furnished. Deposit required. \$400/month. Call 375-3144 or 287-2684.

**FOR RENT:** Available soon, across from campus. 3 and 4 bedroom apartments. No parties, references needed. Call 375-4818.

**FOR RENT:** Two bedroom unfurnished apartment, utilities paid. Call 402-375-1343.



# The Wayne Herald Legal Notices

## WINSIDE BOARD OF EDUCATION PROCEEDINGS

The Winside Board of Education met in its regular meeting on Wednesday, September 13, 2000.

Members present were Dan Jaeger, Doug Deck, Brian Hoffman, Jean Sueli, Scott Watters, and Connie Bargstadt.

The meeting was called to order by President Jaeger.

The guests (Cheryl Wieseler, Rachelle Rogers, Laura Straight, and Eliene Loetscher) were welcomed.

Motion by Hoffman, second by Deck to approve the minutes of the regular Board of Education meeting held August 10, 2000 and the minutes for the Budget Hearing held September 16, 1999. Ayes - Sueli, Bargstadt, Jaeger, Deck, Watters, and Hoffman Nays - none.

Motion by Deck, Watters, Hoffman, Sueli, Bargstadt, and Jaeger. Nays - none.

Motion by Watters, second by Sueli to approve payment of dues to NRCSA at a rate of \$500.00. Ayes - Watters, Hoffman, Sueli, Bargstadt, Jaeger, and Deck. Nays - none.

Motion by Hoffman, second by Deck to approve Resolution #33 for the lease purchase of the playground equipment with a down payment to be made of \$10,000.00. Ayes - Hoffman, Sueli, Bargstadt, Jaeger, Deck, and Watters. Nays - none.

Motion by Deck, second by Watters to approve the School Board's Honors Program to be implemented for students and staff. Ayes - Sueli, Bargstadt, Jaeger, Deck, Watter, and Hoffman. Nays - none.

Motion by Hoffman, second by Deck to adjourn. Ayes - all. Nays - none.

## VILLAGE OF WINSIDE BOARD PROCEEDINGS

September 5, 2000  
Winside, Nebraska

The Board of Trustees of the Village of Winside, Nebraska met in regular session on Tuesday, September 5, 2000 at 7:00 p.m. in the firehall. Present were Chairman Janke; Trustees Wammundt, Cherry, Webbe, and Lessmann. Visitors were Jeff Hrouda, Terry Means, Patil Wurdemann, Bill Burris, Nancy Brozek, Roger Protzman, Adam Schooley, and David Wammundt.

Action taken by the Board included:

1. Approved August meeting minutes
2. Accepted August Treasurer's report
3. Accepted and adopted the proposed budget for 2000-2001
4. Approved One Day Special Designated License for Adm'n School for Oct. 14th
5. Approved Wammundt's report
6. Passed Ordinance No. 438 Authorizing the restriction of use of water.
7. Agreed to allow free use of the auditorium by the Methodist Church on Oct. 29th
8. Decided to get bids on new roof for well-house

The following claims were approved for payment: Payroll, 2,711.09; Dept. of Energy, ex. 4,782.64; Petty Cash, ex. 33.77; NE Dept. of Revenue, ex. 670.38; JoAnn Robinette, ref. 52.00; BCBS, ex. 964.03; Lori Sueli, ex. 666.66; Winside State Bank, ex. 728.82; Western Office, ex. 27.13; City of Wayne, ex. 85.00; Wayne Herald, ex. 103.87; Winside Fire Dept., ex. 374.77; Servall Towel, ex. 13.14; SA-SO, ex. 603.07; Lori Sueli, ex. 666.66; Omaha Life, ex. 53.75; Kelly Supply, ex. 60.44; Jeffrey Hrouda, ex. 551.35; Diers, ex. 10.51; Utility Fund, ex. 536.62; MCI, ex. 37.29; K-N Energy, ex. 86.57; Servi-Tech, ex. 153.50; Utility Equipment, ex. 118.36; NE HHS lab, ex. 184.85; Oberle's Mkt, ex. 11.89; Northeast NE PPD, ex. 5,111.79; Acco Invoice, ex. 235.80; JEO, ex. 960.00; J & J Sanitation, ex. 2,712.60.

The meeting adjourned at 9:20 P.M.

The Board of Trustees of the Village of Winside, Nebraska will meet in regular session at 7:30 P.M. on October 2, 2000 at the firehall. The meeting will be open to the public and an agenda for such meeting kept continuously current, is available for inspection at the office of the Village Clerk of said Village.

Dean Janke, Chairman  
Carol M. Brugger, clerk  
(Publ Sept 28)

## Abbreviations for this legal: PS-Personal Services, OE-Operating Expenses, SU-Supplies, MA-Materials, ER-Equipment Rental, CO-Capital Outlays, RP-Repairs, RE-Reimbursement. WAYNE COUNTY BOARD PROCEEDINGS

Wayne, Nebraska  
September 19, 2000

The Wayne County Board of Commissioners met in regular session at 9:00 a.m. on Tuesday, September 19, 2000, in the Courthouse meeting room.

Roll call was answered by Chairman Nissen, Members Wurdeman and Miller, and Clerk Finn. Advance notice of this meeting was published in The Wayne Herald, a legal newspaper, on Jan. 2000.

The agenda was approved.

The minutes of the September 5, 2000, meeting were examined and approved.

Motion by Miller, second by Wurdeman to cancel warrant #00090013 as the claim was paid by the client. Roll call vote: all ayes, no nays.

Acting as a Board of Equalization a tax list correction was signed for Donald D. Siefken. County Attorney Pieper reported that he would be meeting with representatives of Dixon County to negotiate terms for an enhanced 911 interlocal agreement.

Renewal of the county health insurance plan was discussed. A meeting with the employees was scheduled for Tuesday, September 26th at 7:30 p.m. in the courtroom.

Highway Superintendent Saunders told the board that a change order for Federal Aid Project BRO-7090(11), Wayne Northwest, was not necessary. The additional drain tile would just be incorporated in the project.

The easements for Project C-90(313) - Birke/Weich, the removal of a bridge and construction of a dam 1 mile south and 9.6 miles west of Winside have been obtained. Bid specifications were reviewed.

Acquisition of easements is underway for Federal Aid Project BRO-7090(12), Wayne Northwest, 2 miles north and 0.4 mile west of Wayne.

Motion by Wurdeman, second by Miller to accept the net bid of \$83,389.00 submitted by Nebraska Machinery Company for a 1992 Caterpillar 615C elevating scraper. Roll call vote: all ayes, no nays.

Motion by Miller, second by Wurdeman to permit electronic deposits of payroll checks effective October 1, 2000. Roll call vote: all ayes, no nays.

The following officers' fee reports were examined and approved: Debra Finn, County Clerk, \$9,956.07 (August Fees); Joann Ostrander, Clerk of the District Court, \$320.98 (August Fees).

The following claims were audited and allowed:

**GENERAL FUND:** Salaries, \$54,678.55; Abernethy, Sandie, OE, 345.00; Alexander, Debra, PS, 50.00; AT&T, OE, 11.62; Big Red Printing, SU, 109.79; Bill Woehler Insurance, OE, 905.81; Bornholt, Juanita, ER, 675.00; Broadwing Telecommunications Inc., OE, 352.85; Chem-Dry, RP, 150.00; Claussen, Mel, OE, 88.00; D&N 66 Service, MA, 73.60; Dictaphone, RP, 100.00; Eakes Office Plus, SU, 818.37; Ecobal Pest Elimination Serv., OE, 57.20; Executive Copy Systems, SU, ER, 118.75; Executive Copy Systems, ER, 390.00; Halsey, Kenneth, OE, 161.10; Iowa Office Supply, Inc., RPSU, 414.90; Janssen, Leroy W., PS, 15.00; Langenberg, Henry Jr., PS, 18.50; Lucant Technologies, OE, 22.71; MIPS/Courtesy Solutions LLC, OE, 866.19; Matchow, Amy, RE, 265.36; Midwest Micro, SU, 336.99; Mills, Stuart B., OE, 240.00; Montgomery Kone, RP, 130.25; Muhs, Douglas, PS, 15.00; Nebraska Co. Assessors Assoc., OE, 135.00; Northeast Nebraska Cornnet, OE, 19.95; Northeast Nebraska Juvenile Serv., OE, 4,712.50; Nuss, Joan C., PS, 18.50; O'Neill Book & Office Store, SU, 35.74; Office Connection, SU, 40.67; OHS, Pieper & Connolly, PS, OE, SU, ER, 1,692.85; Owens, Milton, PS, 18.50; PDI Inc., ER, 1,229.00; Pamida Inc., SU, 98.14; Peoples Natural Gas, OE, 20.48; Piere County Sheriff's Dept., OE, 5,505.00; Postmaster, OE, 64.00; Postmaster, OE, 187.00; Poutre, Garry, ER, 275.00; Quality Food Center, Inc., SU, 12.19; Schulz Land Surveying, CO, 1,300.00; Servall Towel & Linen Supply, OE, 278.44; Shepard's, OE, 491.42; Sommerfeld, Roy, PS, 18.50; Thies, Eldon, PS, 18.50; US West Communications, OE, 781.82; Wammundt Insurance & RE Agency, OE, 41.00; Waste Connections of Nebraska, OE, 104.50; Watter, Patti, PS, 225.00; Wayne County Extension Actv Fund, PS, RE, ER, 318.77; Wayne County Clerk, OE, 23.80; Wayne Herald/Morning Shopper, OE, 458.53; West Group Payment Center, OE, 74.80; Western Office Products Fund, RP, 29.30; Worldcom, OE, 42.84; Y&Y Lawn Service, OE, 360.00; Zach Propane Service, Inc., CO, 1,128.00.

**COUNTY ROAD FUND:** Salaries, \$15,108.75; Alltel, OE, 135.62; B's Enterprises, Inc., MA, 302.32; Backus Sand & Gravel, MA, 6,078.95; Farmers Co-operative, OE, RP, SU, MA, 1,465.47; Gerhold Concrete Company, Inc., MA, 185.50; Hefti, Enc, OE, 50.00; Hradec Diesel, Inc., RP, MA, 2,603.47; Linwood, SU, 49.46; Logan Valley Equipment Co., RP, MA, ER, 1,127.10; Midwest Service & Sales Co., MA, 3,144.63; NE Nebraska Public Power Dist., OE, 48.13; Pamida Inc., SU, 23.44; Servall Towel & Linen Supply, OE, 26.00; Swaney Equipment Co., RP, 309.36; Wayne Auto Parts, SU, RP, 135.85; Wayne County Clerk, CO, 67.50; Zach Oil Co., RP, SU, MA, 12,920.25.

**SNOW REMOVAL & EQUIPMENT FUND:** Nebraska Machinery Co., CO, 83,389.00.

**REAPPRAISAL FUND:** Salaries, \$75.00; Sav-Mor Pharmacy, OE, 4.00.

**INSTITUTIONS FUND:** Health & Human Services, OE, 702.00.

**SPECIAL POLICE PROTECTION FUND:** Salaries, \$4,100.00; Amie's Ford Mercury Inc., RP, 15.48; Carroll Station Inc., MA, 44.02; Bovee, Christopher, PS, 15.00; Farmers Co-operative, MA, 196.48; Northeast Cooperative, MA, 13.50; NSAPOAN Conference, OE, 130.00; Providence Medical Center, OE, 11.00; Tom's Body & Paint Shop, Inc., RP, 50.00; Vancleave, Ryan, PS, 15.00.

**NOXIOUS WEED CONTROL FUND:** Salaries, \$2,138.17; Harmeier, Don, RE, 10.88; Madison County Sheriff, OE, 20.78; Sav-Mor Pharmacy, OE, 4.04; Thomsen, Kenneth, RE, 9.09; US West Communications, OE, 32.92; Wayne County Sheriff, OE, 21.12; White Horse, MA, 174.00.

The meeting was recessed until Tuesday, September 26th at 7:30 p.m.

Debra Finn, Wayne County Clerk

**STATE OF NEBRASKA**  
COUNTY OF WAYNE

I, the undersigned, County Clerk for the County of Wayne, Nebraska, hereby certify that all of the subjects included in the attached proceedings were contained in the agenda for the meeting of September 19, 2000, kept continuously current and available for the public inspection at the office of the County Clerk; that such subjects were contained in said agenda for at least twenty-four hours prior to said meeting; that the said minutes of the meeting of the County Commissioners of the County of Wayne were in written form and available for public inspection within ten working days and prior to the next convened meeting of said body.

In Witness Whereof I have hereunto set my hand this 22nd day of September, 2000

Debra Finn, Wayne County Clerk  
(Publ Sept 28)

**NOTICE**  
IN THE COUNTY COURT OF WAYNE COUNTY, NEBRASKA

Docket No. 207

**CREDIT BUREAU SERVICES, INC. v. A CORPORATION, Plaintiff, vs. ALFRED SEIERS AND AILENE SEIERS, Defendant**

By virtue of an Execution issued by the Clerk of the District Court of Wayne County, Nebraska, upon a judgement rendered in the District Court of Wayne County, Nebraska, in favor of Credit Bureau Services, Inc., a corporation, the plaintiff and against Alfred and Ailene Seiers, in case number CI 00 79, Docket number 207, I have levied upon the following described real estate, to-wit:

The West 1/2 of the Northeast 1/4 of Section 3, Township 27 North, Range 2 East of the 6th P.M. in Wayne County, Nebraska,

and I will sell at public auction to the highest bidder for cash at the lobby of the Wayne County Courthouse in Wayne, Wayne County, Nebraska, on the 19th day of October, 2000 at 10:30 a.m., the above described real estate and tenements, to satisfy the judgement and costs of said action.

Dated at Wayne, Nebraska, this 5th day of September, 2000

LeRoy W. Janssen,  
Wayne County Sheriff  
(Publ Sept 14, 21, 28, Oct 5, 12)

**NOTICE OF PUBLIC HEARING**

The Wayne City Council will hold a public hearing to consider the acquisition of a tract of land located in the "Replat of McGrift's First Subdivision" to the City of Wayne, Wayne County, Nebraska, or part of the NE1/4 of Section 18, T26N, R4E of the 6th p.m., Wayne County, Nebraska.

Beginning at the SW corner of Lot 3, of the "Replat of McGrift's First Subdivision" to the City of Wayne, Wayne County, Nebraska, of part of the NE1/4 of Section 18, T26N, R4E, of the 6th p.m., Wayne County, Nebraska, thence North on the west line of said Lot 3, 101.58 feet, thence East and parallel to the north line of Lots 3 and 4, 187.58 feet to a point on the NW1/4 of the Chicago, St. Paul, Minneapolis and Omaha Railroad now removed; thence SWly on said R.O.W. line, 213.22 feet, to the point of beginning, containing 9,527.39 square feet and 0.22 acres, more or less, on October 10, 2000, at or after 7:45 p.m.

All oral or written comments on the proposed matter received prior to and at the public hearing will be considered.

Betty A. McGuire, CMC/AAE  
City Clerk  
(Publ Sept 28)

**NOTICE OF REGULAR BOARD MEETING**

Notice is hereby given that the regular monthly meeting of the Board of Education of the Winside School District, a/v/a School District 95R, in the County of Wayne, in the State of Nebraska will be held at 7:30 P.M. o'clock or as soon thereafter as the same may be held on October 9, 2000 in the elementary school library. An agenda for such meeting, kept continuously current, is available for public inspection at the office of the superintendent.

**BY: THE BOARD OF EDUCATION OF THE WINSIDE SCHOOL DISTRICT, a/v/a SCHOOL DISTRICT 95R, IN THE COUNTY OF WAYNE, IN THE STATE OF NEBRASKA**

(Publ Sept. 28)

**NOTICE OF MEETING**

There will be a meeting of the Airport Authority Monday, October 9, 2000, at 7:00 P.M. at the Wayne Municipal Airport. An agenda for such meeting, kept continuously current, is available for public inspection in the City Clerk's Office and the airport office.

Mitch Nissen, Chairman  
Wayne Airport Authority  
(Publ Sept 28)

**NOTICE OF MEETING**

There will be a meeting of the Mayor and Council, Tuesday, October 10, 2000, at 7:30 p.m. in the Wayne City Hall. An agenda for such meeting, kept continuously current, is available for public inspection in the City Clerk's Office.

Betty McGuire, City Clerk  
(Publ Sept. 28)

**NOTICE OF MEETING**

There will be a meeting of the Mayor and Council, Tuesday, October 10, 2000, at 7:30 p.m. in the Wayne City Hall. An agenda for such meeting, kept continuously current, is available for public inspection in the City Clerk's Office.

Betty McGuire, City Clerk  
(Publ Sept. 28)

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There will be a meeting of the Mayor and Council, Tuesday, October 10, 2000, at 7:30 p.m. in the Wayne City Hall. An agenda for such meeting, kept continuously current, is available for public inspection in the City Clerk's Office.

Betty McGuire, City Clerk  
(Publ Sept. 28)

**NOTICE OF PUBLIC HEARING**

The Wayne City Council will meet on Tuesday, October 10, 2000, at 7:30 p.m. in Council Chambers of the Wayne Municipal Building, 306 Pearl Street, Wayne, Nebraska.

At or about 7:35 p.m., the Wayne City Council will hold a public hearing to consider the Planning Commission's recommendations on a Use by Exception permit application, in accordance with Section 701.04(6), B-1 Highway Business District, of Wayne Zoning Regulations. The applicant, City of Wayne, requests the use to allow for the construction of a new fire hall building. The property is located south of the Super 8 Motel and is more particularly described as Lot 2, Block 1, McGrift's 1st Addition and a tract of land in Section 18, Township 26N, range 4 East.

All oral or written comments on the proposed matter received prior to and at the public hearing will be considered.

(Publ Sept 28)

**NOTICE**  
IN THE COUNTY COURT OF WAYNE COUNTY, NEBRASKA

ESTATE OF WILLIAM E. BAIER, Deceased.

Estate No. PR 00-38

Notice is hereby given that on September 15, 2000, in the County Court of Wayne County, Nebraska, Marion R. Baier, whose address is 402 East 8th Street, Wayne, NE, was informally appointed by the Registrar as Personal Representative of the Estate.

Creditors of this Estate must file their claims with this Court on or before November 22, 2000, or be forever barred. All persons having a financial or property interest in said estate may demand or waive notice of any order or filing pertaining to said estate.

(s) Carol A. Brown  
Clerk of the County Court  
510 Pearl Street  
Wayne, Nebraska 68787

Michael E. Pieper, No. 18147  
Olds, Pieper & Connolly  
P.O. Box 427  
Wayne, NE 68787  
(402) 375-3585  
(Publ Sept. 21, 28, Oct 5)

**WINSIDE BOARD OF EDUCATION PROCEEDINGS**

The Winside Board of Education met in its Tax Request Variance Hearing on Wednesday, September 13, 2000 at 7:50 P.M.

The guests (Cheryl Wieseler, Rachelle Rogers, Laura Straight, and Eliene Loetscher) were welcomed.

The proposed 2000-2001 local systems property tax request was discussed.

Motion by Deck, second by Watters to adjourn. Ayes - all. Nays - none.

Linda Barg  
(Publ Sept 28)

**WINSIDE BOARD OF EDUCATION PROCEEDINGS**

The Winside Board of Education met in its Budget Hearing on Wednesday, September 13, 2000 at 7:40 P.M.

Members present were Dan Jaeger, Doug Deck, Scott Watters, Brian Hoffman, Jean Sueli, and Connie Bargstadt.

The guests (Cheryl Wieseler, Rachelle Rogers, Laura Straight, and Eliene Loetscher) were welcomed.

The proposed 2000-2001 budget document was discussed.

Motion by Sueli, second by Hoffman to adjourn. Ayes - all Nays - none.

Linda Barg  
(Publ Sept 28)

**WINSIDE BOARD OF EDUCATION PROCEEDINGS**

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The proposed 2000-2001 budget document was discussed.

Motion by Sueli, second by Hoffman to adjourn. Ayes - all Nays - none.

Linda Barg  
(Publ Sept 28)

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Members present were Dan Jaeger, Doug Deck, Scott Watters, Brian Hoffman, Jean Sueli, and Connie Bargstadt.

The guests (Cheryl Wieseler, Rachelle Rogers, Laura Straight, and Eliene Loetscher) were welcomed.

The proposed 2000-2001 budget document was discussed.

Motion by Sueli, second by Hoffman to adjourn. Ayes - all Nays - none.

Linda Barg  
(Publ Sept 28)

**NOTICE OF MEETING**

The Wayne Community Schools Board of Education will meet in regular session on Monday, October 9, 2000 at 7:10 p.m. at Carroll Elementary School in Carroll, Nebraska. An agenda of said meeting, kept continuously current, may be inspected at the office of the Superintendent of Schools.

Terri Test, Secretary  
(Publ Sept 28)

**HEALTH CARE DIRECTORY**

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Laticia Sumner, Counselor

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**WAYNE VISION CENTER**

DR. DONALD E. KOEBER  
OPTOMETRIST

Phone 375-2020

313 Main St. Wayne, NE

**NOTICE OF MEETING**

There will be a meeting of the Mayor and Council, Tuesday, October 10, 2000, at 7:30 p.m. in the Wayne City Hall. An agenda for such meeting, kept continuously current, is available for public inspection in the City Clerk's Office.

Betty McGuire, City Clerk  
(Publ Sept. 28)

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Optometrist

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Telephone: 375-5160

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Pharmacies  
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Kara Johnson, R.P.  
Dick Koidel, R.P.  
Will Davis

**SPACE FOR RENT**

**Wayne Public Schools (District 17)**

**TAX REQUEST HEARING NOTICE**

Public Notice is hereby given in compliance with the provisions of State Statute Section 77-1601.02, that the governing body of Wayne School District #17 in Wayne County, Nebraska will meet on the 06th day of October, 2000 at 7:00 P.M. at Carroll Elementary, Carroll, NE for the purpose of conducting a public hearing on and to discuss and approve or modify the amended (district, multi-district school system and district) property tax request(s) for the 2000-2001 school fiscal year.

FUND	1999-00 Actual Property Tax Request	1999-00 Actual Property Tax Rate	2000-01 Property Tax Rate If Using 1999-00 Property Tax Request	2000-01 Proposed Property Tax Request	1999-00 Proposed Property Tax Rate
General	\$ 2,893,640	0.000000	0.000000	\$ 3,182,000	1.000000
State Building	\$ 278,705	0.000000	0.000000	\$ 278,705	0.000000
Board of Ed	\$ 304,000	0.000000	0.000000	\$ 304,000	0.000000
Library (8-18)	\$ 272,000	0.000000	0.000000	\$ 272,000	0.000000
Total	\$ 3,748,345	0.000000	0.000000	\$ 4,036,705	0.000000

**SPACE FOR RENT**

**SPACE FOR RENT**

## Leslie News

Edna Hansen  
402-287-2346

### EVEN DOZEN CLUB MEETS

The Even Dozen Club met on Sept. 19 with Leoma Baker as hostess. Eleven members answered roll call.

Donna Roeber presided at the business meeting and Delores Siebrandt read the minutes of the last meeting. Leoma Baker gave the treasurers report.

Members will help with bingo at the Wakefield Care Center in November. Cards were played after the meeting. Nelda Hammer won high prize and Donna Roeber, low.

The next meeting will be Oct. 17 with Mylet Bargholz as hostess.

### SERVE ALL CLUB HOLDS MEETING

The Serve All Club met on Sept. 20 at the Wakefield Senior Center with Berniece Kaufmann as hostess. Nine members answered roll call with "how we used leftovers."

President Virginia Leonard presided at the business meeting. Edna Hansen read the minutes of the last meeting and gave the treasurers report.

A committee will help with bingo and lunch at the Wakefield Care

Center, Sept. 22. Members helping were Ruth Boeckenhauer, Alice Heilmann, Berniece Kaufmann, Edna Hansen, and Ardath Utecht.

The Christmas luncheon is planned for Wednesday, Dec. 6 at noon at the Wakefield Senior Center. A grab bag gift exchange will be held.

After the meeting, Virginia gave an interesting report on her trip to Scotland and England this summer. She joined a group of 18 on a Friendship Force tour leaving from Omaha. She displayed items and pictures she brought back from the two countries.

Ardath Utecht was the winner of the hostess gift. Lunch was served by Berniece.

Mr. and Mrs. Bill Mitchell of Oak Harbor, Wash. visited in the Ed Krusemark home Wednesday until Saturday. Mrs. Paul Stuart of Omaha was a weekend guest in the Krusemark home.



Those participating in the St. Jude's Bike-a-thon included, front row, left to right, Kendall Gamble, Zachary Jorgensen, Lauren Gilliland and Brady Ping. Back row, Drew Carroll, James Ping, Cec Vandersnick, Rachel Gilliland, Ashley Gilliland, Jan Gamble, Blair Sommerfeld and McKenzie Sommerfeld. Not pictured were Jordyn and Trent Doescher.

## 'Wheels for Life' benefit held

The St. Jude's Children's Research Hospital Benefit "Wheels for Life" was held in Wayne on Sept. 15. Thirteen children participated in

the event and raised a total of \$577.10.

McKenzie Sommerfeld rode her age (nine miles) which is her yearly goal. Zachary Jorgensen collected over \$100 and will be awarded a boom box and a sweatshirt.

Following the event, the riders and their families were treated to a supper at the Wayne Eagles Club. Each rider received gift certificates and prizes from the following Wayne merchants: Dairy Queen, Runza, Godfathers, Tacos & More, Valentinos, Pamida and Pizza Hut. Free advertisement was also received from the Wayne Herald, First National Bank and KTCH.

The Wayne Eagles sponsored the fund-raising event with Jan Gamble and Cec Vandersnick as co-coordinators.

### Entries being sought for annual Voice of Democracy Essay Contest

Commander Eddie G. Baier of VFW Post # 5291 of Wayne has announced the start of this year's Veterans of Foreign Wars and its Ladies Auxillary "Voice of Democracy Scholarship Contest."

Students in this area have the opportunity to compete in the 54th annual audio essay contest and win valuable scholarships and awards.

According to the local VFW Post Commander, the students achieve much more when they participate in "Voice of Democracy."

Additional benefits for students include: increased self-confidence and poise, experience in polishing communication skills and the opportunity for self-expression. Students that advance to become their state's first place winner are given the opportunity to expand their knowledge of the nation's capital city during a full four-day tour of Washington, D.C., plus the chance to meet and befriend students from every state.

During the many years that the Veterans of Foreign Wars and its Ladies Auxillary have been involved with Voice of Democracy, more than seven million high school students have participated.

Interested students need only write and then record a three to five minute audio/essay while expressing their view of the patriotic theme "What Price Freedom?" All state winners receive at least a \$1,000 National Scholarship but could win the \$25,000 first place award.

A total of \$139,500 in National Scholarships are awarded to student national finalists.

The deadline date for entry is Nov. 1, 2000. The local winner will receive a \$25 U.S. Savings Bond.

Commander Baier said, "Young people who participate in the contest benefit by gaining a better understanding of their country, their freedoms and their obligation to America."

For more information, contact Eddie Baier at (402) 375-1662.

**CHECK YOUR AD!**  
All advertisers should check their ads in the first issue and report any errors at once to the advertising department. No Allowance will be made after the first issue. The Wayne Herald/Morning Shopper will not be responsible for damages resulting from any errors.

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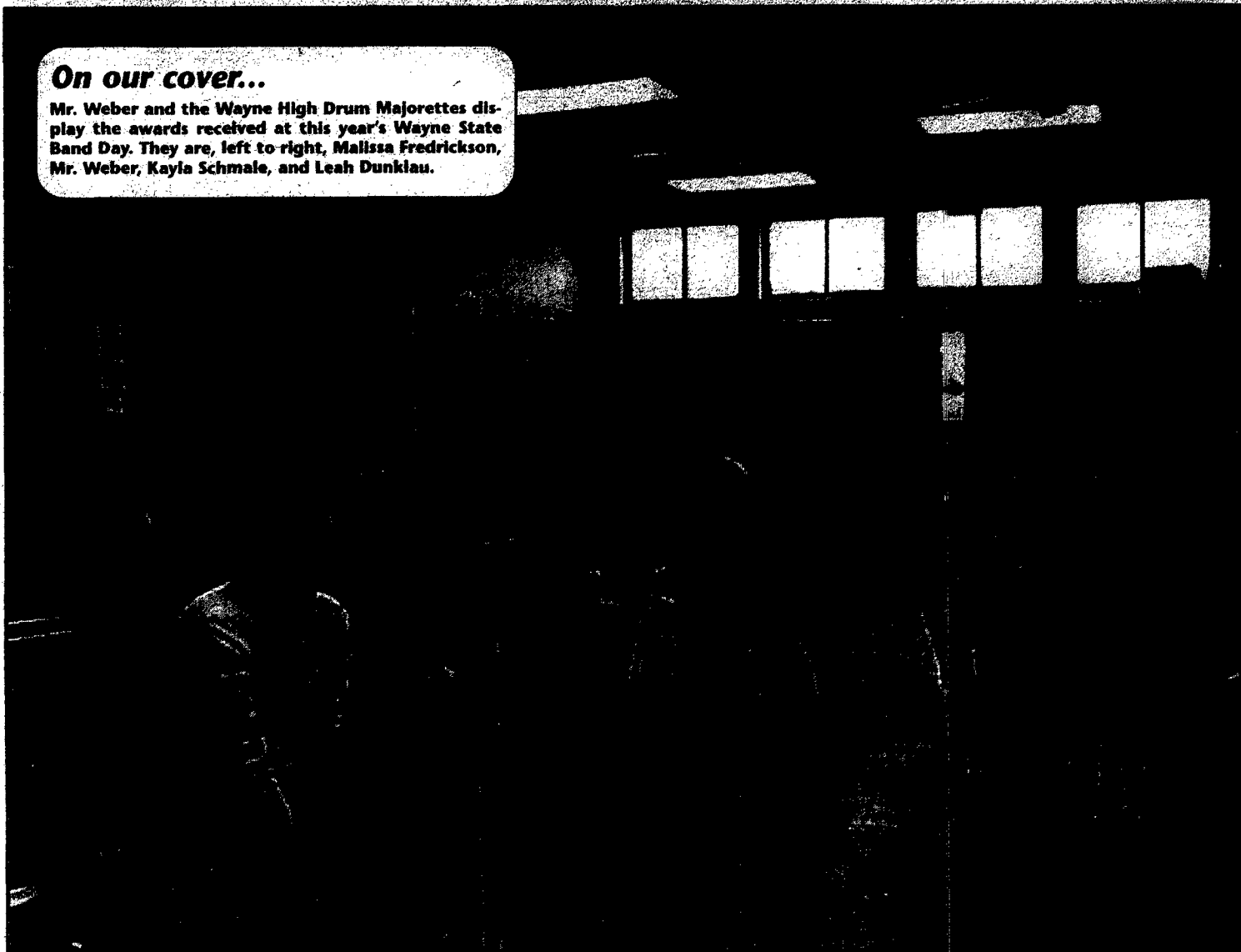




# Pride of the Blue Devils

### On our cover...

Mr. Weber and the Wayne High Drum Majorettes display the awards received at this year's Wayne State Band Day. They are, left to right, Malissa Fredrickson, Mr. Weber, Kayla Schmale, and Leah Dunklau.



Students enjoy the additional space available in the new band room at Wayne High School. These Music Appreciation class members are able to concentrate while taking a test.

## Everyone likes new band room

As the members of the Wayne High School Varsity Band file into the new band room this year, appreciation is evident from all.

The instrumental music program moved into a newly constructed 2,900 square foot room this fall after being crowded into a much smaller room in the past.

The new band room serves the 142 members of the Varsity Band, the 22 Cadet Band members and two classes of Music Appreciation students which have 20 students each.

"What a difference the new

room has made. The students are not shoulder to shoulder like they were in the old room," said Band Instructor Brad Weber.

The new room contains three practice rooms that are also used for storage and Mr. Weber's office.

Another feature of the room is the fact that lockers line the walls. Students use these to store their instruments.

"In the old room, the instruments were stored in a back room that was probably designed for 15 students at one time. It was

very crowded when 100 students tried to put their things away," Mr. Weber said.

Another benefit of the new room is the fact that it contains a door to the outside of the building.

"The extra door is nice when we go out for marching practice or for the loading of equipment. It makes things much easier when we don't have to go up and down the steps," Weber said.

Ventilation and light are two additional benefits of the new room.

"Sunlight affects the moral of all of us in this room. It really makes a difference," Weber added.

The extra door in the room allows for more air circulation in the room which was not the case in the former band room. The old room often was uncomfortable with so many students using it at one time.

The old instrumental band room is now being used by the vocal music department. One of the former practice rooms has been converted into an office for Kathryn Ley, vocal music director.





The above view shows the new lockers in the band room which are a welcome addition. Below, the new room includes office space for Mr. Weber, as well as practice/storage space.

### Blue Devil Marching Band Schedule for 2000-2001

The Pride of the Blue Devils Marching Band will be involved in a number of marching competitions throughout the year as well as performing at home sporting activities.

Following is a list of scheduled events:

Saturday, Oct. 14 — Madison Marching Contest at Madison Sports Complex.

Saturday, Oct. 21 — Nebraska State Band Association State Marching Competition at Lincoln High School in Lincoln.

Saturday, Oct. 28 — Wayne State College Marching Contest.

Monday, Nov. 6 — Fall Concert in the high school gym, 7:30 p.m.

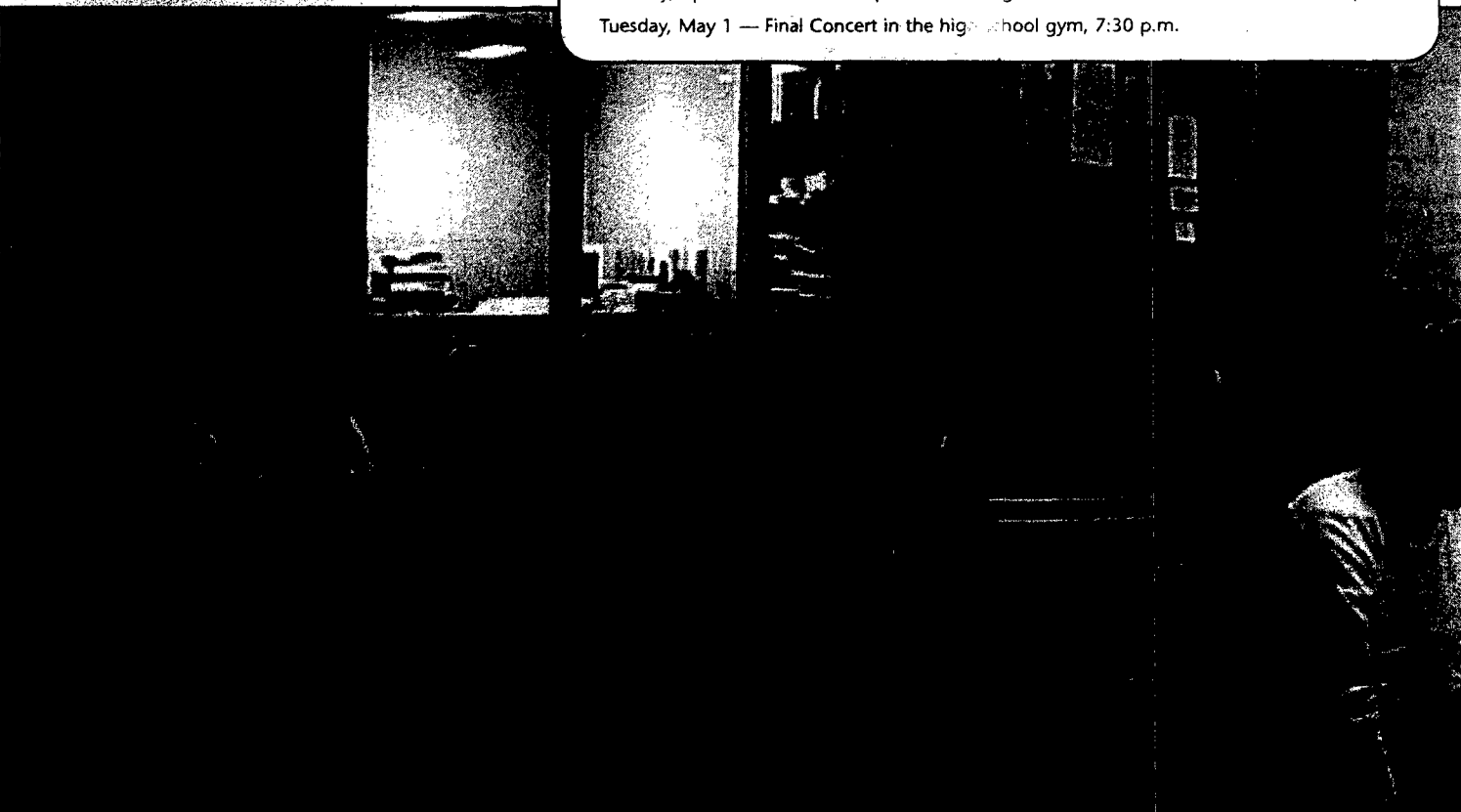
Monday, Dec. 18 — Christmas Concert in the high school gym, 7:30 p.m.

Monday, Feb. 5 — Winter Concert in the high school gym, 7:30 p.m.

Thursday, March 15 — Music Boosters Soup Supper at the city auditorium, 5 to 8:30 p.m.

Monday, April 30 — Music Banquet/Awards Night in the Commons/ Lecture Hall, 6:30 p.m.

Tuesday, May 1 — Final Concert in the high school gym, 7:30 p.m.



# MIDWEST

Land Co.

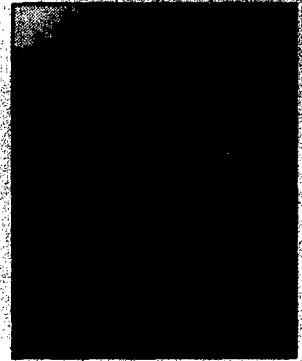
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Jessica Murtagh



Erin Arneson



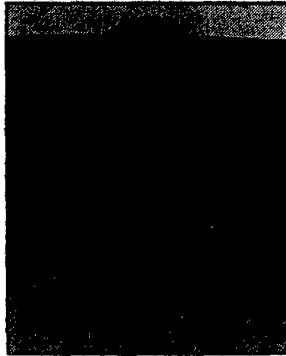
Heather Steinbach



# INVENTIVE

communications

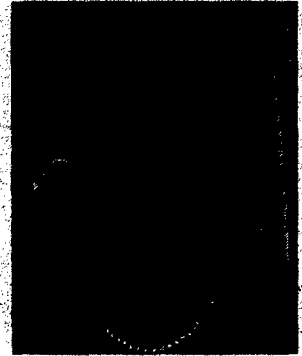
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John Jensen



Kristine Fink



Anthony Sump

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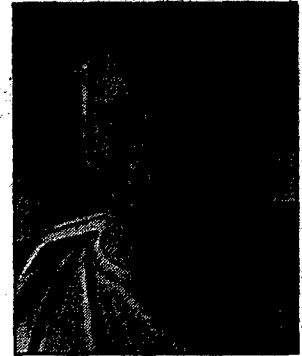
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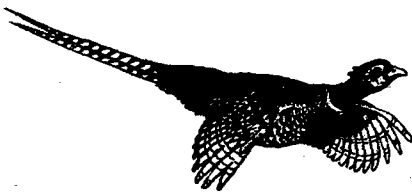
Karl Harder



Missy Nissen



Dale Hansen



## The Wayne Herald

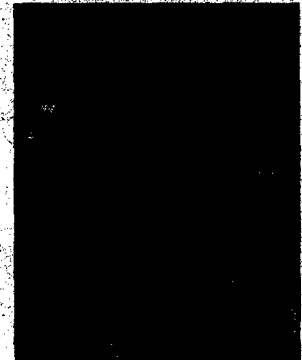
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402-375-2600



Noah Judson

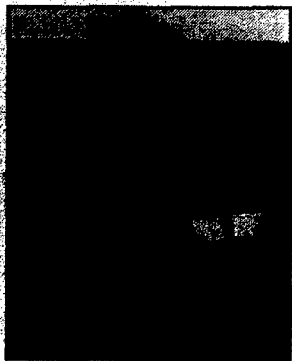


Lynn Junk

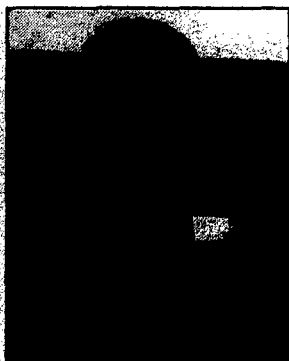


Andrea Kay





Jeff Ensz



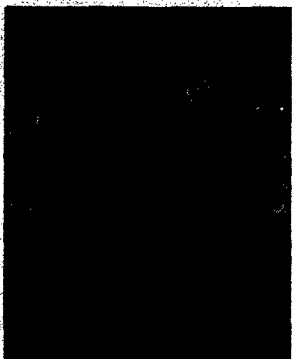
Jon Pickinpaugh



Kathryn Taber

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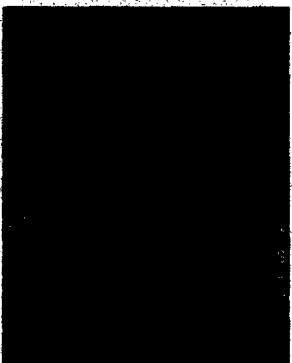
Heather Stauffer



Lindsay Stoltenberg

# The Wayne Herald

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Eric McLagan

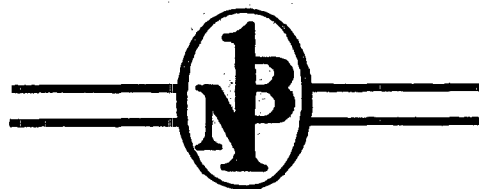


Stefanie McLagan



Ann Temme

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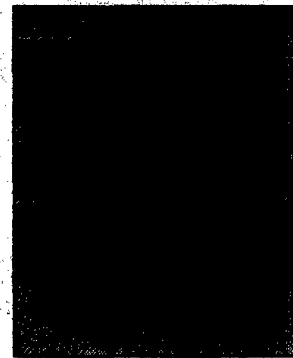
NEBRASKA



Beth Loberg



Ric Volk



Jill Meyer

# MAGIC WOK

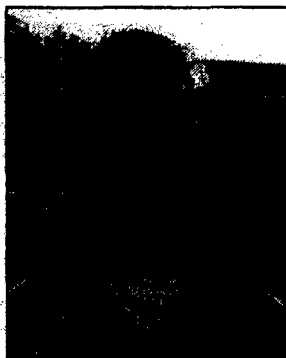
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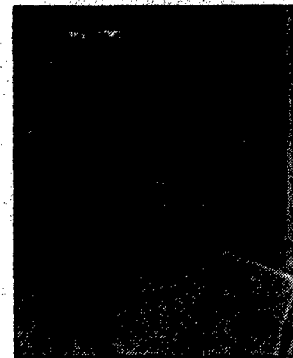
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Lisa Miller



Kevin Modrell



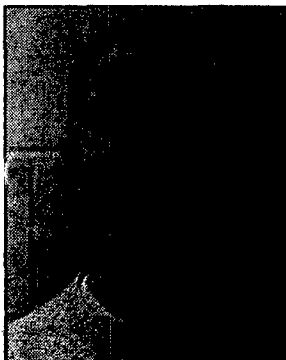
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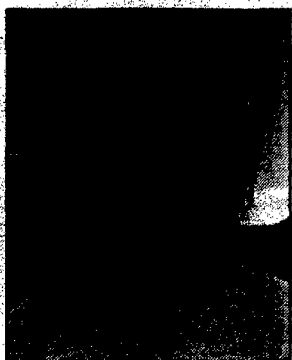


Jordan Widner

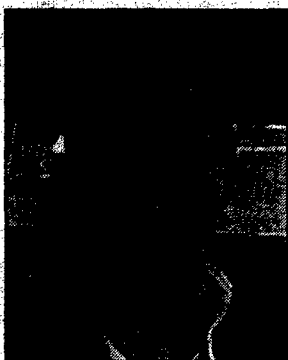


Craig Olson





Jamie Sharer



Sarah Pleper



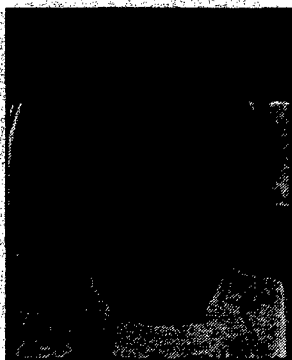
Amanda Maryott



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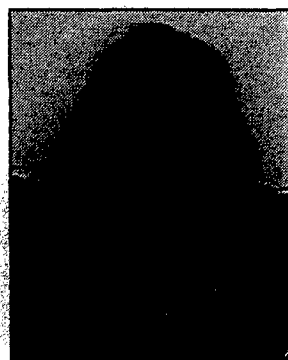
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Wayne, Nebraska  
375-5160



Amy Kemp



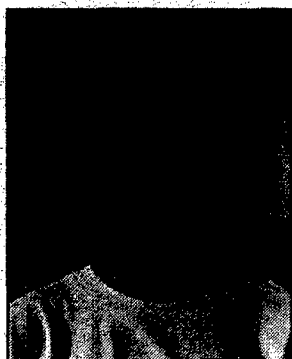
Charity Kroeker



Faith Kroeker

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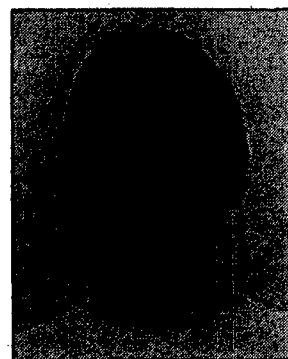
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375-3683



Jacey Klaver



Ryan Hix



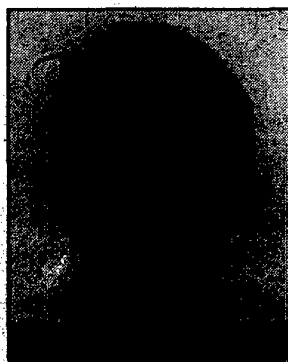
Chad Jensen

**IPI /  
PAT GARVIN**

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402-375-3577



Chris Woehler



Jeanne Allemann



Danika Schuett

**JAMMER**  
**PHOTOGRAPHY**

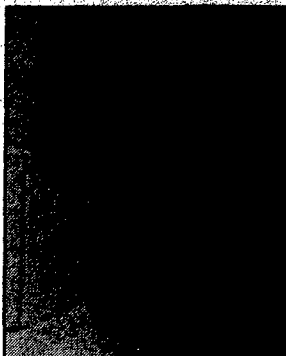
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1 (800) 866-4293



Jamie Backstrom



Heather Headley



Brittany Jareake

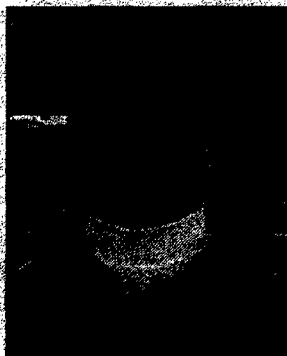


**The State  
National Bank  
and Trust  
Company**

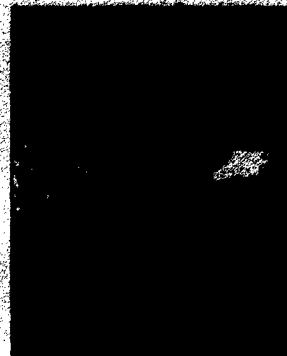
Main Bank 116 West 1st • 402/375-1130  
ATM's: 7th & Windom, Pac 'N' Save, Pamida  
Drive-In Bank 10th & Main • 402/375-1960  
Wayne, NE 68787 • Member FDIC  
E-mail: snbtc@state-national-bank.com



Sarah Ekberg



Dan Roebber



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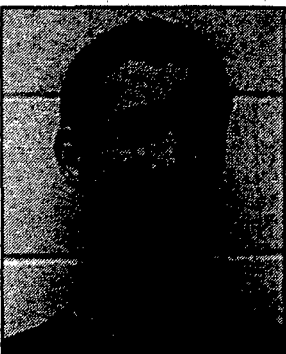


**STOLTENBERG  
PARTNERS**

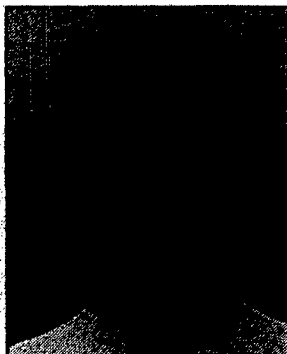
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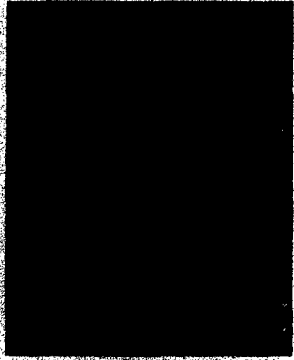


Trevor Krugman

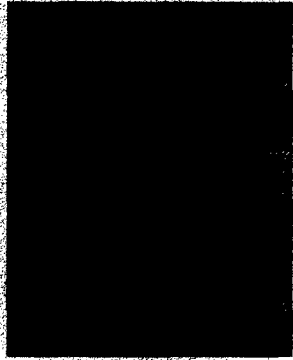


Angie Thede





Michael Sturm



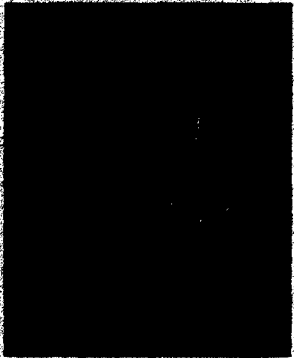
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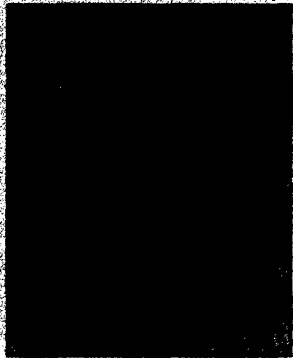
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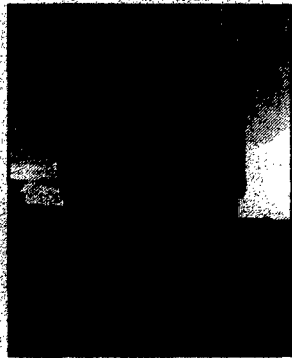
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Marilyn Fletcher



Megan Jensen

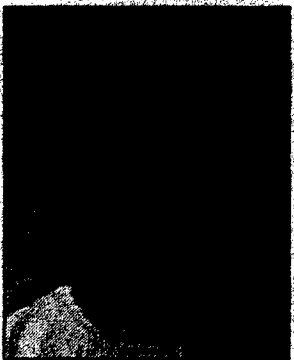


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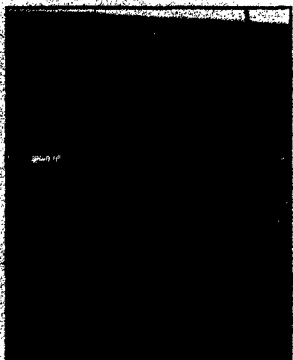


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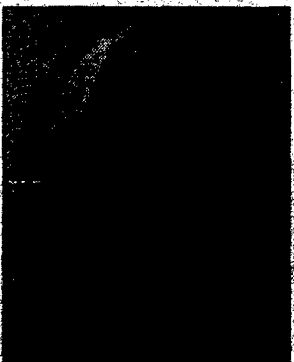
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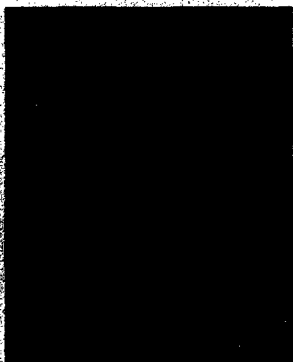
Kenneth Kopperud

## K & G Cleaners/ United Skateboard Shop

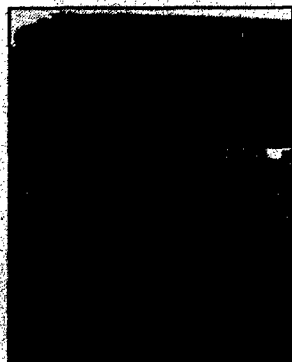
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1-800-757-1327  
375-1327 (Wayne)



Natalie Rauss



Aaron Jorgenson



Ryan Klassen

*Saw-Mor Pharmacy*

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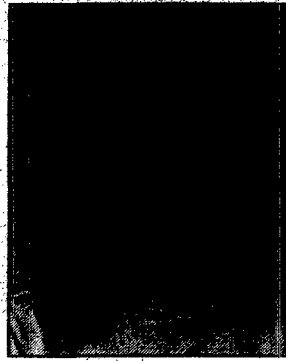
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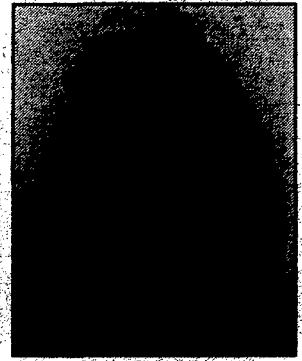
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Wayne  
375-4472



Katie Straight



Laura Sutton

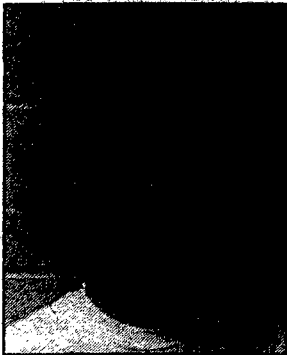


Shawna Hefti

# KTCN

Oldies Country  
104.9 FM - 1590 AM

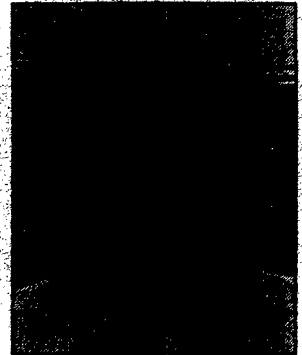
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Alysa Heithold



Brad Hochstein



Karissa Hochstein

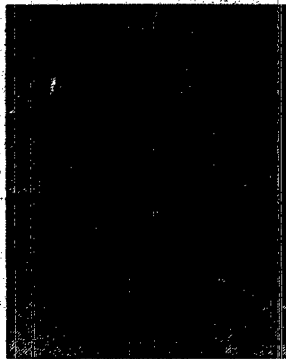


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Megan Weber



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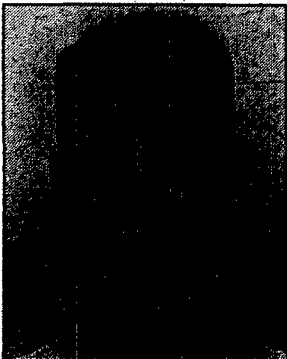


Alissa Dunklau

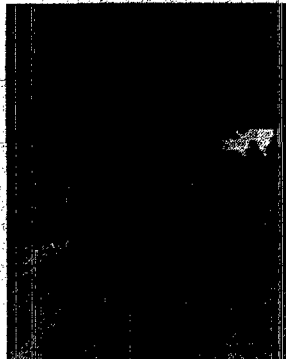


## Copy Write Publishing

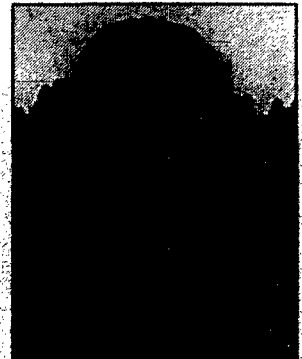
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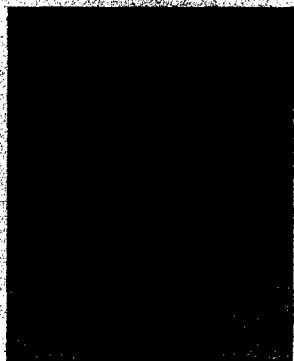
Tony Carollo



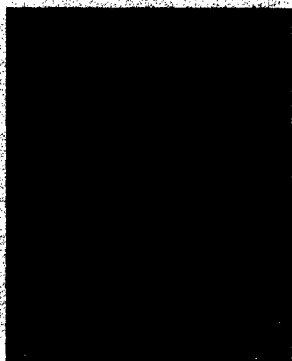
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Kelly Mitchell



Jessica Claussen



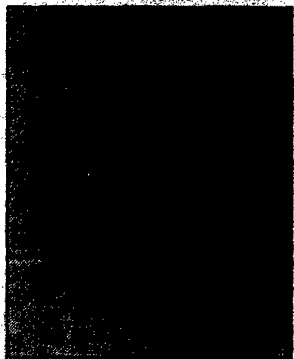
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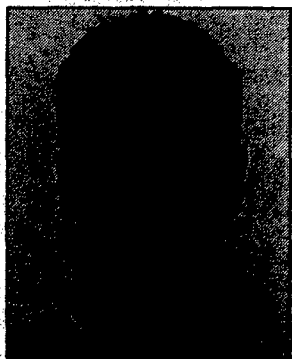
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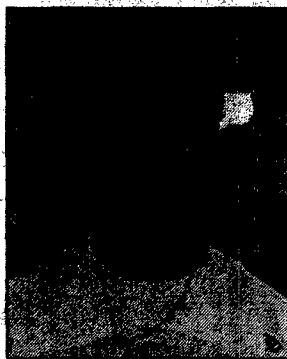
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Wayne, Nebraska  
375-2414



Kelli Penn



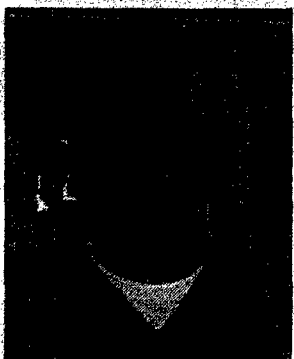
Nick Lipp



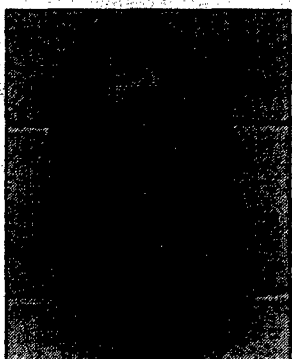
Stacy Kardell



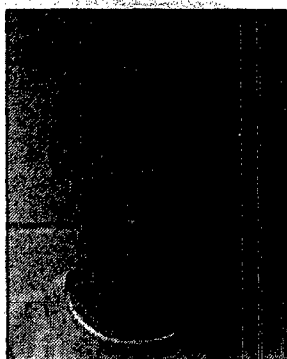
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Tanner Niemann



Trevor Wright



Jeremy Foote

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Tiffany Frerichs



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Judd Gless

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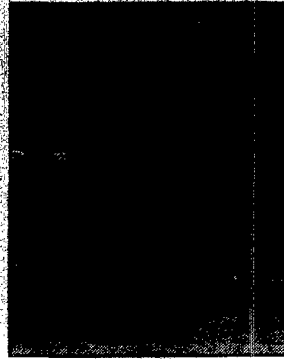
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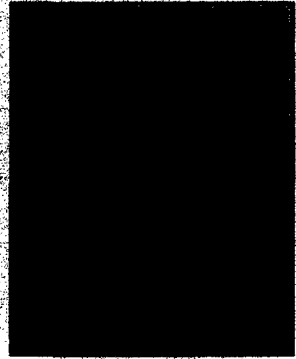
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Wayne, Nebraska  
402-375-1107



Monica Boehle



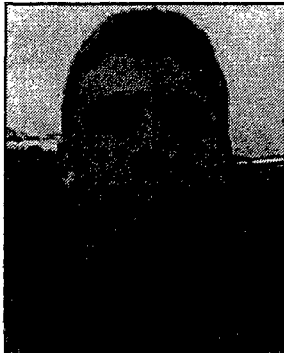
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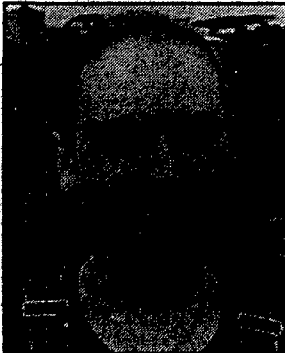
Emily Kinney

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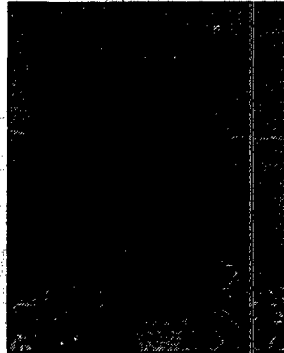
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375-1202



Ryan Teach



Brandy Jones



Shane Baack



Eric Shapiro

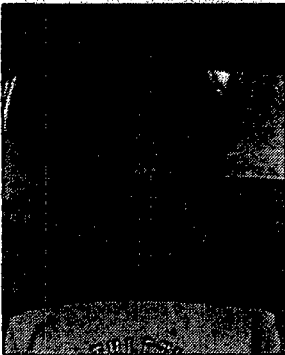


# Farmers & Merchants state bank

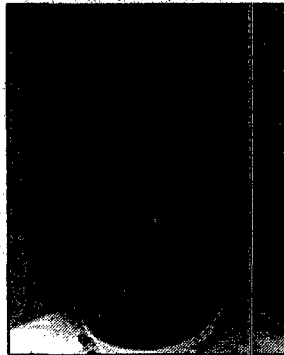
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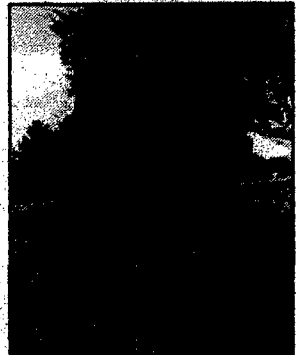
Member  
**FDIC**



Malissa Fredrickson



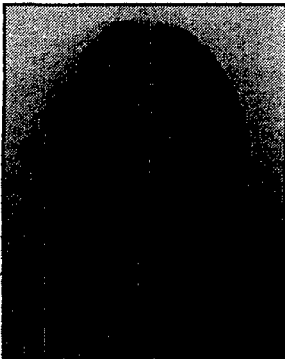
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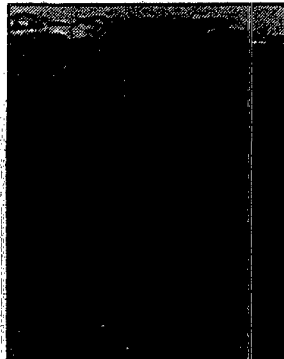
Mike Swerczek

# Pamida *Hometown Value!*

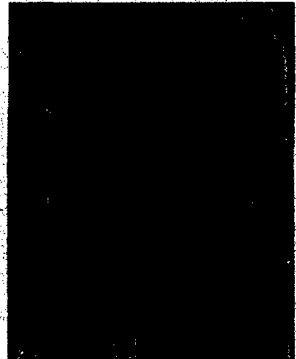
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Wayne, Nebraska  
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Andrea Simpson



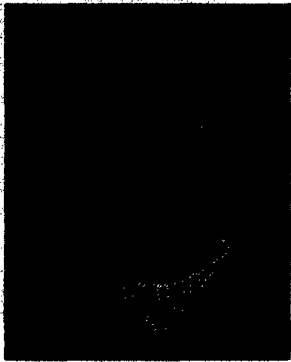
Kristin Hix



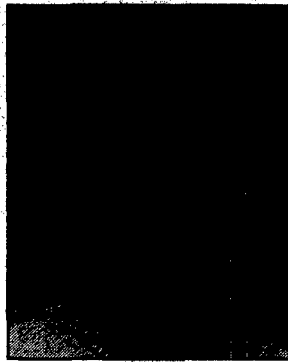
Jodi Stowater



Tanner Niemann



Adam Jorgenson



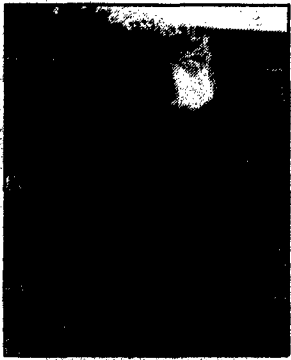
Brad Hansen

# TACOS & MORE

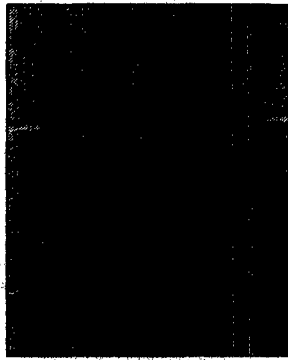
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Wayne, NE  
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Christina Gathje



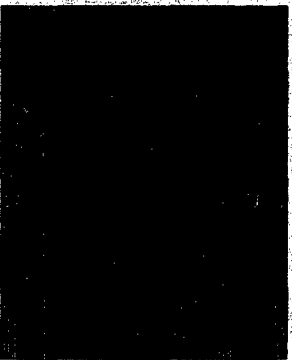
Jason Gangwish



Katie Barry

# TACOS & MORE

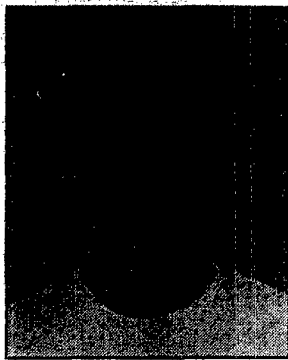
509 Dearborn Mall  
Wayne, NE  
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Jared Yates



Amber Nelson



Heather Zach

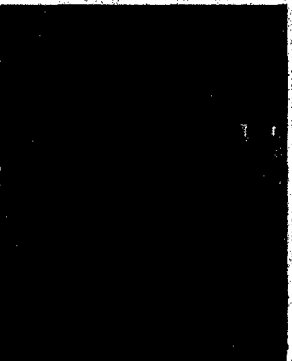


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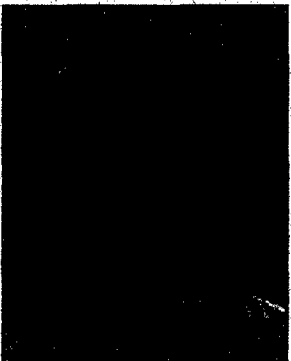
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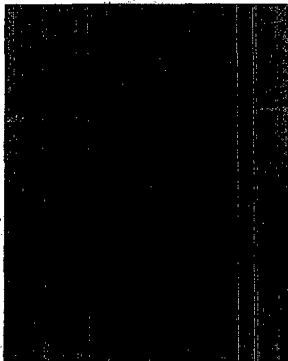
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Tara Grone



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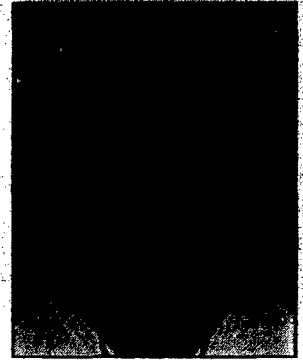
112 EAST 2ND STREET  
MINESHAFT MALL — WAYNE, NE  
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Brady Helthold



Monica Novak

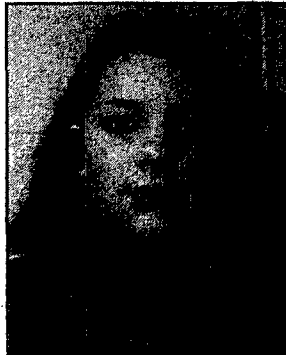


Kayla Schmale



## Stadium Sports

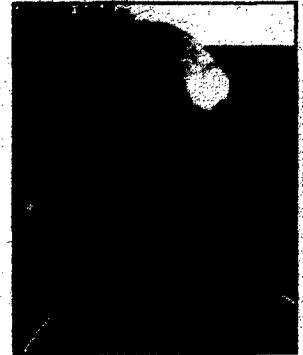
120 Logan Street • Wayne, NE  
402-375-3213



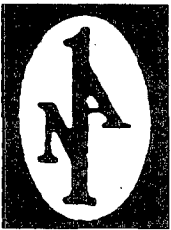
Kim Denklau



Kristin Echtenkamp



Jon Ehrhardt



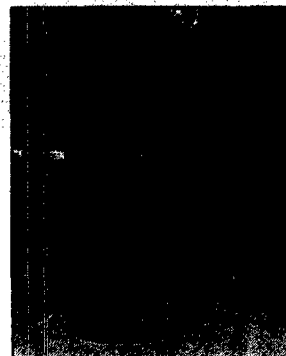
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Gary Boehle - Steve Muir  
303 Main • Wayne • 375-2511

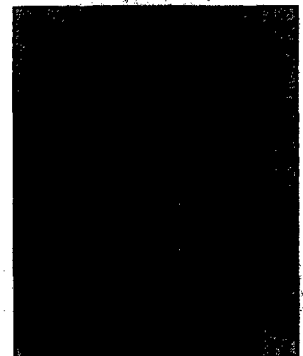
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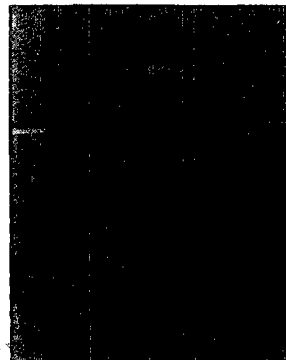
Mary Boehle



Emily Brady



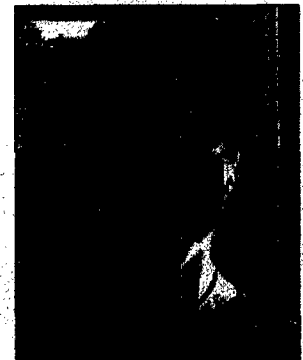
1330 East 7th  
Wayne, Nebraska  
375-1449



Shanon Johnson



Lisa Mitchell



Emily Lutt

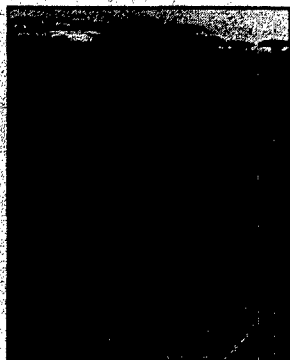




Jessica Agler



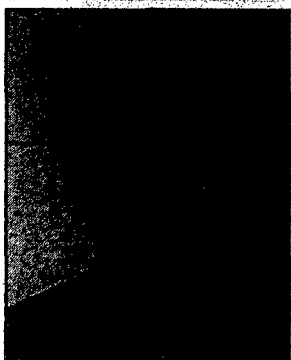
Aaron Bethune



Allse Bethune

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Wayne, Nebraska  
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Andrea Bethune



Britni Bethune



Devin Bethune



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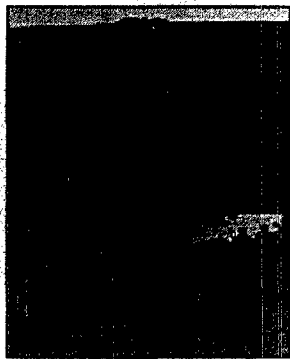
603 N Main • Wayne • 375-9982 • 375-4151



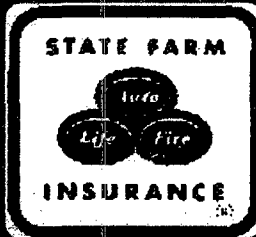
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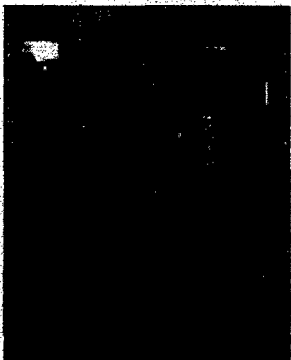
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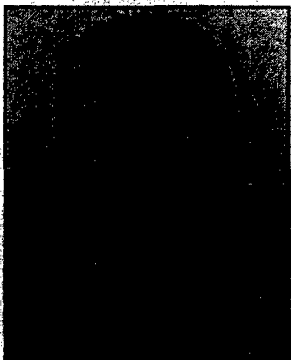
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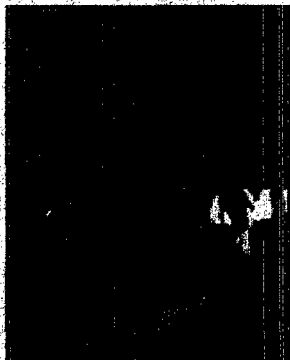
STATE FARM  
INSURANCE



Sarah Brumm



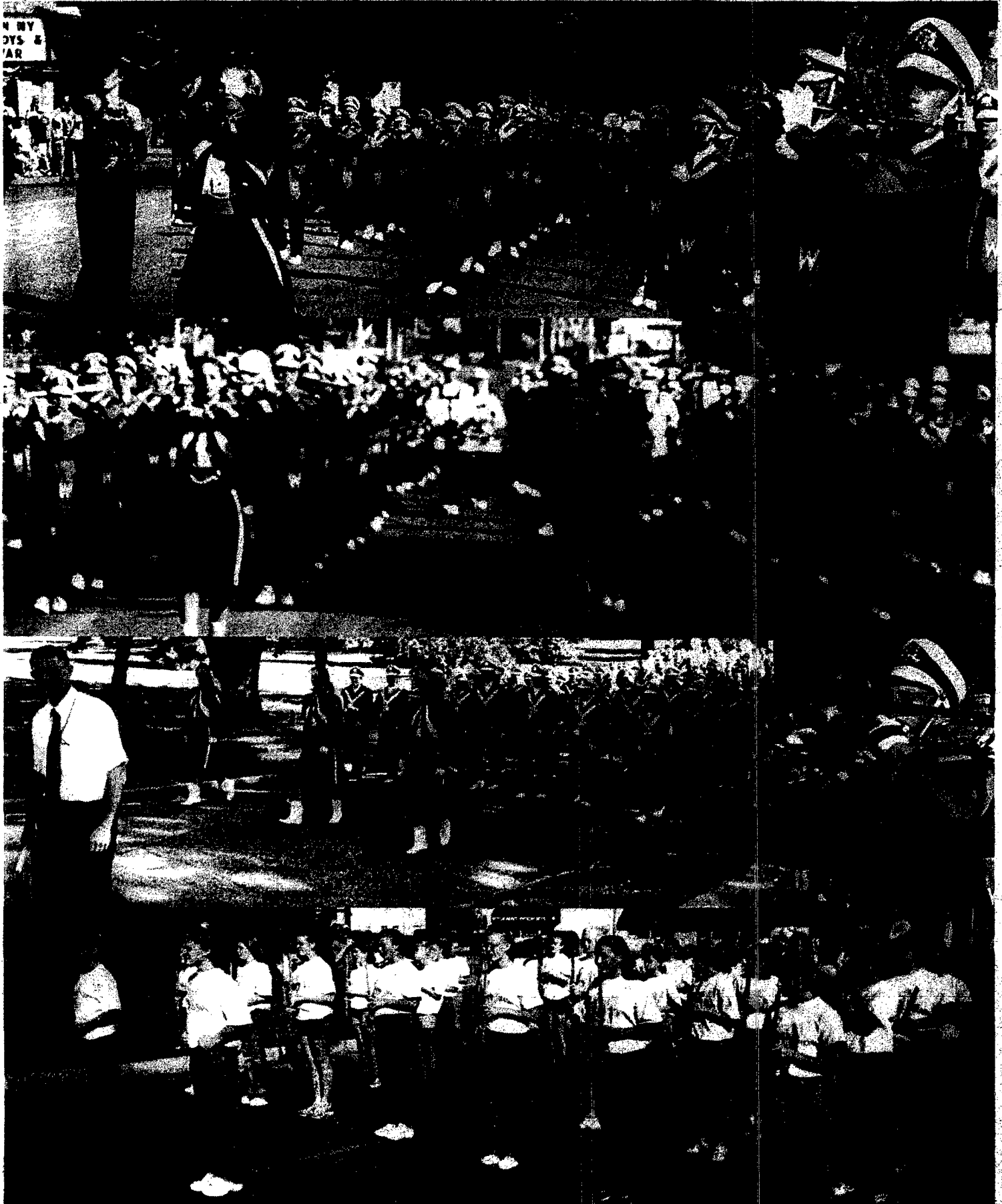
Marcus Burns



Justin Davis

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# LEISURE TIMES

A bi-monthly publication for Senior Citizens

September 27, 2000

Contact your local newspaper

## Oaks provides alternative

From a pet show to a wine and cheese party and a gubernatorial proclamation, residents of The Oaks Retirement Community celebrated Assisted Living Week from Sept. 10 through Sept. 16.

The Oaks currently has 19 assisted living units with 11 more under construction. In addition, there are 29 apartments available for independent living with eight more under construction.

The facility, which opened in August of 1996 employs approximately 30 people. It is owned by the Excel Corporation with Kaye Morris of Wayne serving as administrator.

National Assisted Living Week sponsored by the National Center for Assisted Living and spotlights the crucial role assisted living facilities play in helping the nation's elderly to live independently while enjoying a meaningful quality of life.

Statistics indicate that there are more than 1.15 million people living in approximately 28,000 assisted living facilities throughout the country.

These people receive supervision, assistance and health care services as needed that emphasize their right to control their lives.

At The Oaks, the assisted living units are designed for people who can live independently, but who need assistance with life's daily living tasks.

Assisted living is an independent lifestyle with the availability of assistance in the areas of personal care and daily support services.

Depending on the individual's need, support services can include personal care services such as help with bathing, dressing, medication administration and planned recreation with friends of the same age group.

Residents continue to enjoy their own personal possessions by furnishing their apartments. Laundry, housekeeping and transportation



**IRENE REIBOLD WEARS** her fishing hat for 'Hat Day' celebrated at The Oaks in Wayne. 'Hat Day' was one of the activities held during Assisted Living Week, Sept. 10-16.

are also available to residents.

During the week of Sept. 10 residents of The Oaks participated in a number of activities including Grandparents Day Reminiscence in

which 18 residents and four staff members attended. The group spent time exchanging memories and unique accomplishments including the fact that one great-grandparent

was a National Log Rolling Champion and one had a great-granddaughter who won a Beautiful Baby Award on the state and national level.

Hat Day was celebrated with a display of vintage hats from Kathy Berry's collection. Some of the hats dated back to the 1920's with both simple and fancy hats on display. The 70 hats were again the focus of much reminiscing of days gone by.

The Rainbow World pre-school children also were part of "The Art of Life" celebration for the week. They made refrigerator magnets and sang several songs. Diane Glass and Mary Temme were the instructors who accompanied the children.

A Pet Show was held with both live and stuffed animals and the Chamber Coffee was held at the facility to round out the week's activities.

Nationwide, the "typical" assisted living resident is an 83-year old woman and the average age of all assisted living residents is 83 years. The average "youngest" age of residents is 64 years and the average "oldest" age of residents is 97 years of age.

The average male/ female ratio in assisted living residences is 74 percent women and 26 percent men.

The "typical" assisted living resident stays in a residence an average of 35 months.

As the nation's population grows older, the need for assisted living facilities will increase. Seniors housing construction is up 11 percent from 1997 levels and the majority of the assisted living residences under construction are freestanding with the remaining offering skilled nursing or specialty care.

For more information on the assisted living portion of The Oaks, call (402) 375-1500 or visit them at 1500 Vintage Hill Drive in Wayne.

More photos inside





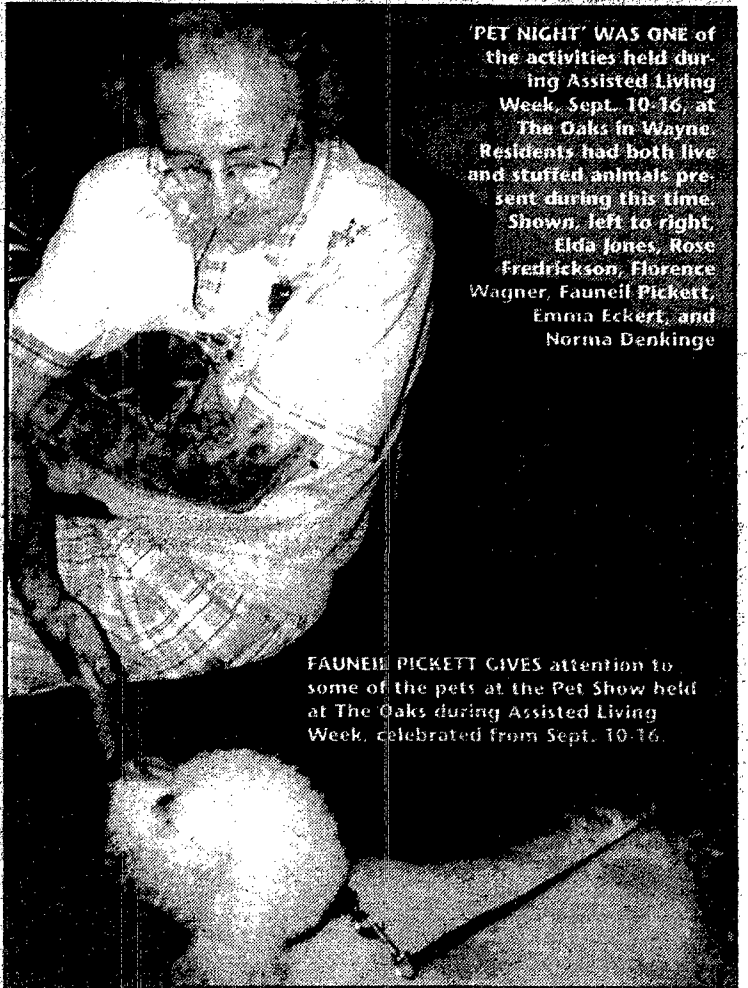
**RAINBOW WORLD PRE-SCHOOLERS** came to The Oaks to celebrate 'the Art of Life' by making refrigerator magnets and singing songs. Diane Glass and Mary Temme were their instructors. The group entertained residents of The Oaks in honor of Assisted Living Week held Sept. 10-16 at The Oaks in Wayne.



**RESIDENTS OF THE OAKS** in Wayne enjoy 'Red and Blue Day,' one of the activities held during Assisted Living Week, Sept. 10-16, at The Oaks in Wayne. Shown left to right are Marian Jordan, Tillie Jones, and Sue Wert.



**'PET NIGHT'** WAS ONE of the activities held during Assisted Living Week, Sept. 10-16, at The Oaks in Wayne. Residents had both live and stuffed animals present during this time. Shown, left to right, Elda Jones, Rose Fredrickson, Florence Wagner, Fauneil Pickett, Emma Eckert, and Norma Denkinge



**FAUNEIL PICKETT** GIVES attention to some of the pets at the Pet Show held at The Oaks during Assisted Living Week, celebrated from Sept. 10-16.


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# Get ready for cold season

A runny nose, congestion, cough, scratchy throat and hoarse voice may be the sign of the onset of a cold.

On average, adults get two to four colds a year, while children catch as many as six to eight. While colds are usually not a serious health threat to most people, they do account for the greatest number of visits to the doctor's office each year.

The Nebraska Medical Association offers some tips to help minimize the effects of a cold. Colds are caused by highly contagious viruses that are spread through the air on droplets of fluid and are breathed in or picked up from touching a surface.

While you can't prevent all colds, you can reduce the risk of catching one. Washing your hands often and keeping them away from your face can help

reduce the risk of catching a cold from contact with an infected surface. Not getting too close to a person with a cold can also help to lessen your chances of contracting a cold. If you do come down with a cold, be sure to take it easy and drink plenty of non-caffeinated and non-alcoholic liquids. You may also choose to take an over-the-counter cold medication or pain reliever.

Remember to cover your mouth and nose when coughing and sneezing to help reduce the risk of spreading your cold to others.

While a cold will usually go away on its own within a few weeks, you will want to contact your physician if the symptoms become unusually severe, your cough worsens, you get an earache, you are running a high fever or you start to get better and then get worse again.

# Schedule regular prostate exams

The prostate is a gland about the same size and shape of a walnut that is located just below the bladder in men.

It is a part of the male reproductive system, producing the liquid, called semen, to carry sperm. While most men live their lives without prostate troubles, problems can set in, usually after the age of 40. The Nebraska Medical Association urges men to pay attention to warning signs that may indicate trouble with their

prostate.

Some common afflictions of the prostate gland include an enlarged prostate and prostatitis, which is an inflammation of the prostate. The symptoms of these conditions are most noticeable during urination. Frequent urination, difficulty urinating, frequently waking up at night to urinate, pain or burning while urinating and blood in the urine are all symptoms which may indicate a problem with the prostate.

# Social Security solvent until 2037

The Social Security Board of Trustees' annual report reveals that the long-range financial picture of Social Security's program has improved since last year.

Specifically, the Board announced that Social Security's trust fund assets will not be depleted until 2037.

The Trustees urged bipartisan legislative action to restore the long-term balance to Social Security.

While the news is positive, we must not delude ourselves with wishful thinking. The Social Security Trust Funds simply will not fix themselves," said Greg Heineman, Social Security manager in Norfolk. "Our strong economy gives us a window of opportunity to strengthen Social Security for future generations of workers."

The annual report also indicates that in 2018, trust fund expenditures will begin to exceed tax revenue. Beginning in 2025, trust funds assets will be drawn down to pay benefits until the funds are exhausted in 2037.

In its 60th report to Congress, the Trustees also reported the following:

The Old-Age and Survivors and Disability Insurance Trust Funds paid benefits amounting to \$288.9 billion in 1999 and there were 44.6 million beneficiaries on the rolls at the end of 1999.

In 1999 an estimated 152 million people worked in jobs covered by Social Security.

Administrative expenses were \$3.3 billion in 1999, or about 0.9 percent of benefit payments for the year.

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# Do not take your vision for granted!

Age-related macular degeneration (AMD), the leading cause of blindness in persons over age 65 in the United States, is an irreversible illness that can diminish your quality of life, impairing your ability to drive, read or even prepare food.

At least one nutrient found in dark leafy green vegetables is thought to be an effective solution. Lutein may play a role in reducing the risk of AMD and help slow down or halt its progression, according to Steve Pratt, MD, a senior ophthalmologist at Scripps Memorial Hospital, La Jolla, Calif.

"By the time a person is diagnosed with AMD in their 60s or 70s, the disease has been developing for decades," says Pratt. "Prevention is the only realistic hope for halting the increasing prevalence of AMD-prevention that must start at an early age."

Pratt cites lutein supplementation as critical to reducing the risk of AMD. To help reduce the risk of AMD:

- Consume foods high in lutein content. Lutein is most highly concentrated in dark leafy green vegetables like spinach and kale.

- Select a supplement that contains lutein if you don't get enough from your diet. Choose a supplement that contains at least 6 mg of lutein.
- Look for a supplement containing FloraGLO® Lutein, the only purified crystalline source of lutein for supplementation.
- Limit alcohol consumption.
- Don't smoke.
- Wear sunglasses and a wide-brimmed hat to reduce sun exposure.

Prevent Blindness America estimates that as many as 13 million people in the United States suffer from AMD. Researchers believe that a higher dietary intake of the related carotenoids lutein and zeaxanthin, may help reduce the risk of AMD. Lutein deposits in the macula, the part of the eye that controls 20/20 vision, and helps filter out blue light or harmful rays from the sun.

More information or a copy of the brochure by the Alliance for Aging Research, Independence for Older Americans: An Investment for Our Nation's Future, is available from Kemin Foods, L.C., phone 1-888-248-5040. Website: <http://www.keminfoods.com>.



## Grandparents Day

Students of Krayola Kids Pre-School of Wayne served seniors a meal at the Wayne Senior Center for a Grandparents Day celebration at the center recently. Sandwiches, Cheetos, pickles, and juice were on the menu for the preschoolers to serve.



# Anesthesia is safe and effective practice

From a filling in your tooth to major surgery, anesthesia plays an important role in healthcare. Anesthesia is used in more than 25 million surgical procedures each year as a pain killer and muscle relaxant and to help block the memory of a surgical procedure.

The Nebraska Medical Association reminds you that with the advances in monitoring technology and drugs, anesthesia is a very safe and effective practice.

There are three basic forms of anesthesia: local anesthesia, which numbs a small part of your body while you remain fully awake; regional anesthesia, which numbs a region of your body while you remain either fully awake somewhat sedated; and general anesthesia, which renders you completely unconscious.

Which anesthesia is used depends

on several factors, such as the procedure, your health condition and your age.

Anesthesia may be administered topically, by injection, intravenously or inhaled through a mask. When discussing an upcoming surgical procedure, your healthcare profes-

sional will also discuss which anesthesia will be used. This is a good time to ask questions and discuss any concerns you may have about anesthesia.

Contact your physician for more information on the practices and effects of anesthesia.

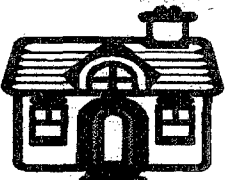


## Style Show

The Wayne Hospital Auxiliary held a style show Sept. 10 featuring Susan McLain's 'Yesterday's Lady' collection of antique clothing from the 30s, 40s, and 50s. The clothes were modeled by members of the hospital staff and the community. Money raised from the annual event will go toward the purchase of a fetal monitor to be used at Providence Medical Center.

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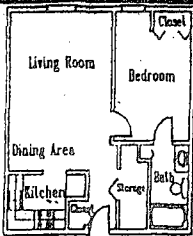
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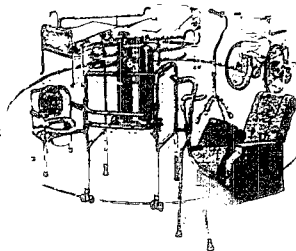
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29-Fri.-Dr./Open	11-Wed.-Dr./Open	24-Tues.-Norfolk	3-Fri.-Dr./Open
<b>October</b>	12-Thurs.-Dr./Norfolk	25-Wed.-Dr./Open	6-Mon.-Dr./Open
2-Mon.-Dr. Open	13-Fri.-Dr./Open	26-Thurs.-Dr./Yankton	7-Tues.-Yankton
3-Thurs.-Dr./Norfolk	16-Mon.-Dr./Open	27-Fri.-Dr./Open	8-Wed.-Dr./Open
4-Fri.-Dr./Open	17-Tues.-Yankton	30-Mon.-Dr./Open	9-Thurs.-Dr./Sioux City
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**It's Time For A Change**

## Superior residents proud of new book set in their community

SUPERIOR — When the senior producer of NBC Nightly News first visited this farm town two years ago, many of the local folks didn't know what to think.

He claimed to be writing a book. A novel that he wouldn't talk about, other than to sometimes mention its title would be "The Man Who Ate The 747."

"Everyone was a bit skeptical. He wouldn't tell us much," said Bill Blauvelt, editor of The Superior Express newspaper. "It's not that often that some guy from New York City wants to come to our small town to write a book."

Ben Sherwood visited at least six more times on weekends and during vacations before the town's 2,397 residents truly learned what was behind his frantic note-taking, unusual questioning and awkward people-watching.

His book was released Aug. 29 with the title he promised, and people here are thrilled with what they have found in its pages.

The quirky love story is set in Superior with its characters based on real people living in the town, their names were changed and the odd plot was dreamed up by Sherwood.

"He found gems in this town we didn't know we had, particularly in the many wonderful characters. It's changed the face of our town," said Marjorie Longfellow Smith, a 99-year-old retired teacher who was the first one Sherwood asked to read the book's manuscript.

**"He found gems in this town we didn't know we had, particularly in the many wonderful characters. It's changed the face of our town."**

— Marjorie Longfellow Smith

The book has climbed best seller lists across the country. Without a bookstore within 40 miles of Superior, copies are sold at the local newspaper office. All 288 copies of the novel ordered for a book signing Friday were sold within 30 minutes before Sherwood arrived. Residents, some wearing t-shirts boasting of the book, placed orders for another 130 by the time he left.

"I never imagined that I would want to keep coming back here, but I fell in love with this place and its people," Sherwood said during a break from the book signing.

The book is about a farmer who tries to eat a Boeing 747 airplane, piece by piece, to show one woman how much he loves her. A record keeper for The Book of Records visits the small town to verify the man's feat and eventually falls in love with the same woman.

"It's fiction. Nobody ever tried to eat an airplane here," Blauvelt said. "But other than the story line, it's like you have walked the streets of Superior."

"When he writes that they go out for

red beer and sauerkraut pizza on Friday nights, that really happens at Jughead's Bar," he said.

Sherwood, a native of Los Angeles, said he chose Nebraska because his mother's family lived in Omaha. He chose Superior because of its proximity to the center of the United States and to Red Cloud, the town where author Willa Cather wrote many of her books.

"I wanted to pick a town that was in the heart of the heartland," Sherwood said. "I always thought some of the best and most unusual characters were in some of these little towns that are typically ignored."

Sherwood researched his book by living with the people of Superior. He quoted real conversations between its residents in the book. He sat in on school board meetings, auctions and dances. He helped farmers bring in their harvests, hauled hay bales and put up fence posts. He learned to drive a train and a tractor, stood on top of the town's tallest grain elevator and rode in a crop-dusting plane.

The town is also excited about Warner Brothers' *Bel Air* Entertainment recently buying the film rights to the book.

The state's film office, local leaders and Sherwood are pushing for the movie to be shot in Superior.

"I used to think this was in the middle of nowhere," Sherwood said. "Now I think it's in the middle of everywhere."

## Neb. second in nation's census participation

LINCOLN — Nebraska tied for second among the 50 states in its response rate to the 2000 U.S. Census, and the city of Lincoln tied for second among the nation's 100 most populated cities.

Nebraska, Wisconsin and Minnesota, each with 75 percent of residents returning census forms, came in second among states to Iowa, with 76 percent.

The city of Lincoln's 77 percent response rate tied for second with four other most populated cities — Hialeah, Fla.; Madison, Wis.; Fremont, Calif., and Huntington Beach, Calif. The city with the highest response rate was Chesapeake, Va., with 78 percent.

Nebraska's largest city, Omaha, tied for 14th with a response rate of 73 percent, up from 67 percent in 1990. Lincoln's response rate for the 1990 Census was 75 percent.

Nationally, the response rate was 67 percent, said Commerce Secretary Norman Mineta. That was two points better than 1990's response rate of 65 percent, but six percentage points higher than the 61 percent rate the Bureau had predicted.

The figures released by the Census Bureau represent the percentage of housing units that returned their filled out questionnaires.



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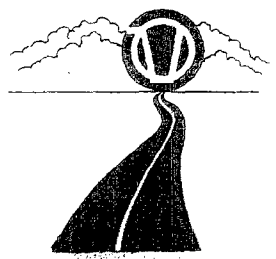
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# Planners approve national WWII memorial

WASHINGTON—Ground will be broken on Veterans Day, Nov. 11, for a controversial World War II memorial on the National Mall that critics fear will spoil the majestic views of the Lincoln Memorial and the Washington Monument.

With decorated war veterans such as Sen. Daniel Inouye, D-Hawaii, and former Republican presidential candidate Bob Dole speaking in favor of the monument, the National Capital Planning Commission approved the design 7-5 last week.

"This will allow the groundbreaking to begin, and I'm delighted with that," Commission Chairman Harvey B. Ganitt said following the vote.

The commission left open the question of a central statue bearing a "Light of Freedom," to be placed in the middle of the Rainbow Pool, until a design is submitted.

"If they don't get a design they like, they may not put anything there at all," said Michael G. Conley, spokesman for the American Battle Monuments Commission.

The planning panel also asked designers to bring in a

new lighting system, after its staff asked for one that would both provide security for night visitors and not interfere with the lighting of the existing monuments.

Approval of minor structures, including an information booth and a comfort station, were deferred until another meeting Oct. 5.

At Thursday's 10-hour hearing, critics argued that the design of the new memorial was confusing and that the structure would mar the views of the famed memorials honoring Abraham Lincoln and George Washington across the grassy expanse of the National Mall.

"Who would history blame for the unspeakably confused set of half-baked notions before you that pass for a memorial?" said a leading opponent, Eleanor Holmes Norton, the District of Columbia's non-voting delegate to Congress.

Inouye and Dole, both of whom were wounded in World War II, countered Norton's objections.

"I'm a good friend of Eleanor's, but we just happen to have a disagreement here."

Dole said. "We'll try to lay it out and let the commission decide, and that's what World War II was all about — so we could have freedom of expression and have different views."

Dole urged approval of the design so the groundbreaking could take place on Veterans Day.

The memorial would sit at far end of the Reflecting Pool that stretches away from the Lincoln Memorial, with 56 pillars, each 17 feet high, and two large rainbow-shaped pools surrounding a sunken plaza. Visitors would enter through two 41-foot-tall arches.

Two fountains would send jets of water twice as high as the pillars. Wind sensors able to reduce the flow would protect visitors from the spray. A wall of gold stars would represent veterans killed in the war.

Dole has led a campaign that has raised nearly \$140 million for the new monument. Another veteran who helped in that effort was Sen. Bob Kerrey, D-Neb., who was awarded the Medal of Honor for bravery in Vietnam.

Architect Friedrich St. Florian said the monument's central sculpture by Ray Kasky is "a work of art still in progress" and he did not know when the design would be ready.

He told the commission that it would be no more than 15 feet high and would not interfere with views of either the Lincoln Memorial or the Washington Monument.

Meanwhile, plans were announced Thursday for an education center aimed at adding context to the 58,220 names on the Vietnam Veterans Memorial.

But supporters doubt legislation authorizing it will pass Congress this year, in part because the World War II memorial and a proposal to honor President Reagan may crowd it out.

Sen. Max Cleland, D-Ga., who lost three limbs in a grenade blast in Vietnam, says he is frustrated by the delays in erecting memorials.

"It's part of our history, and it's a history we ought to publicly acknowledge," Cleland said.

## Oct. 12 seminar will help alleviate brown thumbs

BLOOMFIELD — Do you or some one you know have a brown thumb?

Do your plants leaves turn yellow or the leaves just fall off when you touch them?

Can you get your blooming plants to bloom again? Do you have a problem getting your poinsettia's to last through the holidays and beyond?

Bloomfield's Flowers will host a ladies night out on Thursday Oct. 12 at the Bloomfield Community Center.

The speaker for the evening will be a national award winning green house owner and expert in plant care with over 40 years experience.

He will be sharing all the best tips on how to properly care for all your domestic, blooming and novelty plants. The featured plant of the evening will be the poinsettia.

There will also be an array of door prizes to be won that evening.

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# Special month reminds area residents about certain cancers

By Debra A. Kolecka, APRN

September is Ovarian and Gynecologic Cancer Awareness Month. This article will describe gynecologic cancers, detection, and prevention.

Cancer of the uterus primarily affects postmenopausal women, with peak occurrence between 50 and 70 years of age. Factors related to an increased risk of uterine cancer include infertility, obesity, diabetes, and hypertension.

Uterine cancer has also been linked to estrogen replacement therapy unbalanced with progesterone. The first sign of uterine cancer is abnormal uterine bleeding. It may range from light, irregular bleeding between menstrual periods to heavy prolonged periods. After menopause, any bleeding is suspicious. Another early sign may be excessive white or yellow vaginal discharge. Later signs include cramping, pelvic discomfort, lower abdominal or bladder pressure, bleeding after sexual intercourse, and swollen lymph nodes.

Ovarian cancer is the most lethal of all cancers that affect the female reproductive system. The reason for its le-

thality is the advanced stage when diagnosis is made. It most frequently occurs in women over age 60. The risk associated with ovarian cancer increases with

who have had more than one sexual partner, those whose partner has had more than one sexual partner, those who became sexually active before age 18, those with a history of vaginal infections, genital herpes, or genital warts, those whose mothers took diethylstilbestrol to prevent miscarriage, and those who had their first child before age 20 or who have had many pregnancies.

Cancer of the cervix has also been linked to cigarette smoking. Because early cervical cancer is asymptomatic, early diagnosis is essential.

The Pap smear is a simple, relatively painless and inexpensive method for detecting precancerous and cancerous conditions of the cervix. This is a routine part of a gynecological examination. The gynecological examination also includes palpation of the uterus, ovaries, and fallopian tubes for enlargement, masses, or tenderness which may

be indicative of cancer.

A woman can improve the accuracy of the Pap test and gynecological examination in the following ways: don't douche use tampons or vaginal medications, lubricants, or spermicides for two or three days prior to the test so that abnormal cells are not washed away or hidden; try to schedule the Pap so that it takes place between the 12th and 16th days of the menstrual cycle; abstain from sexual intercourse for one or two days prior to the test.

Women can reduce their risk for gynecological cancers by obtaining regular pelvic examinations and Pap smears, limiting the number of sexual partners, using latex condoms and spermicides to protect from sexually transmitted diseases, reporting promptly any changes or unusual symptoms to their health care provider, and stop smoking.

My next article will give equal time to the men in the audience, focusing on prostate and testicular cancers.

Sister Debra Kolecka is a Benedictine Sister of Sacred Heart Monastery in Yankton, SD and a Family Nurse Practitioner at Avera Sacred Heart Medical Clinic in Hartington.

**Women can reduce their risk for gynecological cancers in many ways. Obtaining regular pelvic examinations and Pap smears is one important way to reduce the risk.**

age. There is also increased risk associated in women who have not borne children and those with breast, uterine, or colorectal cancer. There is no diagnostic tool for early detection of ovarian cancer. If detected early, it is by chance and during routine periodic examination.

Cancer of the cervix usually occurs between ages 30 and 50 years. Women at high risk for the disease are those

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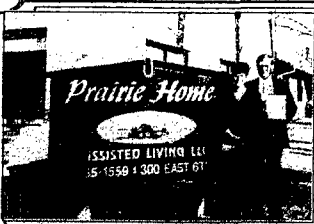
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# Trains dominate Randolph man's spare time

David Carstens  
Randolph Times

**RANDOLPH** — To say trains are just a hobby for Randolph resident John Heegle would be like saying the Grand Canyon is just a gorge in Arizona.

For Heegle, trains have been a way of life for more than 50 years.

"It seems like everything in my life has revolved around trains," Heegle said.

Heegle, 62, manages the Cedar Motel in Randolph, along with his wife, Myra.

Like most young boys, Heegle's early interest started with a Christmas present as youngster growing up in New York.

His first train was a wind-up British engine, some cars and track found at a Salvation Army store.

Heegle said it was wartime and toys back then were hard to come by, but his father knew how bad John wanted a train for Christmas.

You could wind that locomotive up and it would run for almost a half-hour, Heegle recalled.

His interests in trains and modeling continued into his teenage years and eventually he joined the nation's first model railroad club — The New York Society of Model Railroad Engineers.

He said club meetings were extremely organized. Members even came to the meetings dressed in suits.

It was at this club that Heegle became interested in HO scale model railroading, which at the time was considered to be the new modeling scale.

Today, HO scale is the most popular scale of trains and features a 1:87

New York to be with his family. As Heegle packed his belongings, a piece of paper fell out of a book. The

paper continued Myra's address and phone number in Chicago.

Heegle became in closer contact with

Myra in the future months and eventually planned to invite her to New York to propose.

He gave Myra a grand tour of the city and eventually proposed to her at a place near and dear to his heart — the New Central Railway station at Riverdale, New York.

"Trains were interwoven into our lives already," he said.

The Heegles were married Sept. 14, 1968, and living in New York for a short period of time.

Photography has always been an interest of Heegles and eventually he landed a staff photographer job for a daily newspaper in South Dakota.

After that job, the Heegles lived for a few years in Rapid City where John ran a photography counter at a variety store.

His stint at the variety store was short-lived as the store laid off its workers after sales started to taper off.

John soon took a job as a traveling portrait photographer. It was working on that job that he discovered Randolph, Nebraska.

In December of 1973, John set up his equipment at the Gambles Hardware Store in Randolph for holiday portraits with Santa.

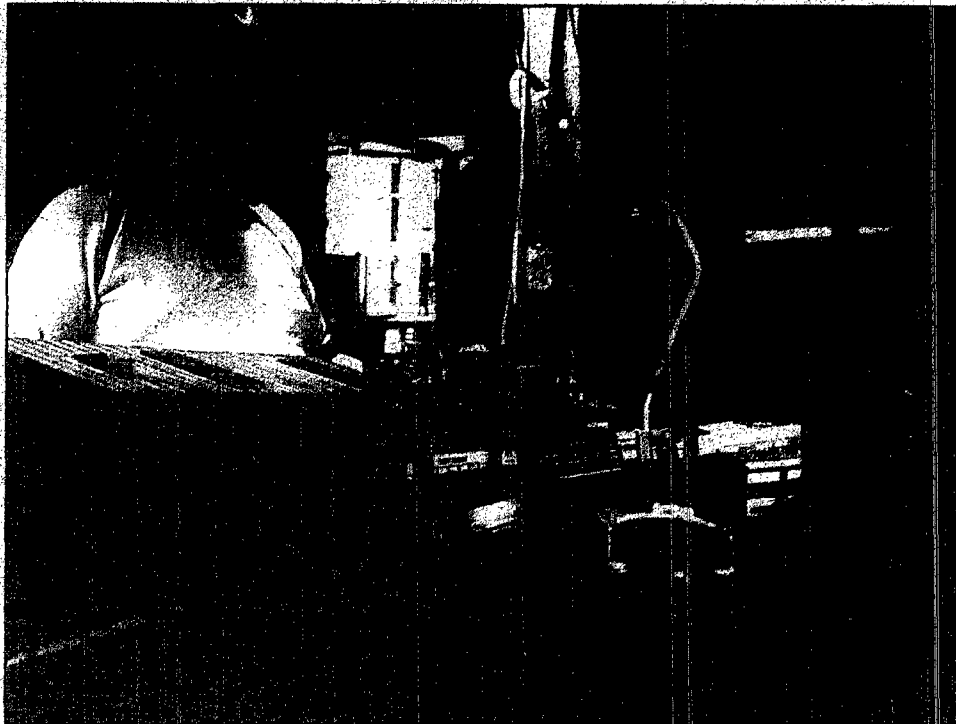
The Gambles' job was one of several in Northeast Nebraska Heegle was scheduled to shoot.

"Sam Reineke (the store's owner) suggested I stay at the Cedar Motel since I had to be in Randolph, Wausa and Laurel," Heegle said. "I stayed in Room Nine."

During his stay, he visited in the office with the motel's owners, Dorman and Bonnie Kuykendall, who had operated it for three years. The Kuykendalls were interested in selling the business, and Heegle saw it as a wonderful business opportunity.

The Kuykendalls sold the motel to Myra's parents and the Heegles took

See TRAINS,



John Heegle, Randolph, looks over a pair of trains as they pass on his detailed model railroad layout in the basement of the Cedar Motel in Randolph. (Photo by David Carstens)

scale meaning that the prototype is 87 times larger than the model.

His interests in trains continued and eventually he began to consider attending college to study architecture. He also was involved in the New York Air National Guard during his school years and later entered the military and was an aerial photographer.

In 1961, he was accepted to Dakota Wesleyan University in Mitchell, S.D. and made his trip to college via train.

"I took the 20th Century Limited to Chicago and then hopped on the Nebraska Zephyr to Omaha," he said.

The Nebraska Zephyr, a former Chicago, Burlington and Quincy-operated train, would have special significance in his life as he met his wife, Myra Presien,

on the train on a trip during his college years. Today, John has a model of the Nebraska Zephyr on his layout.

"We met on the train and had dinner together in the dining car," he said. "It was very nice."

Although John and Myra continued to correspond, Heegle said they both went different directions. Myra went to Chicago and John to Chadron to pursue his Masters' Degree in education.

While at Chadron, Heegle worked as a night auditor at the Blaine Motor Hotel. He said the coffee was always on at the hotel and it was common for Heegle to converse for extended periods with the train crews staying at the Blaine.

Heegle received news of a family illness and made plans to move back to

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FOR SENIORS

## Music competition sponsored by Nebraska Mothers

GRAND ISLAND — The Nebraska Mothers Association invites all Nebraska mothers to enter their state association piano, violin or vocal music completion for the year 2001. Monetary prizes will be awarded to the top state winners.

The state winners will be entered in the American National Vocal and Instrumental (piano and violin) competition for final judging. The national winners will each receive \$1,000 and will perform at the National Convention of American Mothers, Inc. which will be April 25-29, 2001, at Portland Downtown Marriott Hotel, Portland.

For rules and entry blanks, interested persons should write to Jeani Kolterman, Nebraska music competition chair, PO Box 7, Seward, NE 68434; phone 402-643-3903.

Deadline to enter the competition is Nov. 15, 2000.

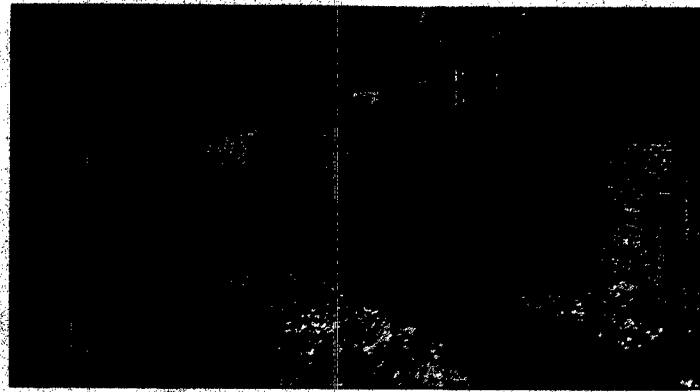
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A model train bearing Chicago and North Western colors rounds a curve on John Heegle's train layout.

## Trains

Continued

over management in 1974.

Several years later, John made plans to construct a permanent train layout in under the motel office. Portions of that original layout still stand today.

The word of his interest in trains traveled around the area and eventually Heegle met up with several others who shared his love of model railroading.

The group of model railroaders met in a round-robin setting, which meant they would go over to each others house and help work on their layouts.

"That was really a lot of fun," he said.

Heegle also made a display layout that was constructed for the local Fine

Arts Fair. The layout contained buildings depicting almost every business in downtown Randolph.

In 1981, Heegle was one of the founding members of the Northeast Nebraska Model Railroad Association and has participated in a number of shows and has built several layouts with the group since that time. The group has taken its portable set-up to shows in Omaha, Lincoln, Pierce, Laurel and Norfolk.

Today, he said he wants to be in a group like the round-robin gatherings. He's already found a number of area modelers interested in having a similar meeting structure.

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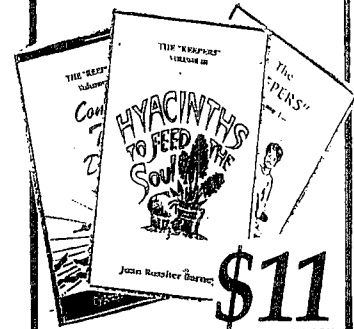
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# Area Social Security staff gives out filing tips

NORFOLK — As part of their efforts to support "Disability Awareness Month", the Social Security Administration is providing helpful tips to customers who want to expedite the processing of their disability claim.

"We've really improved our disability process over the years, but we want to continue to get better," said Alice Coke, acting manager of the Norfolk Social Security office.

"Our customers can help us speed up the decision time by being prepared when they file their application."

Coke suggested customers have the names and addresses of the doctors, hospitals and clinics that have treated them for their condition, as well as the dates they were treated.

In addition, copies of medical records, lab tests and names of medications are also helpful when filing for disability. While Social Security and the state Disability Determination Services will obtain this information, having it available at the time of the application increases the likelihood of a fast decision.

"No one should delay filing if they don't have the records or don't know all

of the information because we will help them with their application," Coke said. "But if you have the records and can provide them to us, it makes for a smoother and faster process."

Social Security disability decisions are made by the state Disability Determination Services. When a claim is filed, the application and medical forms are sent to the state agency where trained medical experts evaluate the applicant's physical or mental condition to see if it meets the disability guidelines. The entire process can take three months or more depending on the case.

If the medical information is incomplete or confusing, SSA or DDS must recontact the customer to verify the facts, which can sometimes create delayed decisions.

"Incomplete records are often the cause in delaying decisions," Coke said. "Having all the information available at the start of the application can cut out some of the legwork and makes things easier for everyone involved."

Coke said anyone wanting more information about the disability process or filing an application should contact the Social Security office.

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# Webers share more news of their Alaskan travels

**Editor's Note: This is the final installment about the recent travels of Duane and Mary Jane Weber. They are former publishers of the Osmond Republican, and now full-time RVers.**

By DUANE WEBER  
FOR THE OSMOND REPUBLICAN

The drive down the Kenai Peninsula is breathtaking.

We drove along the Russian River, known for its great salmon fishing. Locally, it is known as combat fishing as the fishermen are elbow-to-elbow.

Surprisingly, they say it works out very well. I did not try it. Our destination was Homer where we visited the Homer Spit and also the American Legion Post there, which is situated high above the city and spit with a fantastic view of the spit, Kachemak Bay and the snow-covered mountains across the bay.

In Homer, we visited an art gallery where we saw wildlife paintings by Judi Rideout of Palmer. She is a sister of Betti Moritz of Osmond. After that we saw her paintings in other

shops as well as reproductions on computer mouse pads.

We drove back up the peninsula with a stop at Ninilchik where there is an old Indian village and a Russian Ortho-

The history and evolution of the church with the aboriginal influence is quite interesting. Our trip took us back up to Soldotna and down the other side of the peninsula to Seward.

glacier calving (huge chunks of ice shearing off into the water). On our way back, we were entertained by two very large humpback whales that breached three times very near took us back through Anchorage, Palmer and over to Glennallen and down through Copper Center to Valdez on Prince William Sound. Again the scenery was awesome with



Mary Jane and Duane Weber stand in front of a very small section of the very famous Alaskan pipeline.

dox Church situated high above Cook Inlet. There are several such churches in the southeastern part of the state, tracing their existence back to the times when Alaska was a Russian territory. The Russians sent missionaries to convert the native people to Christianity.

This is a very scenic drive also. Seward has camping along the beach with snow-capped mountains across the bay. From Seward, we boarded a large catamaran for a tour of the Kenai Fjord National Park, which took us through spectacular scenery and bird rookeries to the glaciers where we actually saw a

our boat an awesome spectacle rarely observed from the tour boats, according to crew members. We also saw orka and fin whales, as well as black bear feeding on the beach, sea otters, harbor seals, puffins and many other birds. This was a fantastic experience. Our next destination was Valdez, which

views of the Wrangell mountains and gorgeous mountain scenes and waterfalls along the highway to Valdez. In Valdez, we again camped along the bay, and just across from us were several glaciers. At the base of the mountains is the terminal

SEE ALASKA, Next Page

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## Alaska

Continued from Previous Pg

of the 800-mile Aleyska Pipeline where the super tankers come in to take on cargoes of crude oil from Prudhoe Bay offshore oil wells.

As we left Valdez, we stopped at another stream to watch the masses of silver salmon negotiate the rapids to return to their birth place to spawn.

Our destination, Haines, can only be reached on land by driving back to Tok and then down Highway 1 through a corner of the Yukon Territory and Haines Junction and back into Alaska.

The drive down to Haines, situated on the Lynn Canal, provides great scenery also. Here we attended a native dance presentation and enjoyed the picturesque views of the village at the inlet.

This is also the site of the now-defunct Fort William H. Seward, which is now a national historic site with many of the buildings having been restored. A restaurant is housed in one of the larger buildings, and some of the quarters are now private residences.

We took a water taxi from Haines to Skagway further east on the Lynn Canal, which is not really a canal but a fjord created by a glacier thousands of years ago.

Skagway played an important part in the Klondike Goldrush. Would-be miners came to the port by the thousands to climb the infamous ice-packed Chilcoot Pass or take the longer White Pass route.

The hardships these people endured to get to the gold fields in the Yukon Territory are incomprehensible. It is said that

about three percent of them actually found significant gold. However, adept entrepreneurs made fortunes providing goods and services to the gold seekers.

Skagway is now a true tourist stop with cruise ships sailing in and out of the port daily. At times, three or four cruise ships can be in port at one time, swelling the population of the town by four or five times the normal.

Haines was our jumping off point to return to the Lower 48. We boarded a ferry at Haines and traveled some 650 miles by ferry through the Inside Passage. Southeast Alaska, in fact from Seattle to Haines, is a temperate rain forest. The area is in the Tongass National Forest, which encompasses some six million acres along the passage.

With stops in Juneau, Sitka, Petersburg, Wrangell and Ketchikan, all accessible only by water or air, this portion of the trip is another story in itself. Our final ferry stop was Prince Rupert, British Columbia. From there, we continued our drive to the Lower 48.

As I hope is portrayed in my writings, we thoroughly enjoyed our Alaska adventures. The vastness, beauty, wildlife and remoteness of many areas is something to behold. It is an experience I would recommend for everyone with an adventurous spirit and a love of grandiose sites.

How big is Alaska? Alaska is 586,412 square miles in area with 33,904 miles of shoreline. The size of Alaska is seven Nebraskas. (

## MDA will be offering free flu shots

SIOUX CITY, Iowa — The Muscular Dystrophy Association is again offering free flu shots in the Sioux City area for people who are affected by any of the more than 40 neuromuscular disorders covered by MDA programs.

Influenza is particularly hazardous for people living with muscle-wasting diseases, including muscular dystrophy, spinal muscular atrophy and amyotrophic lateral sclerosis (ALS, or Lou Gehrig's disease).

MDA administers thousands of free flu shots annually, an effort made possible by a year-round fund-raising effort that's highlighted by the Jerry Lewis MDA Telethon broadcast nationally on Labor Day weekend. MDA works to

defeat neuromuscular diseases that affect children and adults through programs of worldwide research, comprehensive services, and far-reaching professional and public health education.

"The flu can be life-threatening for children and adults with progressive neuromuscular diseases," MDA Senior Vice President and Executive Director Robert Ross said. "Flu shots are vitally important in reducing their risk of respiratory infections. That's why MDA offers this important weapon against influenza."

People registered with MDA may have transportation made available or be reimbursed for travel costs to visit the MDA

clinic. The Association will also pay a local doctor to administer a flu shot if a person registered with MDA isn't close to one of MDA's 230 clinics.

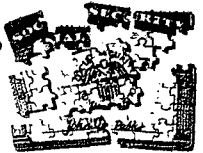
For more information or to set an appointment for a free flu shot, call MDA Program Services Coordinator Lynae Toomsen in Des Moines, IA, at (515) 278-8448. More information is also available from MDA headquarters at (800) 527-1717, or on the Internet at [www.mdaua.org](http://www.mdaua.org).

MDA is a national voluntary health agency dedicated to finding treatments and cures for neuromuscular diseases affecting more than a million Americans. Its programs are funded almost entirely by individual private contributors.

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Adrian Hochstein

### Hochstein named Resident of the Month

HARTINGTON — Adrian Hochstein has been selected as September Resident of the Month at Beverly Healthcare, Hartington.

Adrian was born April 4, 1920, on a farm near Bow Valley. During the early years, Adrian worked on the farm. Later on, he worked as a carpenter for his brother's construction company until his retirement.

Adrian enjoyed driving and looking over the countryside and visiting the local eating establishments. Today, Adrian participates in many of the nursing center's activities. He enjoys visiting with family, friends and staff. He came to Beverly Healthcare Feb. 14, 2000.

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## Nebraska's history is filled with big Sept. events

1890 — A Populist Party picnic drew 20,000 people to Cushman Park in Lincoln. Sept. 2

1944 — George W. Norris, who represented Nebraska in Congress for most of the first half of the 20th century, died of a brain hemorrhage in McCook.

1977 — The Nebraska Energy Office was created. Sept. 3

1855 — Army troops attacked a Brule Sioux village along Bluewater Creek in present-day Garden County, killing 86 Indians and capturing about 70 others in the Battle of Ash Hollow.

1872 — The Burlington & Missouri railroad linked with the Union Pacific railroad at Kearney Junction near modern-day Kearney. Sept. 4

1876 — The Covington, Columbus and Black Hills Railroad completed a track to Ponca from Covington, a town later consolidated with South Sioux.

1927 — WOW radio in Omaha, the first station to join the NBC network, broadcast its first network program. Sept. 5

1860 — The transcontinental telegraph line from St. Joseph, Mo., to San Francisco reached Omaha.

1877 — Crazy Horse, the great Sioux

Indian leader, was killed at Fort Robinson.

1902 — Movie producer Daryl F. Zanuck was born in Wahoo. Sept. 6

1828 — George Crook, who would head the U.S. Army's Division of the Platte many years later, was born near Taylorsville, Ohio.

1925 — The first Lutheran service was held in Ogallala in a church rented from the Episcopalians. Sept. 7

1804 — The Lewis and Clark expedition left Nebraska and entered what is now South Dakota.

1871 — The first classes were held at the University of Nebraska in Lincoln.

1946 — The number of polio cases in the state broke the old single-year record of 287 in 1930. Ultimately in 1946, 639 cases of polio and 53 deaths were recorded. Sept. 8

1878 — Five firemen died battling a fire at the Grand Central Hotel in Omaha.

1960 — Gov. Ralph Brooks, who was the Democratic Party's nominee for the U.S. Senate, died. Sept. 10

1972 — Gov. Jim Exon endorses budget increases to improve facilities and programs at the Beatrice State Home. Sept. 14

## Nebraska is in midst of 'Employ Older Worker Week'

LINCOLN—As our population and work force ages, older workers are increasingly desired as employees.

To encourage employers and community leaders to become more aware of the contributions and value of older workers, a week is set aside to honor them.

Governor Mike Johanns proclaimed September 24-30 as Employ the Older Worker Week, said Mark Intermill, administrator with the Division on Aging and Disability Services in the Nebraska Health and Human Services System.

In issuing the proclamation, Governor Johanns noted that the extraordinary work ethic of older workers is a highly desirable trait, and encouraged all employers and community leaders to actively recruit older workers.

"Workers over the age of 50 represent nearly 22% of our state's work

force," said Intermill. "They bring enthusiasm, experience, and knowledge to the work place, and many employers have discovered that their great work ethic is an asset and inspiration."

Employ the Older Worker Week has been observed nationally for the past 42 years, with the American Legion sponsoring the observation in honor of the contributions older workers make to the economy.

A variety of activities to promote the older worker and Employ the Older Worker Week are sponsored by the Nebraska Health and Human Services System, Nebraska Workforce Development Department of Labor, Nebraska Older Workers Council, Green Thumb, American Association of Retired Persons, Area Agencies on Aging, American Legion, and other groups.



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*Park View Haven*

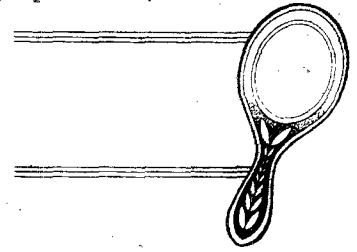


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# Good



## Face Up

Make-up artist suggests techniques to soften the years

By Maria Verel

The years show on our faces. But that doesn't mean we have to accept these changes gracefully. Let's do battle!

Exciting revolutionary anti-aging skin-care treatments and cosmetics that lighten the years are making news. Ask for samples at a department store counter and, if one performs for you, splurge.

For example, the best remedy I've found for vertical smokers lines around the lips (the lines that make lipstick run up and down) is N.V. Perricone Cosmeceutical Lip Plumper. Developed by a dermatologist and hoarded by makeup artists, this miracle cream softens and plumps even the most traumatized lips. It also works on parched, flaking lips. Take advantage of science-meets-beauty technology the next time you're at the makeup counter.

I maintain that wearing foundation all these years has helped protect my skin from sun, wind, dehydration and dirt. I am the thankful recipient of compliments for the evenness of my complexion. I give a nod to genetics first then to the fabulous new foundations on the market.

Many of the newer liquids and powders contain minute "Optical diffusers" that scatter light and soften the appearance of lines and wrinkles, giving the illusion of nearly perfect skin. Toss out your heavy, chalky, drying mask-like foundations and opt for dewy, glowing, luminous skin. It's still a good idea to matte the T-Zone (nose, chin, forehead) with powder, but shine has now become our friend.

Hide veins, circles and liver

spots with specially designed products ranging from gentle under-eye coverup to heavy-duty camouflage. Make your color selection carefully - coverups should match your skin tone exactly.

Say no to chalky white patches under your eyes. Go for believable skin tones.

Blemishes require extra care. Don't just smudge on any old orange-tone blemish cover. Dermablend, Covermark, Kryolan and Clinique all offer shades that can be waterproofed with powder, so they'll last all day. These are great for the occasional blemishes we thought disappeared with our teen years.

If you haven't already done it, re-think your color palette. Brassy shades that were fun in your younger years might still get the looks, but they're not doing the magic they used to. Bright eye-shadow only draws attention to the makeup and not your eyes.

Choose instead espresso, charcoal and navy powders or pencils, and apply close to the lash bed on eyelids. This will sharpen, define and open up the sleepiest of peepers. Soft, sweeping neutral shadings do more to lift the eyelids than

greens and blues do.

Bold, waxy lipliners must give way to softer lip margins. Dark pencils and lipsticks only make the mouth appear more narrow and harsh, exaggerating the fact that our lips diminish in size as we age. A neutral color lipliner, one that closely matches the neutral color of your bare lips, draws a fuller, more believable mouth.

Carefully blended pink, peach or all over bronze glow blushers are always lovely. But no more disco strips, contour lines or blotchy reds please. (What were we thinking?)

If you've always run screaming from eyelash curlers, now is the time to enlist a curler veteran to walk you through the mechanics of creating big, bright eyes. Make sure the little rubber strip is securely in place and intact

before you squeeze, or you'll risk cutting your lashes or pinching your eyelid. Take your time with this step. Don't forget your favorite mascara.

As skin and hair tones change, many of us report sparse, less-defined eyebrows. Because plucking won't do the trick, treat yourself to an instant face-lift with a professional brow shaping. Properly shaped and shaded brows shave years off our expression. I recommend taking a photo of the results for reference when doing touch-ups at home. Stick with the shape that suits your face, as trendy tweezing can look harsh, dated and even comical.

Most importantly, don't stay in a makeup rut. Think soft, fresh and contemporary.

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## Activities After 50

# Silver Sneakers

*Couple offers excursions for mind and body.*

By Jack Galvin

Dick Yeaw looked out at the azure water, the waves crashing through the outcropping of rock below him and asked his wife, Linda Cooper, "Do you believe this?" Cooper smiled and nodded, yes.

Yeaw and Cooper weren't marveling at the view off the coast of Dorset, England, as wondrous as it was. What struck them as unbelievable - as they stood in the early fall sunshine admiring a rock formation they had hiked seven miles to see - was that six people had paid to accompany them on the trip. After 10 years of running Silver Sneakers Excursions, Yeaw still enjoys his "job."

On this trip Yeaw, Cooper and three Ohio couples, ranging in age from 55 to 83, hiked miles along canals and through villages, saw a performance of "Timon of Athens" in Avon, and spent the evenings discussing literature in inns in Stratford and Dorset. It was typical Silver Sneakers outing.

Yeaw, 68, is an electric wire of a man, full of staccato speech and zippy enthusiasm. Cooper, 50, has the piercing eyes and solid logic of a career counselor or an Outward Bound instructor, both of which she is. They met in 1990 at an Earth Day celebration. She wanted to be independent, to use her skills with people and the outdoors; he still wanted to stimulate minds. He kept asking her out; she wanted to get a new career going. A year later they were married, and Silver Sneakers Excursions began.

Cooper and Yeaw noticed that most travel pack-

ages for 50-plus crowd featured bus tours or cruises. What they wanted was to enjoy vigorous exercise - perhaps hiking, canoeing or cross-country skiing - and cultural activities, such as literary discussion, museums, theater and music. Thinking there must be others who shared their interests, they ran ads in "The Appalachian Mountain Club Magazine" offering Sea Coast Walks in Rhode Island. People responded and paid to walk and talk along the Rhode Island coast.

Next they tried hiking and cross-country ski trips in New England, working with Country Inns Along The Trail, a Vermont travel agency whose philosophy of challenge, adventure and relaxation matches that of Silver Sneakers. With the help of Country Inns, they crossed the Atlantic to the Cotswolds, Cornwall and Wales. Last year they added New Zealand and Mexico. This year, tours will include The Galapagos Islands and Florida's Everglades. For every trip, there is a reading list, and the travelers keep a communal journal along the way. A typical excursion includes a dozen travelers.

Al and Ruth Pearlmuter of Easton, Mass., have been on many Silver Sneakers trips.

"We come back because Yeaw and Cooper are excellent leaders. They're knowledgeable and they complement each other in their interests and abilities," Al says. "Everyone always seems happy with their trips."

For more information, contact Silver Sneaker Excursions, 100 Worsley Avenue, North Kingston, RI 02852, or call (401) 295-0367.

## Bookshelf

### On the Way to Over the Hill

By Grace Lee  
Educare Press

"Longevity should be like a surprise party at midnight. We should sample anything we can digest. If we love it, we can come back for seconds."

In a series of essays, Grace Lee takes a humorous, yet practical and inspiring approach to aging. At 72, she has launched her fourth career as a writer, following stints as an English teacher, social worker and educator for cancer prevention programs. Lee draws on her own life struggles to offer blunt advice on dealing with loss. Acknowledge that while "no one anticipates the last sea-



son of life with excitement, she suggests "having an attitude helps." Her attitude is that growing old gracefully doesn't mean pretending to still be young but to accept whatever happens and keep going.

### The Best Free Things for Anyone Over 50

Bob and Linda Kalian  
Roblin Press

A new, expanded collection of this guide to finding free stuff details how to get giveaways from companies seeking to enhance their image and access government agencies with programs for those over 50. Want to start a business? Need money to fix up your home? Like to change careers? The government has

money waiting for you. You can also get free legal help, contact lenses, computer supplies, Internet service, dental care and gifts from the President.

Bob and Linda Kalian have been reaping the benefits of knowing how to find free goodies for 20 years.

### I Remember When

Howard Thorsheim and Bruce Roberts  
Elder Books

A research project involving 10,000 people conducted by psychologists Howard Thorsheim and Bruce Roberts indicates that when people share stories about their life experiences, they enjoy enhanced sense of well-being, increased feelings of community and a greater

awareness of their contributions to others. Some may experience physical benefits such as lowered heart rate. The authors present dozens of activities that can be used with individuals and in groups to facilitate reminiscing and storytelling.



# What's the Alternative?

By Bev Bennett

The usual painkillers didn't help Lynn Frost, who has lived with an arthritic knee for years. But thanks to her doctor's suggestion, she's getting some relief. All she has to do is breathe.

Simple, deep-breathing exercises made all the difference, says Frost, a realtor in Fontana Wis.

Jennie Phipps thought she would have to endure night sweats, hot flashes and mood irregularities that are often a part of menopause, until a chance conversation offered a solution.

"A woman I barely knew told me she was taking black cohosh and kava kava and I should take it for what ailed me," says Phipps, an editor in Bloomfield Hills, Mich. "On a whim, I did. And I was shocked that, after the first month, I started to feel remarkably better - but also, I was less moody and generally in better humor."

Welcome to the world of alternative therapies, which includes a wide ranch of treatments that aren't taught in medical schools or used by conventional physicians. Their lack of official status doesn't necessarily make alternatives bad or worthless, but there is a caveat: "Any health claim that sounds too good to be true usually is," says Dr. James Dillard, a New York surgeon, chiropractor and acupuncturist. "There are no magic cures. You have to be careful about what you take and you don't take."

Of the dozens of therapies available, you'll probably use dietary supplements, exercise and stress-reduction techniques.

Dietary supplements include everything from vitamins and minerals to ancient herbal medications and new man-made products. The vitamins and minerals have years of science to suggest they work, and dose recommendations are based on sound research.

The same can't be said about many dietary supplement products including herbs, such as ginkgo, hormones such as DHEA or amino acids such as arginine. The government doesn't oversee the efficacy of these supplements. So read all you can about dietary supplements and shop for brands that have been tested in clinical trials, says Joe Graedon, a University of North Carolina professor and pharmacologist.

Still, you'll have to experiment.

"What works for some people doesn't work for others," Graedon says.



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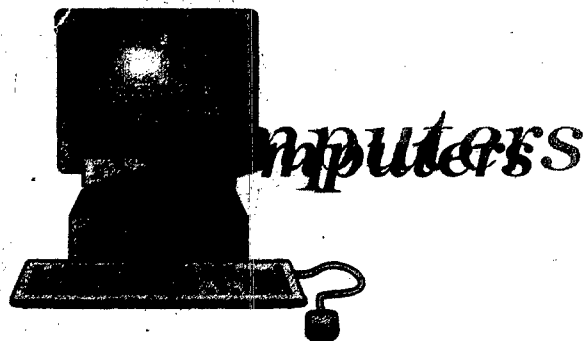
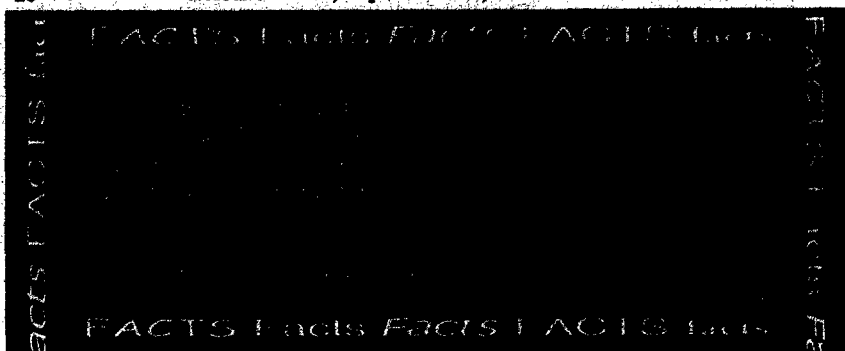


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The Housecall e-mail summarizes current articles on Oasis and provides a direct link to the full text. Categories include new articles, coming attractions and health issues making headlines. The following is one example of the type of health information you'll find in the bulletin.

### ITEM ON HOUSECALL

#### "Yo-Yo Dieting"

If you lose weight but gain it back, is it more harmful than not trying to lose weight at all?

*Answer linked to Mayo Clinic Health Oasis article:* Although it is true that losing weight and keeping it off is difficult, there is no clear evidence that repeated attempts to lose weight are harmful to health.

Earlier studies suggested that "yo-yo diets" (also called weight cycling) were unhealthy. But these studies did not separate intentional weight loss from weight loss due to other causes, such as illness. They also did not study weight loss in obese individuals. The studies showing negative health effects of weight cycling examined people who were already at normal or low weight. To date, no convincing studies have shown that attempts to lose weight - even if it is regained - are harmful to the health of an obese person.

For more information on Housecall, visit [www.mayohealth.org](http://www.mayohealth.org)

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